

Patricia Kimbrell, M.A.

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EDUCATION	<i>San Diego State University, San Diego, CA</i>	1987
	California Multi-Subject Credential California Single-Subject Credential, Physical Education	
	M.A. Degree in Education - GPA: 4.0 Emphasis in Curriculum and Instruction	1985
	B.A. Degree in Physical Education – GPA: 3.86 Graduated with Distinction	1983
	<i>Southwestern College, Chula Vista, CA 1981</i>	1981
	A.A. Degree in General Education Graduated with Honors	

WORK HISTORY	<i>San Diego State University, Faculty/Instructor</i>	1998 – Present
	Exercise and Nutritional Sciences, ENS 241A and 241B – Elementary Physical Education Theory/Lab, 1998-2002, 2006-2011, 2014-2023	
	<i>Kimbrell, Inc., Small business owner and consultant</i>	2004 – Present
	Trainer, curriculum writer, state and national conference presenter, video director, and consultant	
	<i>The Office of Head Start, Master Trainer</i>	2004 – Present
	“I Am Moving I Am Learning” (IMIL) National Obesity Prevention Initiative; creator of “MVPA – Every Day!”; Trainer of Trainer (IMIL) Facilitator Training, Washington, DC, May 2008; Head Start, Body Start, I Am Moving, 2008-2010	
	<i>WestEd</i>	2014 – Present
	California Preschool Learning Foundations and Framework, Physical Development, Reviewer, Writer, Consultant, Trainer	
	California Preschool Instructional Network (CPIN), Writer for Transitional Kindergarten Physical Development Modules (2016)	
	<i>Poway Unified School District</i>	
	Substitute Teacher, Pre-K - 5th	2013 - 2019
	Physical Education Specialist, Midland Elementary School	1992 - 1993
	<i>San Diego Unified School District</i>	
	Support Teacher, Marston Middle School	2018 - 2019
	Pupil Advocate, Marston Middle School	2017 - 2018
	Mentor Teacher, Marston Middle School	2015 - 2016
	<i>Alliant International University</i>	2015
	San Diego Campus, Adjunct Faculty/Instructor Child Development - Child Physical and Motor Development	

<i>San Marcos Unified School District</i>	2013 - 2015
Substitute Teacher, Pre-K through 5th grade	
<i>College Faculty/Instructor</i>	2000 - 2005
Miramar Community College, Elementary teacher lecture and lab University of California, San Diego, Elem. teacher prep lecture & lab	
<i>Sports, Play, and Active Recreation for Kids (S.P.A.R.K.)</i>	1993 - 2004
Director of Early Childhood Development, Director of Educational Services, Director of School Interventions - Author, Curriculum Writer, Researcher, Trainer of Trainer, Marketing, Curriculum Writer, Recruiter, Staff Development Coordinator, Trainer Supervisor, Conference Presenter, Consultant	
<i>San Ysidro School District</i>	1987 - 1992
Classroom Teacher, <i>Willow Elementary School</i> District Mentor Teacher	
<i>San Diego Diocese</i>	1983 - 1987
Physical Education Specialist (K-8), <i>Stella Maris Academy</i>	

CONFERENCE PRESENTATIONS

- 2024**
The Office of Head Start, I Am Moving, I Am Learning, Mesa, AZ
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Alameda and Los Angeles, CA
- 2023**
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Rancho Cucamonga and Yolo County, CA
- 2022**
The Office of Head Start, I Am Moving, I Am Learning, Kansas City, MO
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Virtual Presentation, CA
- 2021**
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Virtual Presentation, CA
- 2020**
The Office of Head Start, I Am Moving, I Am Learning, Pittsburgh, PA
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Yolo County and Orange County, CA
- 2019**
Umpqua Community College Child Care Conference, Developing Social-Emotional Confidence Through the Context of Play Keynote and Active Learning Keynote, Roseburg, OR
The Office of Head Start, I Am Moving, I Am Learning, White Plains, NY
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Sacramento and Orange County, CA

1987- 2018 (*Available upon request*)

**STAFF
DEVELOPMENT**

2022

Palomar College Early Childhood Education Lab School, Moving and Learning Outdoors, San Marcos, CA

2021

Madera Community Action Partners, Moving and Learning for Early Childhood, Virtual Presentation, CA

2020

Children's Council of San Francisco, Healthy Apple Community Champions, San Francisco, CA

2019

All Kids Academy Head Start, Very Young Movers and Learners, El Cajon, CA
Children's Preschool Instructional Network, Region 2, Tehema County Office of Education and Glenn County Office of Education, Integrating Active Physical Play Throughout the Day, Red Bluff, CA

2018

Imperial County Office of Education, Math, Music and Motion, El Centro, CA,

1987 – 2017 (*Available upon request*)

**RESEARCH
PROJECTS**

Oct.

