

BRITTNEY MAZZONE PT, DPT

BRITTNEYNMAZZONE@SDSU.EDU

LICENSURE License through the Physical Therapy Board of California. License #: 40600

EDUCATION Nazareth College of Rochester
Doctor of Physical Therapy May 2013
Bachelor of Science in Health Science, Minor in Psychology May 2011

CURRENT EMPLOYMENT

Naval Medical Center San Diego **May 2013 to Present**

34800 Bob Wilson Drive, San Diego, CA, 92134

Research Physical Therapist, Department of Physical and Occupational Therapy

Employer: Extremity Trauma and Amputation Center for Excellence, *Nov 2016 to Present*
Department of the Army

Supervisor: Dr. Shawn Farrokhi, 619-532-8582

Employer: BADER Consortium, University of Delaware *Feb 2016 to Oct 2016*

Supervisor: Dr. Shawn Farrokhi, 619-532-8582

Employer: The Geneva Foundation *May 2013 to Jan 2016*

Supervisor: Marilyn Wyatt, 619-532-6459

- Completes clinical evaluations and interprets biomechanical data of functional movements for wounded warriors with limb loss and trauma, as well as Service Members and Veterans with musculoskeletal complaints.
- Treats patients with movement dysfunction and musculoskeletal pain using an evidence-based treatment approach for movement retraining and motor learning.
- Experience in designing studies and writing research protocols. Prepares amendments and assists with continuing reviews for active IRB protocols.
- Spearheads research recruitment efforts, includes coordination of data collection at events such as the Amputee Coalition annual conference and Challenged Athletes Foundation events.
- Screens subjects for research study eligibility, assists with data collection and organization, and conducts data analysis for various research projects.
- Presents study findings at conferences and prepares manuscripts for peer-reviewed journals.
- Works with the Extremity Trauma and Amputation Center of Excellence (EACE) team to identify and complete grant applications.

San Diego State University **Jan 2016 to Present**

5500 Campanile Drive, San Diego, CA, 92182

Adjunct Lecturer, College of Health and Human Services, Doctorate of Physical Therapy Program

Supervisor: Dr. Mitchell Rauh, 619-594-3706

DPT 857 Prosthetics and Orthotics (Spring 2016, Summers 2016, 2017, 2018, 2019)

- This course focuses on gait analysis, indications for orthotic and prosthetics devices, and other advancing technologies that enhance rehabilitation of patients with amputations.
- Re-worked course from original 16-week Spring semester to 6-week Summer semester.

DPT 882 Evidence Based Practice II: Research Applications (Spring 2019)

- This course is designed to teach students how to utilize physical therapy research in their clinical practice. My role is to guide students through the literature search process, including organization, interpretation and synthesis of their findings to support their doctoral research project.

ADDITIONAL TEACHING EXPERIENCE

Naval Medical Center San Diego **May 2016 to Present**

34800 Bob Wilson Drive, San Diego, CA, 92134

Clinical Instructor, Department of Physical and Occupational Therapy

Supervisor: Dr. Shawn Farrokhi, 619-532-8582

- Initiated a Hybrid Clinical Research Internship for graduate-level DPT students.

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- Mentors and supervises 1-2 students at a time for 8-week and 16-week internships.
- Advises students on research projects, yielding various abstracts.
- Completes evaluations using the APTA PT CPI and provides students with constructive feedback.
- Teaches didactic lecture on lower extremity orthotics and prosthetics to student physical therapists at local Department of Defense PT clinics. Tracks student satisfaction and feedback on didactic lecture series using SurveyMonkey and Microsoft Excel.

University of St. Augustine

Sept 2016 to Nov 2016

700 Windy Point Drive, San Marcos, CA 92069

Lab Assistant, Flex Doctor of Physical Therapy Program

Supervisor: Dr. Cherie Peters-Brinkerhoff

- Conducted weekend in-person lab sessions of the Prosthetics course for students apart of the Flex Doctor of Physical Program (online).

Nazareth College

Sept 2009 to May 2010

4245 East Avenue, Rochester, NY, 14618

Workshop Leader, Physics Department

Supervisor: Dr. Stephen Beecher, 585-389-2581

- Led group tutoring sessions once a week for about 10 peers, reviewed class material and assisted with critical problem solving.

