

LOWER DIVISION MAJOR PREP

44 UNITS

Pre-majors must complete courses in this section with ≥ 2.9 cumulative GPA and $\geq C$ in CHEM 100 & 130 for **Major Status**

Lower Division courses may be transferred to SDSU from community colleges. See assist.org for courses offered in California

•BIOL 100	3	General Biology
•BIOL 100L	1	General Biology Laboratory
•BIOL 211	2	Fundamentals of Microbiology
•BIOL 211L	2	Fundamentals of Microbiology Laboratory
•BIOL 212	4	Human Anatomy
•CHEM 100	4	Introduction to General Chemistry with Laboratory
•CHEM 130	3	Elementary Organic Chemistry
•CHEM 160	3	Introductory Biochemistry
•NUTR 200	1	Foods and Nutrition: Overview and Opportunities
•NUTR 201	3	Fundamentals of Nutrition
•NUTR 203	2	Cultural Aspects of Foods and Nutrition
•NUTR 205	4	Introduction to Science of Food
•STAT 250 or ECON 201	3	Statistical Methods Statistical Principles and Practices
•PSY 101	3	Introductory Psychology
•SOC 101	3	Introductory Sociology: The Study of Society
•COMM 103	3	Oral Communication

REMAINING LOWER-DIVISION GENERAL EDUCATION

3	Written Communications
3	Critical Thinking
9	Arts and Humanities [3 courses]
3	Life-Long Learning and Self-Development
3	Ethic Studies
6	American Institutions: History, Constitution, Cal Gov [2 courses]

Some courses satisfy multiple GE requirements.
Check the Catalog to find courses that 'double-dip'

UPPER DIVISION MAJOR

42 UNITS

Students must have **Major Status** to register for all NUTR courses listed in this section

•BIOL 336	3	Principles of Human Physiology (Satisfies GE Explorations A)
•ENS 304	3	Physiology of Exercise
•NUTR 302	3	Advanced Nutrition
•NUTR 302 L	2	Advanced Nutrition Laboratory
•NUTR 303	2	Quantity Food Production
•NUTR 304	3	Nutrition Throughout the Lifespan
•NUTR 401	3	Advanced Science of Foods
•NUTR 404	3	Food Systems Management
•NUTR 405	2	Experimental Food Science and Technology Lab
•NUTR 406	3	Medical Nutrition Therapy I
•NUTR 408	3	Medical Nutrition Therapy II
•NUTR 510	2	Community Nutrition
•NUTR 512	3	Nutrition for Athletes

Major Electives

7
NUTR 499; BIOL 315; BA 350; COMM 307, 371; CSP 320, 400;
MGT 352; NURS 350; PSY 319; PH 302, 303, 305, 362

DPD Courses Only – Also Satisfy Major Elective Units:

•NUTR 407	1	Medical Nutrition Therapy I Laboratory (DPD Only)
•NUTR 409	1	Medical Nutrition Therapy II Laboratory (DPD Only)
•NUTR 511	1	Nutrition Education and Counseling (DPD Only)

[Apply to the Didactic Program in Dietetics](#) the first semester that you have major status. Your transcript will be a reviewed for these criteria:

- ≥ 3.1 overall and completed DPD course GPA
- C or better in all completed courses

DPD seniors take in any order: NUTR 407/409/511
(3 Major Electives units)

REMAINING UPPER-DIVISION GENERAL EDUCATION

3	Explorations B Social and Behavioral Sciences [Some satisfy Major Electives, Study Abroad and Cultural Diversity]
3	Explorations C Humanities [Some satisfy Study Abroad and Cultural Diversity]
3	GWAR / Upper-Division Writing (RWS 305W is the most popular)

Students are also required to complete an **International Experience**. Contact the CHHS International Coordinator at chhsintl@sdsu.edu.

Additional coursework may be needed to complete the 120-unit bachelor's degree requirement

Suggested Course Sequence

FALL

SPRING

SUMMER

Semester 1	Units	Prerequisite	Advising	Semester 2	Units	Prerequisite	Advising	
CHEM 100 #	4		≥C to declare major	CHEM 130 #	3	CHEM 100	≥C to declare major SPRING ONLY	Schedule any general education course from Semesters 3-4 to lighten the year 2 unit load
Written Comm #	3			Critical Think #	3			
COMM 103 #	3		Oral Comm	BIOL 100	3			
PSYCH 101	3			BIOL 100 L	1			
NUTR 200	1		FALL ONLY	Statistics	3		Options on pg.1 Stat 119 OK for DPD	
				SOC 101	3			
TOTAL	14			TOTAL	16			
Semester 3	Units	Prerequisite	Advising	Semester 4	Units	Prerequisite	Advising	
BIOL 212	4	≥ C BIOL 100		NUTR 205 #	4	≥ C CHEM100 ≥ C CHEM130	CHEM 130 Concurrent OK	Schedule remaining major prep and any remaining general education courses if you have PRE-MAJOR STATUS ending Spring year 2
CHEM 160 #	3	CHEM 130	FALL ONLY	BIOL 211	2	BIOL 100		
NUTR 201*	3	BIOL 100 ≥C CHEM 100		BIOL 211 L	2			
NUTR 203	2		FALL ONLY	Arts & Human 1	3			
Am. Inst. 1 /Ethnic Studies	3			Life Learning & Self Dev.	3			
TOTAL	15			TOTAL	14			
Semester 5	Units	Prerequisite	Advising	Semester 6	Units	Prerequisite	Advising	
BIOL 336/Exp A #*	3		BIOL 336 done? Add NUTR 302 + L	NUTR 302 #	3	NUTR 201 BIOL 336 CHEM 160		Look into Graduate School/Dietetic Internship Application Requirements
NUTR 303 #	2	NUTR 205	FALL ONLY	NUTR 302 L #	2	Concurrent NUTR 302	Lab Fees	
NUTR 304	3	NUTR 201		NUTR 404 #	3	NUTR 303	SPRING ONLY	
Am. Inst. 2	3			ENS 304 *	3	≥ C BIOL 336		
Arts & Human 2	3			Exp. C / Cultural Diversity	3		Satisfy Study Abroad and Cultural Diversity	
<u>GWAR / Upper- Div. Writing</u>	3			Major Elective	3			
TOTAL	17		APPLY to DPD	TOTAL	14			
Semester 7	Units	Prerequisite	Advising	Semester 8	Units	Prerequisite	Advising	
NUTR 401	3	NUTR 205 BIOL 211/211L		NUTR 405	2	Credit in or concurrent w/NUTR 401		
NUTR 406 #	3	NUTR 302/302L		NUTR 408 ##	3	NUTR 406	Lab Fees	
NUTR 512	3	NUTR 201	FALL ONLY	NUTR 510	2	≥ C NUTR 203 ≥ C NUTR 302/302L ≥ C NUTR 304		
Major Electives	3		Options on pg.1 DPD: 407/409/511	Major Electives	3		Options on pg.1 DPD:407/409/511	
Arts & Human 3	3			Exp. B	3		Satisfy Study Abroad and Cultural Diversity	
			Apply to Graduate Programs				Apply to SDSU Graduation	
TOTAL	15			TOTAL	13			

All lower-division courses listed in semesters 1-4 can be taken at community colleges and during summer General Education courses are italicized. All General Education categories have courses offered in summer and at community colleges

Critical course sequences for major status and graduation timeline

* Upper-Division Major courses that are typically offered in Summer