

CURRICULUM VITAE**Jennifer Green, PhD**

Assistant Professor

School of Exercise and Nutritional Sciences

San Diego State University

5500 Campanile Drive

San Diego, CA 92182-1308

(619) 594-6489

jgreen5@sdsu.edu

<https://ens.sdsu.edu/people/faculty/green-jennifer>www.mbw.sdsu.edu

EDUCATION

August 2019
Doctor of PhilosophyArizona State University
Exercise and Nutritional Sciences
Focus: Health behavior and promotionAugust 2019
Graduate CertificateArizona State University
Assessment of Integrative HealthAugust 2015
Master of ScienceArizona State University
Exercise and Wellness
Focus: Physical activity and health promotionAugust 2011
Bachelor of ScienceUniversity of Utah
Exercise and Sport Science
Focus: Fitness Leadership

ACADEMIC AND RESEARCH POSITIONS HELD

January 2023 – Present
San Diego State UniversityAssistant Professor
School of Exercise and Nutritional SciencesFebruary 2022 – December 2022
Johnson & JohnsonBehavioral Scientist
Health and Wellness SolutionsJune 2020 – February 2022
Arizona State University/Calm.com, Inc.Postdoctoral Researcher
College of Health SolutionsJuly 2018 – December 2021
Bryan UniversityAdjunct Faculty
Fitness and Exercise ScienceAugust 2014 – August 2019
Arizona State UniversityGraduate Research Assistant
College of Health Solutions

REFEREED JOURNAL ARTICLES¹

Before Tenure and Promotion

*Student mentee

1. Hawley, N., * **Green, J.**, Ahlich, E., Hauff, C., Hermer, J., Skiba, M., James, D., and Nash, S. (2024) Patient perspectives of weight stigma across the cancer continuum: A scoping review. *Cancer Medicine*, 00:1-12. DOI: <https://doi.org/10.1002/cam4.6882>.
Rank: 81/333, Biology – Cancer Research; Acceptance Rate: 23%; Impact Factor: 4.0
Contributions: conceptualization, formal analysis, and writing – original draft, review, and editing.
2. Weng, Y., **Green, J.**, Yu, J., Zhang, H., & Hua, C. (2023). The Relationship Between Incidence of Cesarean Section and Physical Activity during Pregnancy among Pregnant Women of Diverse Age Groups: Dose-Response Meta-Analysis. *International Journal of Gynecology & Obstetrics*, 1-12. DOI: 10.1002/ijgo.14915.
Rank: 39/209, Medicine – Obstetrics and Gynecology; Acceptance Rate: 27%; Impact Factor: 3.8
Contributions: writing – original draft, review, and editing.
3. Puzia, M., **Green, J.**, Clarke, C., Cloonan, S., & Huberty, J. (2022) Examining the associations of using the Calm app with team mindfulness and psychological safety in remote workers. *Environmental and Occupational Health Practice*, 4(1). DOI: <https://doi.org/10.1539/eohp.2022-0001-OA>.
Rank: unknown; Acceptance Rate: unknown; Impact Factor: unknown
Contributions: writing – original draft, review, and editing.
4. **Green, J.**, Neher, T., Puzia, M., Laird, B., & Huberty, J. (2022). Pregnant women's use of a consumer-based meditation mobile app: A descriptive study. *Digital Health*, 8. DOI: 10.1177/20552076221089098.
Rank: 156/310, Computer Science – Health Professions; Acceptance Rate: 32.7%; Impact Factor: 3.9
Contributions: conceptualization, formal analysis, methodology, investigation, and writing – original draft, review, and editing.
5. Sullivan, M., Huberty, J., **Green, J.**, & Cacciatore, J. (2022). Adding a Facebook support group to an online yoga randomized trial for women who have experienced stillbirth: A feasibility study. *Journal of Integrative Complementary Medicine*, 8(2), 179-187. DOI: 10.1089/jicm.2021.0097.
Rank: 31/105, Medicine – Complementary and Alternative Medicine; Acceptance Rate: 18%; Impact Factor: 2.3
Contributions: writing –review and editing.
6. **Green, J.**, Larkey, L., Leiferman, J., Buman, M., Oh, C., & Huberty, J. (2022). Prenatal yoga and excessive gestational weight gain: A review of evidence and potential mechanisms. *Complementary Therapies in Clinical Practice*, 46. DOI: 10.1016/j.ctcp.2022.101551.
Rank: 16/105, Medicine – Complementary and Alternative Medicine; Acceptance Rate: unknown; Impact Factor: 3.0
Contributions: conceptualization, formal analysis, methodology, investigation, writing – original draft, review, and editing, supervision, project administration, and funding acquisition.
7. Huberty, J., Sullivan, M., **Green, J.**, Gorczyca, A., Leiferman, J., & Fuller, K. (2021). Running behaviors in a convenience sample of pregnant women: A descriptive study. *International Journal of Women's Health and Wellness* 7(1), 1-7. DOI: 10.23937/2474-1353/1510120.
Rank: unknown; Acceptance Rate: 23%; Impact Factor: 2.6
Contributions: formal analysis, and writing – original draft, review, and editing.
8. Neher, T., **Green, J.**, Puzia, M., & Huberty, J. (2021). Describing the use of a mindfulness-based app for sleep and well-being, across age, in children. *Child & Youth Care Forum*, 1-20. DOI: <https://doi.org/10.1007/s10566-021-09651-z>.
Rank: 112/604, Social Sciences – Life-span and Life-course Studies; Acceptance Rate: unknown; Impact Factor: 1.8