ADDITIONAL RESEARCH EXPERIENCE

Nazareth College

Aug 2017 to Present

4245 East Avenue, Rochester, NY, 14618

Associate Investigator, Physical Therapy Department

Supervisor/Study PI: Dr. Andrew Bartlett

- Provides expertise and guidance on study design, data collection methods and statistical analysis for doctoral student research projects.
- Completes data processing on jump landings in athletes to calculate time to stabilization.

Nazareth College

May 2012 to May 2013

4245 East Avenue, Rochester, NY, 14618

Graduate Assistant for Motion Analysis Lab, Physical Therapy Department

Supervisor/Study PI: Dr. Sara Gombatto, 619-594-3288

- Performed recruitment and screening potential participants for research project on low back pain.
- Assisted with data collection in motion analysis lab to capture lumbar spine displacement during movements.
- Utilized Nexus, Visual 3D, and SPSS software for data processing and data analysis.
- Presented study findings as abstracts at scientific conferences and primary author of manuscript.

Rancho Los Amigos National Rehabilitation Center

Jan 2013 to Mar 2013

7601 Imperial Highway, Downey, CA, 90242

Student Physical Therapist, Pathokinesiology Lab

Supervisor: Lisa Haubert, 562-401-7111

- Completed data processing and data analysis of research projects involving individuals with spinal cord injuries. Disseminated study findings in an oral presentation at the ICVR 2013.

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PUBLICATIONS

Peer-Reviewed Journals

- [Mazzone B](#), Farrokhi S, DePratti A, Stewart J, Rowe K, Wyatt M. A Retrospective Review of High-level Performance After the Return to Run Clinical Pathway in Patients Using the Intrepid Dynamic Exoskeletal Orthosis. *J Orthop Sports Phys Ther*. 2019;1-26.
- Quacinella M, [Mazzone B](#), Kuhn K, Wyatt M. Use of the Intrepid Dynamic Exoskeletal Orthosis (IDEO) in Management of Common Peroneal Nerve Palsy after Knee Dislocation. *Journal of Prosthetics and Orthotics*. 2018;00(00):1-5.
- Quacinella M, Bernstein E, [Mazzone B](#), Wyatt M, Kuhn KM. Do Spatiotemporal Gait Parameters Improve After Pilon Fracture in Patients Who Use the Intrepid Dynamic Exoskeletal Orthosis? *Clinical Orthopaedics and Related Research*. 2018:1.
- Spahn K, Wyatt MP, Stewart JM, [Mazzone BN](#), Yoder AJ, Kuhn KM. Do Gait and Functional Parameters Change After Transtibial Amputation Following Attempted Limb Preservation in a Military Population? *Clinical Orthopaedics and Related Research*. 2018:1.
- Farrokhi S, [Mazzone B](#), Eskridge S, Shannon K, Hill OT. Incidence of Overuse Musculoskeletal Injuries in Military Service Members With Traumatic Lower Limb Amputation. *Arch Phys Med Rehabil*. 2018;99(2):348-354 e341.
- [Mazzone B](#), Yoder A, Sheu R, Zalewski B, Wyatt M. Comprehensive Treatment Strategy for Chronic Low Back Pain in a Patient with Bilateral Transfemoral Amputations Integrating Changes in Prosthetic Socket Design. *Journal of Prosthetics and Orthotics*. 2017;29(4):190-197.
- Farrokhi S, [Mazzone B](#), Schneider M, et al. Biopsychosocial Risk Factors Associated with Chronic Low Back Pain after Lower Limb Amputation. *Med Hypotheses*. 2017;108:1-9.
- Farrokhi S, [Mazzone B](#), Yoder A, Grant K, Wyatt M. A Narrative Review of the Prevalence and Risk Factors Associated With Development of Knee Osteoarthritis After Traumatic Unilateral Lower Limb Amputation. *Mil Med*. 2016; 181(S4):38-44.
- [Mazzone B](#), Wood R, Gombatto S. Spine Kinematics During Prone Extension in People With and Without Low Back Pain and Among Classification-Specific Low Back Pain Subgroups. *J Orthop Sports Phys Ther*. 2016; 46:7, 571-579.
- Mangan KI, Kingsbury TD, [Mazzone BN](#), Wyatt MP, Kuhn KM. Limb Salvage With Intrepid Dynamic Exoskeletal Orthosis Versus Transtibial Amputation. *Journal of Orthopaedic Trauma*. 2016; 30(12):e390-e395.

