

KIMBERLY DETWILER, DAT, ATC, CES

EDUCATION

Doctor of Athletic Training	<i>October 2018 – December 2022</i>
• A.T. Still University, Mesa, AZ	
• Elective tracks: Education & Leadership, Orthopedics, Rehabilitation	
Master's of Science in Athletic Training	<i>September 2005 – June 2007</i>
• The University of Oregon, Eugene, OR	
• Cum Laude	
Bachelor's of Science in Athletic Training	<i>August 2002 – May 2005</i>
• San Diego State University, San Diego, CA	
• Cum Laude with distinction	
• President of Future Athletic Trainers' Society student club 2004-2005	
Associate's in Sports Medicine	<i>September 2000 - June 2002</i>
• Modesto Junior College, Modesto, CA	

TEACHING EXPERIENCE

San Diego State University, San Diego, CA *May 2022 – Present*

Director of Clinical Education, Lecturer

Master of Science in Athletic Training Program (MSAT) – Courses taught:

- ENS 627L – Prophylactic Interventions in Athletic Training Laboratory (Summer)
- ENS 628 – Introduction to Therapeutic Modalities (Summer)
- ENS 638 – Biopsychosocial Theories and Aspects of Athletic Training (Spring)
- ENS 663, 663L – Therapeutic Interventions for the Lower Extremity lecture and lab (Fall)
- ENS 664L – Therapeutic Interventions for the Upper Extremity (Spring)
- ENS 665, 665L – Therapeutic Interventions for the Head, Neck, and Spine (Fall)
- ENS 670, 670L – Corrective Exercise Specialist (Spring)
- ENS 689A – Athletic Training Clinical Internship (Summer)
- ENS 699A, B, C, and D – Athletic Training Clinical Clerkship I-IV (Fall and Spring)

Master of Science in Athletic Training Program - Administrative duties

- Director of Clinical Education duties include: assisting the Program Director with program assessment and management, monitoring student learning outcomes and assessment according to CAATE standards, mentor athletic training students, coordinate students' clinical experiences, preceptor education, preceptor onboarding and orientation, recruitment of new clinical sites, and clinical site evaluation.
- Responsible for management and ordering of MSAT course supplies and associated budget

Undergraduate Courses taught

- ENS 265L - Care and Prevention of Athletic and Recreational Injuries Lab (Fall and Spring, 2022-2024)

Other administrative duties

- Lab Coordinator for all ENS 265L courses, which typically includes 3 in the fall and 4 in the spring. Responsibilities include a call for applicants for graduate students interested in teaching these courses, interviewing and selecting instructors, training and orienting instructors, securing teaching assistants for each lab, and supply orders for lab courses.

University of Utah, Salt Lake City, UT

Fall 2021 – Spring 2024

Adjunct Professor

- ASTM 6860 – Transition to Practice in Athletic Training – an asynchronous online course taught remotely for the University's Master of Athletic Training Program. Spring 2022, 2023, 2024
- ASTM 6301 – Advanced Evidence Based Practice – an asynchronous online course taught remotely for the University's Master of Athletic Training Program. Fall 2021, 2022, 2023

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The University of La Verne, La Verne, CA

August 2007 – February 2011

Assistant Professor – Athletic Training Program – Courses taught

- MSS 412 – Therapeutic Modalities
- MSS 328 – Evaluation and Assessment of Head and Spine Injuries
- MSS 410 – Therapeutic Exercise and Rehabilitation
- MSS 411 – Athletic Training Practicum III
- MSS 237 – Techniques and Observations in Athletic Training
- Area of research: Job quality of the collegiate certified athletic trainer

The University of Oregon, Eugene, OR

August 2005 – June 2007

Graduate Teaching Fellow, Certified Athletic Trainer

- Instructor for Human Physiology department's sports medicine courses
- Provided athletic training services for University of Oregon intercollegiate football (2005-2006) and University of Oregon club sports (2006-2007)

CLINICAL EXPERIENCE

ProToCol Sport Systems

October 2023 – May 2025

Athletic Trainer (Part-time)

- Provide athletic training services for cash pay clients, including but not limited to injury assessment and evaluation, therapeutic interventions, functional movement screening, and counseling/education on lifestyle modifications and injury prevention

