



## Student Nutrition Organization (SNO): Outstanding Organization of 2014



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### School of Exercise and Nutritional Sciences

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#### Outstanding Student Nutrition Organization

The mission of the Student Nutrition Organization (SNO) is to serve the San Diego community through nutrition education, advocacy for nutrition and wellness causes and philanthropic ventures, as well as to provide its student membership with practical field experiences, community involvement, and an understanding of the diverse opportunities in nutrition. At this year's CHHS awards banquet, the organization was recognized as the outstanding organization of the year and their advisor, Dr. Mark Kern, was named the outstanding faculty advisor of the year. In addition, the President's Award went to SNO President Carl Barnes and the Embodiment Award went to SNO Treasurer Yenina Vereda.



The organization had two large accomplishments this year. In the fall they hosted a benefit that raised \$2000 for the Kids Eat Right program. The group organized a gala and silent auction at their annual conference in November. SNO President, Carl Barnes, said, "I had a vision of stepping up our efforts to a large scale fundraising and educational event. The Kids Eat Right campaign matched perfectly with our objectives and the SNO officers unanimously agreed that Kids Eat Right is a more than admirable cause to support. With an objective in mind, we set out to put together an event that brought excitement, revenue, and community education for Kids Eat Right." This was the first experience for the SNO in organizing an event of this magnitude. The event included a keynote speaker on child nutrition, information on the Academy of Nutrition and Dietetics Foundation and Kids Eat Right. The event attracted 94 attendees and just over \$2,000 was raised to support the SDSU Student Dietetic Association and Kids Eat Right.



In the spring, the SNO students worked with the San Diego Language Academy, a kindergarten to eighth grade San Diego Unified elementary school near the SDSU campus. The students helped build an outdoor classroom/garden area for the school, and on March 20, hosted a "Health Passport Fair" to celebrate National Nutrition Month. The fair included several display tables to educate students about good food choices and other nutrition topics.

The organization closed its year with an end of the year banquet at the Riverwalk Golf Club. SNO members performed, outstanding members were recognized, graduation cords were distributed, special guests were in attendance, elections results were announced, and gifts and goodbyes given by the outgoing officers.