PRESENTATIONS & ABSTRACTS

- Silder A, [Mazzone B](#), Yoder AJ, Hendershot B, Knight A, Farrokhi S. Influence of Visual Feedback during Stable and Unstable Standing Balance in Persons with Lower Extremity Amputation. Submitted for presentation at: International Society of Biomechanics / American Society of Biomechanics; August, 2019; Calgary, Canada.
- Bartlett A, [Mazzone B](#). Effect Of The Modified Broström-Gould Surgery On Balance In Chronic Ankle Instability. Accepted for poster presentation at: ACSM Annual Meeting; May, 2019; Orlando, FL.
- [Mazzone B](#), Yoder A, Eskridge S, Shannon K, Farrokhi S. The Influence of Weight Gain, Tobacco Use and Alcohol Consumption on Development of Secondary Musculoskeletal Conditions in Service Members with Lower Limb Amputation. Poster presentation at: APTA Combined Sections Meeting; January, 2019; Washington, D.C.
- Dickenson S, [Mazzone B](#), Yoder A, Silder A, Farrokhi S. Impact of Physical Therapy Visits on Gait Speed in Service Members with Unilateral Transtibial Amputations. Poster presentation at: APTA Combined Sections Meeting; January, 2019; Washington, D.C.
- Vasko B, [Mazzone B](#), Yoder A, Farrokhi S. Modification of Foot Strike using Real-Time Feedback to Treat Knee Pain in Service Members. Poster presentation at: APTA Combined Sections Meeting; January, 2019; Washington, D.C.

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- Baquet, A, Mazzone B, Yoder A, Farrokhi S. Rearfoot Strike Landing Pattern Run Retraining to Prevent Recurrent Calf Strains in a US Navy Service Member. Oral presentation at: APTA Combined Sections Meeting; January, 2019; Washington, D.C.
- Nalbandian S, Baquet A, Mazzone B, Yoder A, Piva S, Farrokhi S. The Association between Resting and Peak Activity Pain with Self-Reported Function in Service Members with Knee Pain. Poster presentation at: APTA Combined Sections Meeting; January, 2019; Washington, D.C.
- Watrous JR, Moran G, McCabe CT, Mazzone B, Farrokhi S, Sack DI, Eskridge SL, Galarneau MR. Self-reported pain and mental health among injured service members with and without low back pain: Results from the Wounded Warrior Recovery Project. Poster presentation at: Association for Behavioral and Cognitive Therapies Annual Meeting; November, 2018; Washington, D.C.
- Mazzone B, Farrokhi S, Hendershot B, McCabe C, Watrous J. Prevalence and Relationship of Low Back Pain and Psychological Factors after Limb Amputation among Wounded Warrior Recovery Project Participants. Poster presentation at: Military Health Systems Research Symposium; August, 2018; Kissimmee, FL.
- Mazzone B, Yoder A, Farrokhi S. Assessment of Risk Factors for Cardiovascular Disease in Service Members with Immediate Lower Limb Amputations. Poster presentation at: Military Health Systems Research Symposium; August, 2018; Kissimmee, FL.
- Watrous J, Moran G, McCabe C, Farrokhi S, Mazzone B, Sack D, Galarneau M. Relationships between Low Back Pain, Mental Health Symptoms, and Health-Related Quality of Life among Wounded Warrior Recovery Project Participants. Poster presentation at: Military Health Systems Research Symposium; August, 2018; Kissimmee, FL.
- Shannon K, Eskridge S, Farrokhi S, Cancio J, Orr A, Mazzone B, Galarneau MR. Occupational Therapy Practice Patterns for Military Service Members with Upper Extremity Amputations. Poster presentation at: Military Health Systems Research Symposium; August, 2018; Kissimmee, FL.
- Eskridge S, Farrokhi S, Cancio J, Orr A, Mazzone B, Galarneau MR. The Association of Specific Upper Extremity Injuries With Delayed Amputation. Poster presentation at: Military Health Systems Research Symposium; August, 2018; Kissimmee, FL.
- Yoder A, Mazzone B, Farrokhi S. Effects of Trunk Movement Retraining on Gait Mechanics of a Patient with Transtibial Amputation. Poster presentation at: American Society of Biomechanics; August, 2018; Rochester, MN.
- Shannon K, Eskridge S, Mazzone B, Farrokhi S. Time to Diagnosis of Musculoskeletal Injuries in Military Service Members With Traumatic Lower Limb Amputation. Oral presentation at: NMCS Academic Research Competition; April, 2018; San Diego, CA.
- Mazzone B, Yoder A, Farrokhi S. A Comparison of Cardiovascular Health Before and After Unilateral Amputation in Service Members: Preliminary Findings. Oral Presentation at: APTA Combined Section Meeting; February, 2018; New Orleans, LA.
- Mazzone B, Yoder A, Eskridge S, Shannon K, Weedman C, Farrokhi S. The Impact of Body Weight, Age, Tobacco and Alcohol use on Presence of Secondary Musculoskeletal Conditions in Service Members with Unilateral Amputations. Poster Presentation at: APTA Combined Section Meeting; February, 2018; New Orleans, LA.
- Yoder A, Mazzone B, Farrokhi S. Effectiveness of Running Foot Strike Training in a Patient using a Dynamic Ankle Foot Orthosis. Oral Presentation at: APTA Combined Section Meeting; February, 2018; New Orleans, LA.
- Cascone A, Yoder A, Mazzone B, Farrokhi S. Effectiveness of Movement Retraining in a Service Member with Chronic Knee Pain. Poster Presentation at: APTA Combined Section Meeting; February, 2018; New Orleans, LA.
- Mazzone B, Grant K, Yoder A, Farrokhi S. Utility of Clinical Registries in Military Treatment Facilities. Poster Presentation at: Military Health System Research Symposium; August, 2018; Kissimmee, FL.
- Mazzone B, Yoder A, Weedman C, Farrokhi S. Change in Weight After Unilateral, Transtibial Amputation in Service Members: Preliminary Findings. Poster Presentation at: Military Health System Research Symposium; August, 2018; Kissimmee, FL.
- Mazzone B, Yoder A, Farrokhi S. Comparison of Tobacco and Alcohol Use Before and After Unilateral, Transtibial Amputation in Service Members: Preliminary Findings. Oral Presentation at: Military Health System Research Symposium; August, 2017; Kissimmee, FL.

