



SDSU Centennial (Founder's Day Celebration) (March 15, 1997)



Founder's Day

San Diego State University and the Department of Exercise and Nutritional Sciences celebrated 100 years of change on March 15, 1997. In a very festive environment, the Department staged an open house that showcased the following laboratories and Auxiliary Programs of the Department: Athletic Medicine, Computer lab, Exercise Physiology, Biomechanics, Kinanthropometry, Motor Control, Nutrition, Sport Psychology, Fitness Clinic for Physically Disabled, Adult Fitness, Aztec Gymnastics, Womens, Infants, & Childrens Supplemental Nutrition Program, Dietetic Internship, SPARK Physical Education, and ARCO/SDSU Olympic sport testing program. Visitors were able to observe or participate in a variety of activities including diet recall, blood pressure assessment, exercise treadmill tests, balance tests, video digitizing of an activity, and guided tours.

A "blast from the past" historical display, coordinated by Becky Quinn and assisted by her able sub committee, was set up in the gymnasium. Guests were able to see photographs of former faculty members and other memorabilia of our past including scrap books of the Women's Recreation Association and State's Physical Education Club, old equipment, and uniforms. Thom McKenzie began a videotape collection of memories and perceptions of former and current faculty. Refreshments were also served as faculty and guests reminisced about the past and marveled at the changes that have occurred in our Department as it has moved from an emphasis on training teachers to specializations that include Athletic Training; Fitness, Nutrition, & Health; Pre-Physical Therapy; Movement Studies; Single Subject Teaching. The year 1993 brought the merger of Physical Education with Foods and Nutrition as we sought to coalesce these important programs that jointly contribute to teaching people about activity and nutrition and explore research questions that will impact the health of our citizenry.

An event such as this could not have been possible without the cooperation of many people. The Founder's Day committee consisting of Peter Francis, Audrey Spindler, Becky Quinn, and Pat Patterson staged the initial planning. Special thanks go out to Becky Quinn and her subcommittee (Donna Beshgetoor, Ron Josephson, Kathy LaMaster, Mark Kern, Gregg Voigt, Joan Whitby, Denise Wiksten) for all their efforts to make the historical display such a success. Kitty Miller provided delicious refreshments. The following retired faculty also contributed memorabilia: Kathleen Fox, Lindsay Carter, Mary Cave, and Fred Kasch.

Finally, Ralph Grawunder took the time to write a wonderful historical summary of where the Department began and how it has changed. His closing paragraph summarizes our feelings as we look forward to the 21st Century:

"For a full century, this academic department has served the educational needs of students, faculty, and community, for exercise, growth, health, nutrition, play, and recreation. The thousands of professionals who received their training here have, in turn, served and continue to serve the educational and health needs of hundreds of thousands of citizens of all ages. The profound human significance of this legacy of lives so affected and so enriched is certainly enormous though largely unmeasured. Everyone involved - faculty, students, staff, family members, citizens, taxpayers - have every reason to take pride in what we have been and in what we are becoming".



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SDSU President Steven Weber presides over a ribbon cutting ceremony



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Then KUSI TV anchor Cathy Clark gives a speech at the event



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Rob Carlson & Ron Josephson (at top), Pat Cullen, Kathleen Fox, Peter Aufsesser, & Ron J. (below)

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**Kathleen Fox, Rob Carlson, Pat Cullen (above) & Ed Franz (below)
at displays in the Women's Gym (ENS Building)**



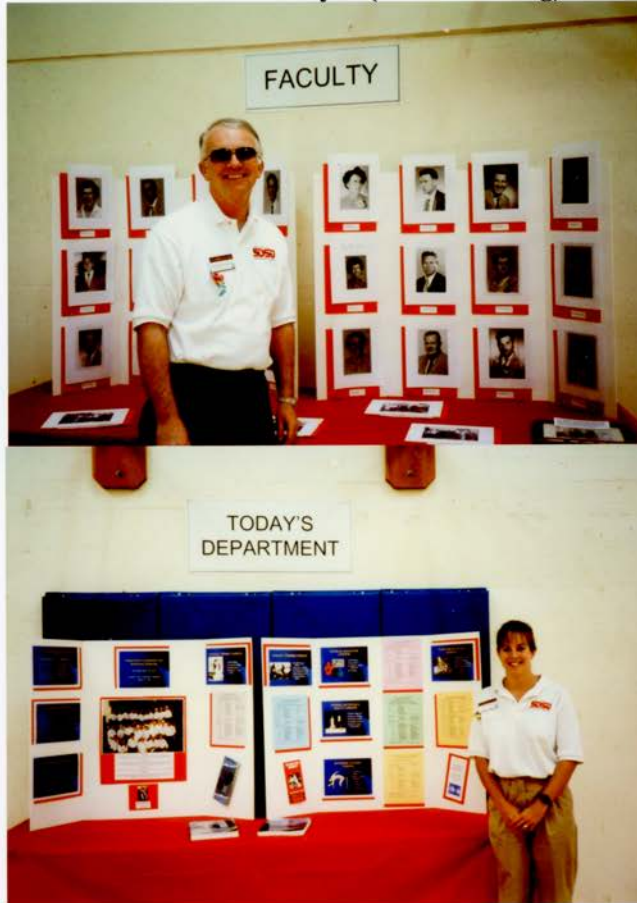
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**Thom Mckenzie videotaping Kathleen Fox in the Women's
Gym (ENS Building)**



**SDSU Centennial (Founder's Day Celebration)
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**Rob Carlson (above) and Denise Lebsack (below) hosting displays
in the Women's Gym (ENS Building)**



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Peter Aufmesser at the Fitness Clinic display



Joan Whitby welcoming Centennial guests at the display area



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**Dick Wells (above) and Mark Kern (below) hosting displays in
the Women's Gym (ENS Building)**



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Fred Kasch poses with Centennial guests in the Women's Gym



Ed Franz & Fred Kasch conversing in the Women's Gym



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**Thom McKenzie (above) and Joan Whitby (below) hosting displays
in the Women's Gym (ENS Building)**



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Pat Patterson, Donna Beshgetoor, & grad student William Sukala at SDSU events



Kelly Mosier, Audrey Spindler & Ron Josephson in ENS patio area