Children's Hospital Colorado, Denver, CO

June 2021 – August 2022

Athletic Trainer

- Responsible for coordinating the provider's clinic including rooming patients, history taking, initial examination, obtaining imaging, DME fitting and instruction, managing patient and provider concerns and needs, triage phones and patient portal messaging, assisting other providers and staff with their clinics, ensuring high quality patient care.
- Director of the AT Residency program which involved leading the process for hiring an AT resident, directing and coordinating didactic and clinical experiences, and mentoring.
- Proficient in EPIC electronic medical record system

CU Sports Medicine (UC Health), Denver, CO

March 2020 – May 2021

Athletic Trainer

- Responsible for coordinating the provider's clinic including rooming patients, history taking, obtaining imaging, casting and splinting, DME fitting and instruction, managing patient and provider concerns and needs, triage phones and patient messaging, assisting other providers and staff with their clinics, ensuring high quality patient care.
- Directly responsible for point-person duties for an orthopedic surgeon and a foot and ankle surgeon, provide assistance to other athletic trainers' clinics for sports medicine providers and other specialty surgeons.
- Other responsibilities included: Patient iQ super-user, Orthopedic Task Force member, AT liaison for Denver University athletics and any professional athletes from the local Denver teams.
- Proficient in EPIC electronic medical record system

The University of Colorado, Boulder, CO

August 2017 – March 2020

Head Athletic Trainer for Cross-Country and Track and Field

- Responsible for providing, coordinating, and managing health care for the University's intercollegiate cross country and track and field teams, including but not limited to prevention, assessment, treatment, management, and rehabilitation of athletic injuries
- Supervise and mentor two athletic training fellows and a staff of student interns
- Provide healthcare in a team approach alongside the department's dieticians, strength coaches, team physicians, mental health professionals, coaches, and others.
- Preceptor for AT students completing immersive rotations for their respective universities

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- Maintain effective communication between all members of the health care team, coaches, academics staff, and strength and conditioning staff
- Administrative duties including insurance authorizations, maintenance of department vehicle, ordering of equipment and supplies, coordinating schedules for outside providers, and facilitating referral of patients for medical care
- Assist in administration of pre-participation physical examinations
- Proficient in Presagia and EPIC electronic medical record systems as well as Sync Think concussion assessment platform

The University of Texas, Austin, TX

February 2011 – August 2017

Assistant Athletic Trainer

- Responsible for providing, coordinating, and managing health care for the University's intercollegiate softball team
- Worked directly with the University of Texas Athletics team physicians daily and worked alongside them throughout execution of patient care plan including coordinating imaging, lab work, and referral specialists
- Participated in an integrated health care system referring athletes within a network of specialty physicians, including working with St. David's Medical Center for emergency care
- Maintained effective communication with coaching staff, strength coaches, academic staff, dieticians, mental health professionals, outside physicians, and other providers
- Preceptor for AT Program at the University, mentored and instructed athletic training students, assisted with teaching courses and proctoring practical examinations in the Athletic Training Program as needed
- Developed and implemented arm care program for the softball team to prevent shoulder injuries in the fall of 2016 resulting in no new shoulder injuries that year
- Developed and implemented performance vision training program
- In 2014, developed proposal for policies and procedures for Big 12 umpire safety.

The University of La Verne

August 2007 – February 2011

Assistant Athletic Trainer

- In conjunction with teaching role, responsible for athletic training services for intercollegiate softball team (50/50 split assignment with teaching)
- Assist in administration of pre-participation physical examinations
- Direct communication with coaches, administrators, parents, team physicians, and other medical professionals
- Preceptor for CAATE-accredited AT Program

PUBLICATIONS

Detwiler, KR, Welch Bacon CE, White I, Jones LE, Cavallario J. Athletic trainers' perspectives on resources and preparation needed for successful salary negotiation. *J Athl Train*. 2025;21(2):66-73

Novak R, Cavallario JM, **Detwiler K**, Welch Bacon CE. Athletic training educators' experiences teaching concepts of negotiation in professional programs. *J Athl Train Educ Prac*. 2025;21(1):28-37

Cavallario JM, **Detwiler K**, Jones LE, White IB, Welch Bacon CE. Athletic trainers' perceptions of salary negotiation decision-making during the hiring process. *J Athl Train*. 2024;59(8):868-883

Weber Rawlins ML, **Detwiler K**, Valovich McLeod TC, Schmidt JD. Characteristics of Athletic Trainers that Influence Personal Subjectivity in Medical Disqualification From Sport Following Concussion Discussions. *Journal of Athletic Training*. Accepted, JAT0651-24.