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- Mazzone B, Yoder A, Farrokhi S. Cardiovascular Health After Unilateral, Transtibial Amputation in Service Members: Preliminary Findings. Poster Presentation at: Military Health System Research Symposium; August, 2017; Kissimmee, FL.
- Yoder A, Mazzone B, Cascone A, Farrokhi S. Effectiveness of Movement Retraining during Running in an Active Duty Service Member with Chronic Knee Pain. Poster Presentation at Military Health System Research Symposium; August, 2017; Kissimmee, FL.
- Shannon K, Eskridge S, Mazzone B, Farrokhi S. Time to Diagnosis of Musculoskeletal Injuries in Military Service Members With Traumatic Lower Limb Amputation. Poster Presentation at: Military Health System Research Symposium; August, 2017; Kissimmee, FL.
- Yoder A, Sigmon C, Fowler I, Mazzone B, Zhang S, Farrokhi S. Biomechanical and Functional Effects of Genicular Nerve Block in Active Duty Service Member with Chronic Knee Pain. Poster Presentation at: Military Health System Research Symposium; August, 2017, Kissimmee, FL.
- Quacinella M, Mazzone B, Wyatt M, Kuhn K. Spatiotemporal Gait Improvements after Pilon fracture using the Intrepid Dynamic Skeletal Orthosis.
 - a. Oral Presentation at: Academic Research Competition; April, 2017; San Diego, CA.
 - b. Oral Presentation at: Military Health System Research Symposium, August, 2017; Kissimmee, FL.
- Mazzone B, Stewart J, Gombatto S. Lumbopelvic Kinematics During Forward Bending in People With and Without Low Back Pain. Poster presentation at Orthopedic Research Society; March, 2017; San Diego, CA.
- Mazzone B, Farrokhi, S, Eskridge S, Shannon K, Hill O, Incidence of musculoskeletal injuries in military service members with traumatic lower limb amputation. Poster presentation at: Extremity War Injuries XII: Homeland Defense as a Translation of War Lessons Learned; February, 2017; Washington, D.C.
- Mazzone B, Schmitz K, Eskridge S, Shannon K, Hill O, Moore J, Farrokhi S. Physical Therapy Practice Patterns of the Military Amputee Patient. Oral presentation at: APTA Combined Section Meeting; February, 2017; San Antonio, TX.
- Mazzone B, Eskridge S, Shannon K, Hill O, Moore J, Farrokhi S. Early Physical Therapy Utilization Patterns and Incidence of Secondary Musculoskeletal Conditions after Lower Limb Amputation. Oral presentation at: APTA Combined Section Meeting; February, 2017; San Antonio, TX.
- Spahn K, Mazzone B, Yoder A, Wyatt M, Kuhn K. Quality of Life, Spatiotemporal Gait Parameters and Overall Outcomes in Patients with Elective Delayed Amputation after Failed Limb Preservation. Oral presentation at: Society of Military Orthopaedic Surgeons Annual Meeting; December, 2016; Olympic Valley, CA.
- Quacinella M, Mazzone B, Wyatt M, Kuhn K. Spatiotemporal Gait Improvements After Pilon Fracture Using The Intrepid Dynamic Skeletal Orthosis. Oral presentation at: Society of Military Orthopaedic Surgeons Annual Meeting; December, 2016; Olympic Valley, CA.
- Mazzone B, DePratti A, Farrokhi S, Wyatt M. Improved High-Level Performance with the IDEO after Return to Run Clinical Pathway.
 - a. Oral presentation at: Military Health System Research Symposium; August, 2016; Kissimmee, FL.
 - b. Poster presentation at: APTA Combined Section Meeting; February, 2016; Anaheim, CA.
- Mazzone B, Farrokhi S, Eskridge S, Shannon K, Hill O. Timing of lower limb amputation after trauma and its association with manifestation of secondary musculoskeletal conditions. Oral presentation at: Military Health System Research Symposium; August, 2016; Kissimmee, FL.
- Yoder A, Mazzone B, Farrokhi S, Wyatt M. Changes in Intersegmental Knee Joint Forces During Walking Before and After Delayed Transtibial Amputation. Poster presentation at: Military Health System Research Symposium; August, 2016; Kissimmee, FL.
- Spahn K, Mazzone B, Yoder A, Wyatt M, Kuhn K. Spatiotemporal Gait Parameters, Quality of Life and Overall Outcomes in Patients Who Have Undergone Late Amputation After Failed Limb Preservation. Poster presentation at: Military Health System Research Symposium; August, 2016; Kissimmee, FL. August 2016.
- Kingsbury T, Marks M, Mazzone B, and Wyatt M. Initial Effects of the IDEO on the Gait Quality of Limb Preservation Patients with Different Usage Needs.

