

SAN DIEGO STATE UNIVERSITY ATHLETIC TRAINING PROGRAM

Pre-Admittance Information

Observation Hours

For admittance to the Athletic Training Program (ATP) and Major, a minimum of 60 observational hours is required. The observation hours must occur in a traditional athletic training setting (i.e. sports setting), and be under the direct supervision of a Certified Athletic Trainer (ATC). NOTE: While these hours may be obtained at a high school, they must be obtained by the student after they have graduated from high school.

- Included in this packet is a contact list for observation sites affiliated with the SDSU ATP. It is the student's responsibility to contact the site and arrange for the observation hours.
- Also included is an hour log to document the time and experience. A competency list is provided that outlines basic psychomotor skills that should be obtained.
- A student evaluation form must be completed by the supervising ATC.
- When applying to the ATP, please submit the hour log, competency list, and evaluation form as evidence of your minimum 60 hours of observation.
- Further information on the application process may be found on the Athletic Training website at: <https://ens.sdsu.edu/at/index.php>
- Any questions about the application process should be directed to the Program Director:

Denise Lebsack, PhD, ATC
dlebsack@sdsu.edu

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Student Name: _____

Pre-Professional Competencies	Date	ATC Initials
A. <u>Sport Assignments- Circle all that apply</u>	_____	_____
a. Football	_____	_____
b. Soccer M/W	_____	_____
c. Volleyball M/W	_____	_____
d. Cross Country M/W	_____	_____
e. Basketball M/W	_____	_____
f. Baseball/Softball	_____	_____
g. Track/Field	_____	_____
h. Sports Clubs	_____	_____
B. <u>Cleaning</u>		
a. Athletic Training Room Procedures	_____	_____
i. Tables	_____	_____
ii. Towels	_____	_____
iii. Whirlpool	_____	_____
C. <u>Administrative</u>		
a. Phone Numbers		
i. Campus Police	_____	_____
ii. Athletic Training Room	_____	_____
iii. Student Health Center	_____	_____
b. Staff Names and Sport Assignments	_____	_____
c. Current CPR	_____	_____
D. <u>Modalities</u>		
a. Cold Therapy		
i. Ice Bags	_____	_____
ii. Ice Massage	_____	_____
iii. Cold Whirlpool	_____	_____
b. Heat Therapy		
i. Moist Heat Packs	_____	_____
ii. Warm/Hot Whirlpool	_____	_____
E. <u>Elastic Wraps</u>		
i. Shoulder Spica	_____	_____
ii. Thigh Spica	_____	_____
iii. Ankle Pressure	_____	_____
F. <u>Tape</u>		
i. Ankle	_____	_____
ii. Wrist	_____	_____
G. <u>Acute Injury Care</u>		
a. Take a History		
b. Wound Care		
i. Wound cleansing	_____	_____
ii. Biomedical Waste Disposal	_____	_____
iii. OSHA Regulations	_____	_____
H. <u>Education</u>		
a. Visual Acuity Exam	_____	_____
b. Fluid Replacement	_____	_____
c. Weight Chart	_____	_____
d. Hypothermia	_____	_____
e. Hyperthermia	_____	_____
f. Electrolyte Replacement	_____	_____
g. Pre-game Meal	_____	_____

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Observational Experience Student Evaluation

Name: _____ Rotation Site: _____

Preceptor: _____ Rotation Number: _____

<u>Skill</u>		<u>Poor</u>			<u>Average</u>					<u>Excellent</u>		<u>Total</u>
Motivation (Commitment, Punctual, Effort)	N/A	1	2	3	4	5	6	7	8	9	10	_____
Cooperative	N/A	1	2	3	4	5	6	7	8	9	10	_____
Courteous	N/A	1	2	3	4	5	6	7	8	9	10	_____
Professionalism (reliability)	N/A	1	2	3	4	5	6	7	8	9	10	_____
Knows Limitations	N/A	1	2	3	4	5	6	7	8	9	10	_____
Completed Assigned Hours	N/A	1	2	3	4	5	6	7	8	9	10	_____
Assisted with Event	N/A	1	2	3	4	5	6	7	8	9	10	_____
Psychomotor Skills (competencies, learning ability)	N/A	1	2	3	4	5	6	7	8	9	10	_____
Appearance (dress code)	N/A	1	2	3	4	5	6	7	8	9	10	_____
Readiness for ATEP Admission	N/A	1	2	3	4	5	6	7	8	9	10	_____
											Total Points: _____	
											Grade: _____	

Comments _____

Signature of Evaluator: _____ Date: _____

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LOCAL ATHLETIC TRAINING OBSERVATION SITES

San Diego State University

Department of Athletics
San Diego, CA 92182-4314
(619) 594-5551
Fax: (619) 594-7654

Domanique Peretti, MS, ATC

Assistant Athletic Trainer
dperetti@sdsu.edu

University of San Diego

5998 Alcalá Park
San Diego, CA 92110
(619) 260-8895 or 2308
Fax: (619)-260-4742

Justine Coliflores, MA, ATC

Assistant Athletic Trainer
jcoli@sandiego.edu

UC San Diego

Department of Athletics-0531
9500 Gilman Drive
La Jolla, CA 92093-0531
ATR: (858) 822-2572
Fax: (858) 822-1727

Anastasia Ray, ATC

Sports Clubs Athletic Trainer
a6ray@ucsd.edu

Grossmont CC

8800 Grossmont College Dr.
El Cajon, CA 92020
(619)-444-7406

Chris Ray, ATC

Head Athletic Trainer
chris.ray@gcccd.edu

SD Mesa CC

7250 Mesa College Dr.
San Diego, CA 92111
(619) 388-2421
Fax: (619)-388-2458

Tim Fischer, MS, ATC

Athletic Trainer
tfischer@sdccd.edu

Cuyamaca CC

900 Rancho San Diego Pwky.
El Cajon, CA 92019
(619) 660-4515
Fax: (619) 660-4709

Jamie Adams, MEd, ATC, CES

Head Athletic Trainer
jamie.adams@gcccd.edu

Southwestern CC

900 Otay Lakes Rd.
Chula Vista, CA 91910
(619) 482-6403
Fax: (619) 482-6412

Dennis Petrucci, MA, ATC

Athletic Trainer
dpetrucci@swccd.edu

San Diego City College

1313 Park Blvd.
San Diego, CA 92101
(619) 388-3034
Fax: (619) 388-3561

Lori Ray, MEd, ATC

Athletic Trainer
(619) 388-3750 (office)
(619) 572-8385 (cell)
lraysd@sdccd.edu

Rancho Bernardo High School

13010 Paseo Lucido
San Diego, CA 92128
(858) 485-4800, ext. 4541
Fax: (858) 485-4817

Robbie Bowers, ATC

Head Athletic Trainer
rbowers@powayusd.com

Cathedral Catholic High School

5555 Del Mar Heights Rd.
San Diego, CA 92130
(858) 523-4000, ext. 1121
Fax: (858) 523-4057

Austin Walker, ATC

Athletic Trainer
awalker@cathedralcatholic.org

Westview High School

Marcia Klaiber, MA, ATC
mksklaiber@yahoo.com

San Diego Christian College

Carolyn Peters, MA, ATC, CSCS
Head Athletic Trainer
cpeters@sdcc.edu

SD Miramar College

Tosh Tepraseuth, MS, ATC, CES
Head Athletic Trainer
tteprase@sdccd.edu