2017 –
Present

Healthy Children & Environments Study (HCES), UCSF School of Nursing California Childcare Health Program (CCHP) and UC Berkeley Center for Environmental Research and Children's Health (CERCH). Physical Activity Expert. Principal Investigator: Abbey Alkon, UCSF Professor, HCES.

Nov.

2015 –
2017

FEED & SEED - ChoosyKids - Farm to Belly Pilot Project, a collaborative, fresh produce project in conjunction with CHOOSY Kids, Greenville Health Systems, FEED & SEED Co-Founder - foundational support of Clemson University Public Health Sciences. Classroom and family memo writer. Project Director: Mike McGirr, Pilot Investigator: Kerry McKenzie.

2014-
2016

Healthy for Life Project, Saint Joseph Health Queen of the Valley and Child Start, Inc. Preschool classrooms. Coordinator: Jeff Kresge.

2005-
2011

TEAM Play Childhood Obesity Prevention, University of Tennessee Memphis, Department of Preventative Medicine, National Institutes of Health. Principal Investigator: Grant Somes, Ph.D, Marion Hare M.D., Phyllis Richey, Ph.D.

2006-
2007

Aventuras Para Niños, Center for Behavioral and Community Health, San Diego State University Research Foundation. Principal Investigator: John Elder, Ph.D., Nadia Campbell, MPH, Project Manager.

2000-
2004

SPARK Early Childhood Physical Activity Curricula, University of Tennessee Memphis, Department of Preventative Medicine, The Children's Fund and Memphis City Schools. Principal Investigator: Phyllis Richey, Ph.D.

- 2003-2004 NIH Grant with Bassett Healthcare Research Institute in Cobleskill, NY. Work with Head Start preschool teachers to deliver the SPARK Physical Activity Program. Coordinator: Dr. Barbara Dennison.
- 2002-2003 San Diego County Grant with Neighborhood House and MAAC Project. Work with 8 Head Start sites to deliver the SPARK Physical Activity Program. Coordinator: Elaine Hiel.
- 2002 San Benito County First Five Project. Work with public and private preschools to deliver the SPARK Physical Activity Program in San Benito County. Prop 10 funded. Coordinator: Laura Reed.
- 2002-2003 California Fit WIC Project. Create, design, and write a program for CA WIC agencies - Fit Families Play: Hands-On Physical Activity With Children Using Home-Made Toys. Coordinator: Pat Crawford, Poppy Strode.
- 1999-2000 University of Reno, Nevada, *HOPSCOTCH* grant, NIH. Consultant. Principal Investigator: Dr. Sach de Jours.

PUBLICATIONS

California Department of Education, *Preschool Learning Foundations Vol. 2, Physical Development* (2024).

Choosy Kids, LLC, *Move and Learn with Choosy*, Contributing Author, First Edition (2018).

University of California, San Francisco School of Nursing's California Childcare Health Program (CCHP) with support from the United States Department of Agriculture (USDA) through the California Department of Public Health, Nutrition and Physical Activity in Early Care and Education *A Primer for California*, Advisory Committee (2018).

California Department of Education, *Desired Results Developmental Profile-Revised 2 Preschool (DRDP-R@ PS)* to the California Preschool Learning Foundations in Physical Development (2010).

California Department of Education, *Preschool Learning Foundations Vol. 2, Physical Development* (2010).

Kimbrell, P., Kiefer, M.J., Talbot, S. (2009). Contra Costa County Community Services Department, California WIC, and First 5 Contra Costa Children and Families Commission, *52 Weeks of Fun!* Preschool physical activity and nutrition calendar of activities, San Diego, CA.