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- a. Poster presentation at: American Society of Biomechanics; August, 2016; Raleigh, NC.
- b. Poster presentation at: Military Health System Research Symposium; August, 2016; Kissimmee, FL.
- Yoder A, Mazzone B, Wyatt M, Farrokhi S. Symmetry of Ground Reaction Forces Before and After Delayed Transtibial Amputation. Poster presentation at: American Society of Biomechanics; August, 2016; Raleigh, NC.
- Sheu R, Mazzone B, Zalewski B, Wyatt M. Comprehensive Treatment Strategy for Chronic Low Back Pain in a Patient with Bilateral Transfemoral Amputations Integrating Changes in Prosthetic Socket Design. Oral presentation at: Federal Advanced Amputation Skills Training; July, 2016; Long Beach, CA.
- Mazzone B, Yoder A, Wyatt M. Temporal-spatial parameters before and after delayed transtibial amputation. Poster Presentation at: Gait and Clinical Movement Analysis Society; May 2016; Memphis, TN.
- Spahn K, Mazzone B, Yoder A, Wyatt M, Kuhn K. Gait Analysis, Quality of Life and Overall Outcomes in Patients Who Have Undergone Late Amputation After Failed Limb Preservation. Oral presentation at: Academic Research Competition; April, 2016; San Diego, CA.
- Sharp K, Thesing N, Mazzone B, Djafar T, Kingsbury T, Wyatt M. Comparison of Overground, Outdoor Running Between Limb Salvage Individuals and Patients with Transtibial Amputations: Initial Findings.
 - a. Poster presentation at: American Society of Biomechanics; August, 2015; Columbus, OH.
 - b. Poster presentation at: Military Health System Research Symposium; August, 2015; Fort Lauderdale, FL.
- Mazzone B, Kingsbury T, Sharp K, Wyatt M. Plantar Pressure Measurements Before and After Completing Return to Run Training in the Intrepid Dynamic Exoskeletal Orthosis. Poster presentation at: Gait and Clinical Movement Analysis Society; March, 2016; Portland, OR.
- Mazzone B, Gombatto S. Spine Kinematics During Prone Extension in People With and Without Low Back Pain. Poster presentation at: APTA Combined Section Meeting February, 2015; Indianapolis, IN.
- Mazzone B, Sharp K, Kingsbury T, et al. Task-Specific Fall Prevention Program for Servicemembers with Traumatic Unilateral Transtibial Amputations. Oral presentation at: Federal Advanced Amputation Skills Training; July, 2014; Crystal City, VA.
- Sharp K, Mazzone B, Kingsbury T, Thesing N, Marks M, Wyatt M. Functional Gait Analysis Comparison of Patients with Delayed Transtibial Amputations and Limb Salvage. Poster presentation at: American Society of Biomechanics; July, 2014; Boston, MA.
- Mazzone B, Sharp K, Kingsbury T, Thesing N, Wyatt M. Clinical Gait Comparison of Servicemembers with Delayed Transtibial Amputations to Limb Salvage. Oral presentation at: Gait and Clinical Movement Analysis Society; June, 2014; Newark, DE.
- Barlett A, Buerger J, Blanchard G, Hamilton H, Mazzone B. An Internet-Based Diabetes Self-Management Program (IDSMP) and Exercise for Individuals with Type 2 Diabetes. Poster presentation at: APTA Combined Section Meeting; February, 2014; Las Vegas, NV.
- Mazzone B, Haubert, L.L., Mulroy, S., Requejo, P., Gotsis, M., Lympouridis, V., Lange, B., Profitt, R., Winstein, C. Intensity of shoulder muscle activation during resistive exercises performed with and without virtual reality games, IEEE Proc ICVR 2013.

