

**Brenda O'Day, MS, RDN, CNSC**  
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**Profile:**

- Strong background in the practice and instruction of clinical nutrition
- Highly self-motivated. Proactively meets responsibilities in all held positions
- Superior work ethic
- Organized and efficient. Skilled at managing multiple tasks and completing priorities

**Work Experience:**

**2001-Present**

**Advanced Practitioner, Clinical Nutrition, Sharp Healthcare, San Diego, California**

Assess, plan, and implement medical nutrition therapy in critical care patients and as a member of the Nutrition and Metabolic Support Team. Precept dietetic interns and undergraduates in critical Care, nutrition support rotations, and projects. Provide presentations for professional staff on current topics in nutritional therapy. Conduct evidence-based practice and quality improvement projects. Currently, assisting with scheduling, coaching preceptors and evaluation of distance interns.

**2000-Present**

**Lecturer, San Diego State University, San Diego, California**

**College of Exercise and Nutritional Science**

Instructor for undergraduate classes: Medical Nutrition Therapy (407) and Community Nutrition (510). Guest lecture for the dietetic internship programs on nutrition assessment and nutrition support.

**2011-present**

**Adjunct Faculty, Brandman University, San Diego, California**

Instructor for general nutrition classes: Nutrition 200 and 335, science requirement for non-majors.

**2016-present**

**Adjunct Faculty, Palomar Collage**

Instructor for introduction to nutrition 165, 185 and cultural foods 120.

**2012-present**

**Expert Witness for U.S. District Attorney Office, Southern District of California**

Review and provide written opinions and testimony for medical malpractice and criminal cases.

**1991-2001**

**Clinical Dietitian, Scripps Health, San Diego, California**

Provided nutrition therapy to a variety of populations including critical care, medical, surgical and psychiatric patients. Conducted presentations on nutrition for professional staff including medical interns and residents.

### **Registration and Certification:**

- Commission on Dietetic Registration Certification as Registered Dietitian, 1990
- A.S.P.E.N. Certification for Nutrition Support Clinicians, 1998, recertification 2003, 2008, 2013

### **Education:**

- San Diego State University, MS in Nutrition, 2009
- Massachusetts General Hospital Institute of Health Professions, Dietetic Internship, 1990
- San Diego State University, BS in Foods and Nutrition, 1988

### **Publication**

- Primary author: "Nutrition Support" included in e-book Nutrition and Dietetics Collection. Momentum Press, 2016.

### **Poster Sessions and Abstracts:**

- Co-author: An Inter-professional Feeding Tube Team steps forward to initiate early enteral nutrition in critically ill patients. Presented as a poster at American Association of Critical Care Nurses, May, 2014.
- Primary author: The impact of a multidisciplinary team on promoting early enteral nutrition in critically ill patients. Nutrition in Clinical Practice. vol. 25, NO. 1, 2010. Presented as a poster at Nutrition Week 2010.
- Primary author: The impact of a multidisciplinary surveillance team in improving glycemic control in hospitalized enteral nutrition patients. Nutrition in Clinical Practice, vol. 22, NO.1, 2007. Presented as a poster at Nutrition Week 2007. Research Award for Abstract of Distinction.
- Co-author: Implementation of the clinical pharmacist role on a glycemic surveillance team as part of a hospital wide diabetes improvement initiative. Presented as a poster at Pharmacy Conference 2006.
- Co-author: Successful glycemic management during parenteral nutrition with a comprehensive parenteral nutrition protocol implemented by a nutrition and metabolic support service. Nutrition in Clinical Practice, vol. 19, NO.1, 2004. Presented as a poster at Nutrition Week 2004.
- Co-author: Parenteral Nutrition provided for the appropriate indication: Impact of nutrition and metabolic support service interventions. Nutrition in Clinical Practice, vol. 17, NO.1, 2002. Presented as a poster at Nutrition Week 2002.

### **Awards:**

- Outstanding Undergraduate Professor of the Year, San Diego State University
- Excellence in Clinical Nutrition Practice, California Dietetic Association
- Abstract of Distinction, American Society for Parenteral and Enteral Nutrition Week
- Recognized Young Dietitian of the Year, California Dietetic Association
- Outstanding Clinical Preceptor, San Diego State University Dietetic Internship Program
- Louise Hatch Award for Outstanding Performance as an Intern, Massachusetts General Hospital
- Phiffer Award for Outstanding Contribution, SDSU Phi Eta Sigma National Honor Society

**Memberships:**

- San Diego Dietetic Association (Member since 1988)
  - ✓ Positions Held: Treasurer, Secretary, Bylaws Chair, Nominating Committee, Student and Affiliate Representative, Public Policy Representative
  - ✓ Current Position: President
- Academy of Nutrition and Dietetics (Member since 1988)
- California Dietetic Association (Member since 1988)
- American Society for Parenteral and Enteral Nutrition (Member since 1998)

**Presentations:****2017-Skills Roster Sharp Healthcare**

- “Teaching the Millennial” –Guide to Precepting the Next Generation of RD’s.

**2013 San Diego Dietetic Association Educational Event**

- “Hot Topics in Critical Care”

**Grand Rounds and Skills Rosters for Sharp Healthcare (2001-current)**

- “Nutrition Assessment-7 point Scale and SGA”
- “Evidence Based Practice Project: Early Enteral Feeding in Critical Care”
- “Permissive Underfeeding: Mortal Sin or Saving Virtue”
- “Therapeutic Feeding Ranges in Critical Care”
- “Nutrition in Critical Care and Trauma Patients”
- “Nutrition Week Update 2003, 2004, 2007, 2010, 2011, 2013, 2014, 2015”

**2010 Sharp Healthcare Wound Symposium/2012 St Joseph’s Wound Care Symposium**

- “Nutrition Support in Wound Healing”