¹ Prior to 2019 articles were published with my former name: Jennifer Matthews.

Contributions: formal analysis, methodology, investigation, writing – original draft, review, and editing, and supervision.

9. Huberty, J., Puzia, M., **Green, J.**, Vlides-Henry, R., Larkey, L., Irwin, M., & Vranceanu. (2021). A mindfulness meditation mobile app improves depression and anxiety in adults with sleep disturbance: A secondary analysis of a randomized controlled trial. *General Hospital Psychiatry*, 73, 30-37. DOI: <https://doi.org/10.1016/j.genhosppsych.2021.09.004>.
Rank: 51/567, Medicine: Psychiatry and Mental Health; Acceptance Rate: 21%; Impact Factor: 7.0
Contributions: writing –review and editing.
10. **Green, J.**, James, D., Larkey, L., Leiferman, J., Buman, M., Oh, C., & Huberty, J. (2021). A qualitative investigation of a prenatal yoga intervention to prevent excessive gestational weight gain: A thematic analysis of interviews with pregnant women. *Complementary Therapies in Clinical Practice*, 44, 101414. DOI: 10.1016/j.ctcp.2021.101414.
Rank: 16/105, Medicine – Complementary and Alternative Medicine; Acceptance Rate: unknown; Impact Factor: 3.0
Contributions: conceptualization, formal analysis, methodology, investigation, writing – original draft, review, and editing, supervision, project administration, and funding acquisition.
11. Huberty, J., **Green, J.**, Puzia, M. & Stecher, C. (2021). Evaluation of mood check-in feature for participation in meditation mobile app users: Retrospective longitudinal analysis. *JMIR Mhealth Uhealth*, 9(4): e27106. DOI: 10.2196/27106.
Rank: 13/138, Medicine, Health Informatics; Acceptance Rate: unknown; Impact Factor: 6.2
Contributions: writing – original draft, review, and editing.
12. **Green, J.**, Huberty, H., Puzia, M., & Stecher, C. (2021). The Effect of Meditation and Physical Activity on the Mental Health Impact of COVID-19–Related Stress and Attention to News Among Mobile App Users in the United States: Cross-sectional Survey. *JMIR Mental Health*, 8(4): e28479. DOI: 10.2196/28479.
Rank: unknown; Acceptance Rate: unknown; Impact Factor: 5.8
Contributions: conceptualization, formal analysis, methodology, and writing – original draft, review, and editing.
13. Huberty, J., Puzia, M., **Green, J.**, & Stecher, C. (2021) Mental health and meditation practices of pregnant women during COVID-19. *Obstetrics and Gynecology Research*, 4, 001-006. DOI: 10.26502/ogr048.
Rank: unknown; Acceptance Rate: 11.01%; Impact Factor: 3.2
Contributions: conceptualization, investigation, and writing – original draft, review, and editing.
14. Huberty, J., **Green, J.**, Puzia, M.E., Larkey, L., Liard, B., Vranceanu., A.M., Vlides-Henry, R.D., & Irwin, M.R. (2021). Testing a mindfulness meditation mobile app, Calm, for the treatment of daytime symptoms in adults with sleep disturbance: A randomized controlled trial. *PLOS ONE*, 16(1): e0244717.h. DOI: <https://doi.org/10.1371/journal.pone.0244717>.
Rank: 18/171, Multidisciplinary; Acceptance Rate: 30.82%; Impact Factor: 2.9
Contributions: writing – original draft, review, and editing.
15. Huberty, J., Sullivan, M., **Green, J.**, Kurka, J., Leiferman, J., Gold, K., & Cacciatore, J. (2020). Online yoga to reduce post-traumatic stress in women who have experienced stillbirth: A randomized control feasibility trial. *BMC Complementary Medicine and Therapies*, 20(1), 1-19. DOI: <https://doi.org/10.1186/s12906-020-02926-3>.
Rank: 18/105, Medicine – Complementary and Alternative Medicine; Acceptance Rate: unknown; Impact Factor: 3.9
Contributions: investigation, writing – original draft, review, and editing, and project administration.
16. Puzia, M., Laird, B., **Green, J.**, & Huberty, J. (2020). Parent's Perceptions of Children's Engagement in a Consumer-based Meditation Mobile App. *JMIR Pediatrics and Parenting*, 3(2): e24536. DOI: 10.2196/24536.
Rank: 55/330, Medicine – Health Informatics, Pediatrics, Perinatology and Child Health; Acceptance Rate: unknown; Impact Factor: 4.5
Contributions: methodology, investigation, writing –review, and editing, and supervision.

