

SAN DIEGO STATE UNIVERSITY

ATHLETIC TRAINING EDUCATION PROGRAM

APPLICANT'S STATEMENT OF UNDERSTANDING CONCERNING THE SAN DIEGO STATE UNIVERSITY ATHLETIC TRAINING PROFESSIONAL PROGRAM

My understanding of the Athletic Training Professional Program:

A. I understand that I must be enrolled as a student at San Diego State University with an undergraduate major in Athletic Training. If I have not yet declared my major in Athletic Training and am enrolled as a pre-major, then I understand that I have one semester upon enrollment in the Professional Program to complete the requirements necessary for eligibility to declare my major. If after one semester, I have not met those requirements and am not eligible to declare my major, then I am at risk for removal from the Professional Program.

B. I understand that I am expected to be enrolled as a full-time student (at least 12 units), unless special circumstances are approved for part-time enrollment by the Program Director.

C. I understand that I must satisfactorily complete or be currently enrolled in the prerequisite courses as listed in the General Catalog or ENS Advising Sheets. In order to process my application for admittance to the San Diego State University Athletic Training Professional Program, the following courses must be completed or be enrolled in with proof of pre-requisite GPA of 3.0 or greater. In order to meet this requirement, one must earn a "B" or better in BIO 212.

BIO 212	(4) Human Anatomy
ENS 265	(1) Techniques in Athletic Training
ENS 265L	(1) Techniques in Athletic Training Lab

D. Additional pre-major coursework: Students are expected to have most if not all of the pre-major courses completed by the end of the spring semester in which they apply. This ensures transition into the major and major coursework.

CHEM 200	(5) General Chemistry
BIO 203/L	(4) Principles of Cell & Molecular Biology
NUTR 201	(3) Fundamentals of Nutrition
PSYCH 101	(3) Introductory Psychology
PSYCH 260	(3) Introduction to Physiological Psychology
SOC 101	(3) Introductory Sociology: The Study of Society
ENS 200	(3) Introduction to ENS
Statistics	One course from: BIOL 215, ECON 201, STAT 119, PSYCH 280 or SOC 201

E. Current CPR, First Aid, and AED Certification. As an Athletic Training Student, one must have *BLS for the Health Care Provider* from the American Heart Association or *CPR for the Professional Rescuer* offered by the American Red Cross. There are other agencies that offer classes that meet this requirement. See the instruction handout.

F. I understand that in order to hold my application active, I must provide the School a copy of all pertinent official academic transcripts for verification of pre-requisite course enrollment and completion. In cases where I am currently enrolled in coursework, I must

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submit a mid-semester grade check with my application, and provide an updated copy of my transcripts upon completion of the coursework.

- G. I understand that due to the limited space in the Athletic Training Clinics at program affiliated sites, admission to the Athletic Training Professional Program is highly competitive and that the Selection Committee will make their final decision on my application for admission based upon, but not limited to, the following criteria:
1. Overall grade point average of 2.8 or higher.
 2. Grade point average for the above prerequisite courses of 3.0 or higher.
 3. Completion and documentation of at least 60 hours of observation in a traditional athletic training setting under the direct supervision of a certified athletic trainer.
 4. Two letters of recommendation delineating work ethic, ability to work with others, ability to take direction, previous athletic training experiences, etc. It is recommended that one letter be from a professional in the athletic training field.
 5. Personal statement.
 6. Personal interviews will be conducted in order to fully evaluate the finalists.
 7. Estimate of final grades in all course work undertaken in semester of application, i.e. mid-semester grade check.
 8. Adherence to technical standards for admission.
 9. Final admission in the program is on a space available basis with the most highly qualified individuals being accepted.
 10. Acceptance final upon receipt of Spring Semester grades.
- H. I understand that I must have verification that I meet the Technical Standards for Admission or verify that with acceptable accommodation these standards can be met. I understand that should I fail to meet the Technical Standards at any point during my time in the Professional Program, that I must rectify any deficiencies or seek acceptable accommodation, then obtain appropriate medical clearance prior to continuance in the program.
- G. Upon admittance to the Athletic Training Professional Program, I understand that I will be required to get a physical examination. This examination must be administered by an approved health care provider (Cost \$0-\$35). The form for the physical examination will be provided by the School.
- H. I also understand that if I am admitted to the Athletic Training Professional Program, I must meet the following requirements to complete the program for sponsorship for the BOC's Certification Examination.
1. Successful completion of requirements for a B.S. degree in Athletic Training.
 2. Successful completion of the clinical education experience spread over a minimum of two academic years after admittance to the SDSU Professional

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Program. Requires a minimum of 4 units (4 semesters) of academic credit in residence (ENS 389 A, B, C, D, E, F).