Kimbrell, P., Richey, P., Rosengard, P., McKenzie, T., & Short, K. (2001). Author, S.P.A.R.K. Early Childhood Program - Preschool, San Diego, CA: SDSU

Rosengard, P., McKenzie, T. (2000). Special Contribution, S.P.A.R.K. 3-6 Physical Education, San Diego, CA: SDSU

Rosengard, P., McKenzie, T., & Short, K., Strelow, J. (2000). Special Contribution, S.P.A.R.K. Active Recreation, Ages 5-14, San Diego, CA: SDSU

Rosengard, P., McKenzie, T., & Short, K. (1995). Contributing co-author, S.P.A.R.K. K-2 Physical Education, San Diego, CA: SDSU

VIDEO PROJECTS	2014	WestEd and California Department of Education, Development and Consultation of California Preschool Instructional Network (CPIN) Physical Development videos for the California Preschool Learning Foundations and Framework, Volume 2, San Diego, CA
	2011	Fresno City College and California Department of Education, Development and Consultation of " <i>Healthy and Active Preschoolers</i> " on the Nutrition Education Website Resource for The Fresno City College, Physical Activity Module, Fresno, CA, http://www.healthypreschoolers.com/
	2011	San Diego County Office of Education, " <i>Let's Go Learning Adventures</i> ", Preschool Website, Early Childhood Consultant, Motor Development and School Readiness, http://letsgo4preschool.sdcoe.net/content/eng_home.asp
	2009	Contra Costa County WIC Program, Physical Activity Video Director and Writer, " <i>Feel the Love, Feel the Power, Make Healthy Choices</i> "
	2008	Contra Costa County WIC Program, Physical Activity Video Director and Writer, " <i>Get Real</i> "
	2006	The Office of Head Start, Region III, " <i>Best Practices Overview: I Am Moving, I Am Learning</i> "
	2004	First Five Commission of Contra Costa County and WIC, Physical Activity Video Director and Designer, " <i>Have Fun and Be Active</i> "
	2002	UC Berkeley Cooperative Extension, Physical Activity Video for WIC, " <i>Let's Get Moving</i> ", CA
	2002	United Learning Video Productions, Consultant, " <i>Being Active at Child Care</i> ", Evanston, IL

ACHIEVEMENTS/ CERTIFICATIONS	2018	Cross-cultural, Language and Academic Development Certificate (CLAD through CTEL)
	2015	The Office of Head Start, National Training Team, I Am Moving, I Am Learning, The Administration for Children and Families (ACF) Assistant Secretary's Partnering for HHS Excellence Award
	2003	System for Observing Fitness Instruction Time (SOFIT) Training, Certified Observer
	1994	SPARK Certified Physical Education Instructor and Consultant

ADDITIONAL INVOLVEMENTS

- National Association for the Education of Young Children, member since 2001
- Early Childhood Education Primer for California Health Professional Nutrition and Physical Activity, Expert Committee Member, UCSF, 2017-2018
- San Diego State University, Liberal Studies Club, Integrating Academics and Physical Activity, Guest Speaker, AY 2014-2017

- California Obesity Conference, Early Childhood Track Committee, Physical Activity Expert, 2012
- Let's Move! Child Care, Physical Activity Trainer, 2011
- Palomar/Pomerado Hospital, Running Clubs, Chair, 2005-2009
- San Diego County Childhood Obesity Action Plan, Domain Leader for Early Childhood, 2006-2007
- Coalition on Children and Weight San Diego, Chair, Early Childhood Workgroup (2006-2007) and Child Care and After School Workgroup, member since 2003
- Palomar/Pomerado Hospital, Health Care Advisory Committee, member since 2005
- California Association for the Education of Young Children (CAEYC), member since 2004
- California Association for Health, Physical Education, Recreation and Dance (CAHPERD), member since 1995
- California Kindergarten Conference, member since 1998
- Poway Unified School District, School Wellness Policy Task Force, 2005 to 2007
- Monterey Ridge Elementary School, Family Fitness Night Coordinator, 2008 to 2010
- Turtleback Elementary School, Family Fitness Night Coordinator and Presenter (2005 to 2012), School Site Council (2005 to 2008), Preschool Co-op, Parent volunteer and classroom assistant

REFERENCES

Linda Carson, Ph.D.

Ware Distinguished Professor Emerita, West Virginia University

Founder, CEO - Choosy Kids, LLC

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Thom McKenzie, Ph.D.

Professor Emerita, Exercise and Nutritional Sciences, San Diego State University

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Phyllis A. Richey, Ph.D.

Professor of Preventive Medicine

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