

ARE YOU A YOUTH ADAPTED SPORTS ATHLETE, COACH, OR TRAINER?

WE ARE CONDUCTING AN ONLINE SURVEY ABOUT AN EVIDENCE-BASED SHOULDER INJURY PREVENTION EXERCISE PROGRAM FOR YOUTH.

Approved
SDSU IRB
23-Jan-2024

Participation includes:

1. Watch videos describing our shoulder injury prevention program (~10 minutes)
2. Respond to questions about the videos (~5 minutes)

CLICK HERE TO ACCESS THE VIDEOS AND SURVEY



To participate you **must be:**

1. Adults aged 18+ years who are parents of a youth adaptive athlete or a physical therapist, coach, trainer that works with youth adaptive athletes, OR
2. Youth adaptive athletes aged 10-17 years (parental permission required)

Our goal:

Understand whether our educational videos on shoulder injury prevention will be effective and useful for you to implement as an adapted athlete, coach, trainer, or clinician.

Prizes:
Win 1 of 5 Amazon gift cards! (valued at \$20 each)

Principal Investigator: Dr. Antoinette Domingo, adomingo@sdsu.edu

If you do not want to participate in the survey or are ineligible to, you can enter the drawing on or before March 31, 2024 by sending a letter to: Injury Prevention Program ATTN: Antoinette Domingo, 5500 Campanile Drive San Diego, CA 92182-7251. Please indicate in the letter your name and email address. The chances of being awarded a prize is roughly 1 in 40 participants. Only one entry per person, and those who win can only win once.