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CONTINUING EDUCATION & COURSES

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|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|
| ▪ Jan 2019 | APTA Combined Sections Meeting 2019 | 1.8 CEUs |
| ▪ Sept 2018 | California Physical Therapy Ethics, Laws, and Regulations | 2.0 CEUs |
| ▪ Feb 2018 | Psychologically Informed Practice, University of Pittsburgh | 13.5 hours |
| ▪ Feb 2018 | APTA Combined Sections Meeting 2018 | 1.8 CEUs |
| ▪ Aug 2017 | Military Health Systems Research Symposium 2017 | 23.25 AMA Credits |
| ▪ July 2017 | Federal Advanced Amputation Skills Training 2017 | 21 AOTA CEUs |
| ▪ Feb 2017 | APTA Combined Sections Meeting 2017 | 1.9 CEUs |
| ▪ Feb 2016 | APTA Combined Sections Meeting 2016 | 0.7 CEUs |
| ▪ July 2016 | Federal Advanced Amputation Skills Training 2016 | 21 AOTA CEUs |
| ▪ Sept 2016 | "Using the APTA Physical Therapist Clinical Performance Instrument for Students: A Self-Guided Course", Online Course through the APTA Learning Center | 0.2 CEUs |
| ▪ Mar 2016 | GCMAS Annual Conference 2015 | 9.0 AMA Credits |

AWARDS & ACCOMPLISHMENTS

- Aug 2018 *Top Clinical Site*, University of Southern California Division of Biokinesiology and Physical Therapy
- July 2018 *Appointed Reviewer*, by Orthopedic Section of the APTA for MoveForwardPT.com "Physical Therapist's Guide to Transtibial Amputation" and "Physical Therapist's Guide to Transfemoral Amputation" webpages
- July 2017 *Session Moderator*, Federal Advance Amputation Skills Training 2017
- May 2013 *Research Award*, Nazareth College

CERTIFICATIONS & PROFESSIONAL MEMBERSHIPS

- **American Heart Association** - CPR, First Aid
- **American Physical Therapy Association (APTA) Member** – Dec 2018 to Present