Weber Rawlins ML, Valovich McLeod TC, **Detwiler K**, Schmidt JD. Case Characterization and Perceptions of Athletic Trainers Regarding Medical Disqualification Following Concussion. *Journal of Athletic Training*. Accepted.

Detwiler KR, Valovich McLeod TC, Schmidt JD, Weber Rawlins ML. Athletic Trainers' Descriptions of Stakeholder Support and Medical Disqualification Decisions Following Concussion for Collegiate Student-Athletes. Far West Athletic Trainer's Association, Kona, HI, July 11-15, 2023. In review.

Weber Rawlins ML, **Detwiler KR**, Valovich McLeod TC, Schmidt JD. The Medical Disqualification Decision-Making Process Following Concussion as Described by Athletic Trainers Employed in the Collegiate Setting. Far West Athletic Trainer's Association, Kona, HI, July 11-15, 2023. In review

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Mazerolle S, Pitney W, Goodman A, Eason C, Spak S, Scriber K, Voll C, **Detwiler K**, et al. National Athletic Trainers' Association Position Statement: Facilitating Work Life Balance in Athletic Training Practice Settings. *J Athl Train.* 2018;53(8):796-811.

Appelbaum LG, Lu Y, Khanna R, & **Detwiler, KR**. The effects of sports vision training on sensorimotor abilities in collegiate softball athletes. *Athletic Training and Sports Health Care.* May 2016.

Secondary School Value Model. NATA Secondary School Athletic Trainers' Committee and the NATA Committee on Revenue. 2015.

NATA News: "Separating Stereotype from Reality: Study Examines Life in the Collegiate Setting," July 2010 cover story, listed as one of the top ten initiatives in 2010 (non-peer-reviewed)

NATA News: Multiple articles related to activities of the NATA's Young Professionals' Committee

PROFESSIONAL PRESENTATIONS

NATA Annual Meeting: Featured presenter and/or learning lab leader

- *Achilles Heel No Longer! Prevention Strategies and Specific Interventions for Achilles Tendon Injury in Elite Athletes.* Feature Presentation, Presenter, NATA annual meeting in Las Vegas, NV, June 27, 2019
- *Principles of PNF: Perfecting your Technique for Optimal Outcomes.* Learning Lab Presenter and lab leader, NATA annual meeting in Baltimore, MD, June 23, 2016
- *Introduction to Muscle Energy: Demystifying the Art and Science of Manual Therapy.* Learning lab leader, NATA Annual Meeting in St. Louis, MO, June 26, 2015
- *The Business of Athletic Training: Documentation for your Business.* Speaker, pre-conference workshop at the NATA Annual Meeting in St. Louis, MO, June 25, 2012
- *Examining Workload Stressors in the Collegiate Setting.* Speaker, session at the NATA Annual Meeting in Philadelphia, PA, June 22, 2011
- *The Business of Athletic Training: Documentation for your Business.* Speaker, pre-conference workshop at the NATA Annual Meeting, in New Orleans, LA, June 19, 2011

NATA Annual Meeting: Secondary speaker or learning lab assistant

- *Upper Extremity Proprioceptive Neuromuscular Facilitation: Emphasis on Strengthening Including Eccentric Techniques.* Learning Lab assistant, NATA Annual Meeting in New Orleans, LA, June 28, 2018
- *Rethinking Hip Mobilizations: Expanding the use of a common treatment technique to optimize clinical decision making.* Learning Lab assistant, NATA annual meeting in Houston, TX, June 27, 2017
- *Lower Extremity PNF: Eccentric and Deceleration Techniques.* Learning Lab Assistant, NATA Annual Meeting in St. Louis, MO, June 24, 2015
- *A Hands-On Approach to Evaluating and Treating Myofascial Trigger Points.* Learning Lab assistant, NATA Annual Meeting in Las Vegas, NV, June 26, 2013
- *Proprioceptive Neuromuscular Facilitation, Selected Upper Extremity Techniques for the Athletic Trainer.* Learning lab assistant, NATA Annual meeting in Las Vegas, NV, June 25, 2013
- *Conflict Resolution in the Workplace.* Young Professionals session speaker, NATA Annual Meeting in Las Vegas, NV, June 25, 2013
- *Shoulder Biomechanics: A problem solving approach.* Learning Lab assistant, NATA Annual Meeting in San Antonio, TX, June 20, 2009