17. Huberty, J., **Green, J.**, Cacciatore, J., Gold, K., & Leiferman, J. (2019). An iterative design process to develop a randomized feasibility study and inform recruitment of minority women after stillbirth. *Pilot and Feasibility Studies*, 5, article 140. DOI: <https://doi.org/10.1186/s40814-019-0526-2>.
Rank: 183/398, Medicine (miscellaneous); Acceptance Rate: unknown; Impact Factor: 1.7
Contributions: methodology, writing – original draft, review, and editing, and project administration.
18. Huberty, J., **Green, J.**, Glissmann, C., Larkey, L., Puzia, M., & Lee, C. (2019). Efficacy of the mindfulness meditation mobile app “Calm” to reduce stress among college students: Randomized controlled trial. *JMIR mHealth uHealth*, 7(6), e14273. DOI: 10.2196/14273.
Rank: 13/138, Medicine – Health Informatics; Acceptance Rate: unknown; Impact Factor: 6.2
Contributions: formal analysis, methodology, and writing – original draft, review, and editing.
19. Huberty, J., **Green, J.**, Cacciatore, J., Buman, M., & Leiferman, J. (2018). Relationship between mindfulness and post-traumatic stress in women who experienced stillbirth. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 47(6), 760-770. DOI: <https://doi.org/10.1016/j.jogn.2018.09.002>.
Rank: 8/43, Nursing – Critical Care Nursing, Maternity and Midwifery, Pediatrics; Acceptance Rate: 13%; Impact Factor: 2.0
Contributions: investigation, writing – original draft, review, and editing, and project administration.
20. Huberty, J., **Matthews, J.**, Leiferman, J., & Lee, C. (2018). Use of complementary approaches in pregnant women with a history of miscarriage. *Complementary Therapies in Medicine*, 36, 1-5. DOI: <https://doi.org/10.1016/j.ctim.2017.11.003>.
Rank: 1/20, Medicine – Complementary and Alternative Medicine; Acceptance Rate: unknown; Impact Factor: 3.6
Contributions: methodology, investigation, writing – original draft, review, and editing, project administration, and funding acquisition.
21. **Matthews, J.**, Huberty, J., Leiferman, J., & Buman, M. (2018). Psychosocial predictors of gestational weight gain and the role of mindfulness. *Midwifery*, 56, 86-93. DOI: <https://doi.org/10.1016/j.midw.2017.10.008>.
Rank: 3/43, Medicine – Obstetrics and Gynecology; Acceptance Rate: 40%; Impact Factor: 2.7
Contributions: conceptualization, formal analysis, methodology, investigation, writing – original draft, review, and editing, supervision, project administration, and funding acquisition.