3. Successful completion of Professional Program clinical proficiency requirements.
 4. Maintain current certification in Standard First Aid and Cardio-Pulmonary Resuscitation (CPR).
- I. In addition, if I am admitted to the Athletic Training Professional Program, I understand that I am expected to:
1. Obtain Professional Liability Insurance and carry such insurance in full force during the term of my clinical assignment in an amount of no less than \$1 Million per occurrence and \$3 Million annual aggregate. San Diego State University does not cover student liabilities while participating in the clinical education program. However, some of the affiliated sites offer blanket coverage for student volunteers. We recommend you contact your clinical site (including rotating site) and ascertain the specific coverage offered through that site. Should the clinical site not offer blanket coverage, you are required to obtain your own liability insurance. We recommend contacting the Healthcare Providers Service Organization (HPSO) for current student rates on insurance coverage. Current student rate is \$20/year. They can be reached at: 1-800-982-9491 or www.hpso.org.
 2. Obtain the Athletic Training Professional Program Student Manual (ENS 389 course manual).
 3. Become familiar with and abide by the Academic and Clinical Policies & Procedures Manuals.
 4. Become a student member of the National Athletic Trainers' Association within 4 months of program admittance. (Annual dues = \$125)
 5. Become a member of the Future Athletic Trainers Society within 4 months of program admittance. (Annual dues = \$20-\$40)
 6. Report to the athletic training room for an average of 20-25 hours per week (not to include travel time). I understand that during some weeks I may work more than 20 hours. I understand that I will need my own transportation when I am assigned to an off-campus clinical site.
 7. Attend all events/practices that I am scheduled to cover as determined by my Preceptor. Absences must be documented for medical illnesses, personal and/or family emergencies.
 8. Begin and end my clinical assignment when indicated by my Preceptor. I understand that this might involve clinical duties that commence in early August and might extend into December/January or June.
 9. Maintain weekly documentation of clinical hours. All hours will be tallied and ready for the Preceptor to sign by the last day of each month. Failure to do so may result in forfeiting said hours.

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10. Refrain from reporting to the athletic training room should I contract an infectious disease or skin condition. I understand that should this occur I must contact my Preceptor as soon as possible and notify them of my absence; and I am required to visit Student Health Services or the Team Physician for clearance upon my return to the athletic training room.
11. Submit any/all requests for time off in writing no later than 14 days before the said request. Requests must be kept to a reasonable minimum. I realize the Certified Athletic Training staff (Preceptor) reserves the right to deny any request. Excessive requests for time off may affect my status in the program.
12. Submit any/all requests for a leave of absences or semester withdrawals in writing. I realize that such requests will be handled on a case-by-case basis and the Certified Athletic Training staff (Preceptor) reserve the right to deny any request, at which time the student may have to make a decision regarding continuance in the program.
13. Work under the direct supervision of the Supervising Certified Athletic Trainers (Preceptor) and will stay within the confines of the specific techniques/procedures learned. I agree to be publicly supportive and representative of all Professional Program affiliations, including: certified athletic trainers (ATC), Preceptor's, Program Faculty, fellow athletic training students (ATS), team physicians, coaches, administration, etc.
14. Maintain a semester GPA of 2.75 or higher while I am in the Professional Program. Failure to achieve this standard will result in my being put on academic probation for 1 semester following the deficient semester GPA. During the probationary semester, I must achieve a semester GPA greater than or equal to 2.75 or I will be dismissed from the Athletic Training Professional Program. In addition, a student will only be allowed one probationary semester during the length of the Professional Program. Should a student qualify for probation more than one time, they will be dismissed from the program.
15. Maintain a grade of B or better in ENS 389 courses or I will be placed on clinical probation. During the probationary semester, I must attain an "A" letter grade for the subsequent ENS 389 course or I will be dismissed from the Athletic Training Professional Program.
16. Prioritize Athletic Training Education Program requirements over other commitments not limited to but including: work, graduate school prerequisites, and extra-curricular activities. I understand that if I am taking prerequisites for admittance to a graduate program, these courses are considered secondary to the requirements of the Athletic Training Education Program. Similarly, should a conflict arise with work or extra-curricular activities, Athletic Training clinical hours and coursework will take priority.
17. Maintain academic and professional ethics. Breaches of these concepts will result in disciplinary action and may be cause for dismissal from the program.
18. Maintain contact with the Program Director post-graduation for tracking purposes and alumni updates.

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I, the undersigned have read the above and enter this agreement of understanding.

Applicant's Signature

Date

Applicant's Name (please print)

RED ID #

Due date is February 1st for the following fall. No mid-year applications can be accepted. Please send completed application and other required documentation to the following address:

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