NATA Annual Meeting: Poster Presentation, Abstract, or Rapid Fire Presentation

- *Negotiating Salary Among Athletic Trainers: Experiences of Negotiators and Non-Negotiators,* Rapid Fire Presentation. NATA Annual Meeting in Indianapolis, IN, June 21, 2023

Far West Athletic Trainer's Association Annual Meeting and Clinical Symposia

- **Detwiler KR**, Valovich McLeod TC, Schmidt JD, Weber Rawlins ML. Athletic Trainer's Descriptions of Stakeholder Support and Medical Disqualification Decisions Following Concussion for Collegiate Student-Athletes. Far West Athletic Trainer's Association, Kona, HI, July 11-15th, 2023. Accepted. (Abstract)
- Weber Rawlins ML, **Detwiler KR**, Valovich McLeod TC, Schmidt JD. The Medical Disqualification Decision-Making Process Following Concussion as Described by Athletic Trainers Employed in the Collegiate Setting. Far West Athletic Trainer's Association, Kona, HI, July 11-15th, 2023. Accepted. (Abstract)

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- *Proprioceptive Neuromuscular Facilitation: Strengthening for the Upper Extremity.* Pre-conference workshop. Las Vegas, NV, 16 April 2025
- *Learn to Get Paid: Negotiating for Fair Compensation.* Las Vegas, NV, 19 April 2024
- *FWATA Student Session Keynote: Getting Involved in YOUR Profession.* Burlingame, CA, 2008

Other Presentations

- *Learn to Get Paid: Negotiating for Fair Compensation.* Virtual Zoom presentation for the students in Temple University and Westchester University MSAT programs. April 2025
- *Learn to Get Paid: Negotiating for Fair Compensation.* Virtual Zoom presentation for the students in Minnesota State University, Mankato's MSAT program. January 2023, January 2024
- *NATA Timely Topics: The AT Student and Salary Negotiations.* National Athletic Trainer's Association webinar. November 15, 2022.
- *Local and National Involvement.* Oregon State University ATP Networking Seminar, April 22, 2020
- *Vision Training for Elite Athletes.* NATA webinar, December 10, 2014
- *Core Strength and Injury Prevention.* Speaker, Texas Girls Coaches Association Convention in Arlington, TX, July 12, 2012
- *The Business of Athletic Training: Documentation for your business.* Speaker, SWATA Annual Meeting in Houston, TX, July 14, 2011
- *Starting Your Career: Being a Young Professional and Getting Involved.* Speaker/faculty member, Collegiate Sports Medicine Foundation Student Leadership Workshop, Ft. Lauderdale, FL, May 2010
- *PNF: Proprioceptive Neuromuscular Facilitation.* Presented to physicians and physiotherapists at Sports Medicine Conference "Curso de Medicina Deportiva" in Tegucigalpa, Honduras while on a mission trip with Athletes in Action, June 2009
- *Guest speaker at CSU Fullerton ATEP meeting.* Topics included graduate school and professional involvement, September 2008
- *Promoting the Profession of Athletic Training.* Graduate student presenter, Northwest Athletic Trainers' Association annual meeting, March 2007

PROFESSIONAL SERVICE

NATA Foundation Board of Directors: June 2026 – Present

BOC Continuing Professional Certification Advisory Council: April 2024 – Present

BOC Nominating Committee: Member, January 2023 - Present

NATA Specialty Awards Committee Chair: June 2023 - Present

BOC Continuing Professional Certification Task Force: January 2023 – April 2024

Board of Certification for the Athletic Trainer (BOC): Board of Directors, Athletic Trainer Director, January 2015 – December 2022

NATA Specialty Awards Committee: Member, District 7 representative, March 2018 – June 2022

NATA work group for Continuous Quality Improvement (CQI): Member, Fall 2017 – Fall 2018

NATA Work-Life Balance Position Statement: Writing team, 2013 – 2018

NATA Students' Committee: Mentor, June 2014 – June 2017

NATA Term Limits Work Group: Member, October 2013 – December 2014

SWATA College/University Athletic Training Committee: Member, August 2013 – June 2015

NATA Hall of Fame Committee: Member, August 2012 – June 2015

NATA Secondary School Value Model: Project team member, July 2012 – May 2014

NATA Annual Meeting and Clinical Symposia: Helped Convention Planning Committee by reviewing presenters' session proposals for the NATA Annual Meeting in 2012, 2017, 2018

NATA VisionQuest: Work group member, October 2009 – February 2011

NATA Strategic Implementation Team (SIT): Member, June 2008 – June 2011

NATA's "AT Services Guidelines" document development team: Member, January 2009 – November 2009

Capitol Hill Day Participant: 2008, 2009, 2016

NATA Young Professionals' Committee: Inaugural Chair, December 2007 – June 2012

PROFESSIONAL MEETINGS/CONFERENCES ATTENDED

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Lilly Conference: San Diego, CA, January 2023

NATA Clinical Symposia and Expo: annual attendance 2007-2019, 2023, 2024, 2025

NATA Joint Committee Meeting: 2015, 2016, 2017

SWATA Annual Meeting: 2011, 2013

FWATA Annual Meeting: 2004, 2005, 2008, 2009, 2024, 2025

CATA Annual Meeting: 2025

NATA Educators Conference: 2009

PROFESSIONAL MEMBERSHIPS

National Athletic Trainer's Association: Certified Member. 2003-Present

Also included district AT associations for Districts 8, 10, 6, and 7

National Strength and Conditioning Association: Certified Member. 2005-Present

National Academy of Sports Medicine: Member. 2004-Present

CREDENTIALS

Board of Certification: Certified Athletic Trainer. 2005 - Present. #060502134

NPI Number: 1265496194

Adult/Infant/Child CPR and AED for the Professional Rescuer, First Aid Certified: 2003-Present

Corrective Exercise Specialist: March 2025 - Present

Colorado Department of Regulatory Agencies. Licensed Athletic Trainer. August 2017 – August 2022. #AT.0001754

National Strength and Conditioning Association: Certified Strength and Conditioning Specialist. 2005 – 2020

Texas Advisory Board of Athletic Trainers. Licensed Athletic Trainer. February 2011 – February 2018. #AT4964

ADDITIONAL QUALIFICATIONS

Dry Needling (Structure and Function): Since January 2018

Myofascial Decompression: Since December 2016

Selective Functional Movement Assessment (SFMA): Since September 2016

Blood Flow Restriction: Since July 2016

MET: Fundamentals of Spinal Evaluation and Management, Michigan State University: May 2014

Active Release Therapy (ART): Since September 2011

Graston: University of Oregon, in-service. Since 2006

Strengthsfinders top five: Responsibility, Discipline, Belief, Relator, Learner

AWARDS AND HONORS

CHHS Unity Award. Awarded to SDSU MSAT and College of Nursing by SDSU College of Health and Human Services for our interprofessional education patient care simulation event, 2024

Living our Values Award, San Diego State University College of Health and Human Services, 2024

Distinguished Alumnus, San Diego State University, Department of Exercise and Nutritional Sciences. 2020

NATA Foundation doctoral scholarship recipient: Pete Demers Memorial Scholarship, 2020

Rocky Mountain Athletic Trainers' Association scholarship recipient: 2019

President's Scholarship, AT Still University Doctor of Athletic Training program: 2018

Preceptor of the Year: University of Texas Athletic Training Program, April 2016

NATA College and University Athletic Trainers Committee Division I "Above and Beyond" award recipient: June 2008

Athletic Trainer of the Month: Oregon Athletic Trainers' Society, October 2006

NATA Foundation Undergraduate Scholarship recipient: 2004

OTHER ACTIVITIES

Advisor, San Diego State University's Future Athletic Trainers' Society (FATS): Fall 2023 - Present

Volunteer and member, Flood Church: 2023 – Present

Miramonte Ranch Homeowners Association Board member: January 2021 – June 2023

Finance team member, Gospel Life Church: 2020 & 2021

Volunteer and Member, Gospel Life Church: 2018 - 2021

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Volunteer, The Austin Stone Church: 2013 – 2016

Volunteer, Athletes in Action ministry at the University of Texas at Austin: 2012 – Present

Mission Trip with Athletes in Action organization to Tegucigalpa, Honduras. June 2009