22. Huberty, J., **Matthews, J.**, Toledo, M., Smith, L., Jarrett, C., Duncan, B., & Buman, M. (2018). Vinyasa Flow: Metabolic cost and validation of hip- and wrist-worn wearable sensors. *Journal for the Measurement of Physical Behaviour*, 1(4), 174-180. DOI: <https://doi.org/10.1123/jmpb.2017-0010>.
Rank: 59/168, Medicine – Public Health, Environmental and Occupational Health; Acceptance Rate: 49%; Impact Factor: 1.7
Contributions: investigation, writing – original draft, review, and editing, and project administration.
23. Huberty, J., **Matthews, J.**, Leiferman, J., & Cacciatore, J. (2017). Experiences of women who participated in a beta-test for an online-streamed yoga intervention. *International Journal of Yoga Therapy*, 27(1), 59-68. DOI: <https://doi.org/10.17761/1531-2054-27.1.59>.
Rank: 11/20, Health Professions – Complementary and Manual Therapy, Physical Therapy, Sports Therapy and Rehabilitation; Acceptance Rate: unknown; Impact Factor: .357
Contributions: investigation, writing – original draft, review, and editing, and project administration.
24. **Matthews, J.**, Huberty, J., Leiferman, J., McClain, D., & Larkey, L. (2017). Perceptions, uses of, and interests in alternative health care approaches in depressed pregnant women: The PAW survey. *JEBCAM*, 22(1), 81-95. DOI: 10.1177/2156587216641829.
Rank: 24/108, Complementary and Alternative Medicine; Acceptance Rate: 8%; Impact Factor: 3.3
Contributions: conceptualization, formal analysis, methodology, investigation, writing – original draft, review, and editing, supervision, project administration, and funding acquisition.
25. Huberty, J., Leiferman, J., Kruper, A., Jacobson, L., Waring, M., **Matthews, J.**, Wischenka, D., Braxter, B., & Kornfield, S. (2017). Exploring the need for interventions to manage weight and stress during inter-conception. *Journal of Behavioral Medicine*, 40(1), 145-158. DOI: 10.1007/s10865-016-9813-z.
Rank: 39/216, Medicine – Psychiatry and Mental Health; Acceptance Rate: unknown; Impact Factor: 3.1

Contributions: conceptualization, and writing – original draft, review, and editing.

26. Huberty, J., **Matthews, J.**, Leiferman, J., Hermer, J., & Cacciatore, J. (2017). When a Baby Dies: A systematic review of experimental interventions for women after stillbirth. *Reproductive Sciences*, 24(7), 967-975. DOI: <https://doi.org/10.1177/1933719116670518>.
Rank: 43/209, Medicine – Obstetrics and Gynecology; Acceptance Rate: unknown; Impact Factor: 2.9
Contributions: formal analysis, methodology, investigation, and writing – original draft, review, and editing.
27. Huberty, J., **Matthews, J.**, Leiferman, J., Cacciatore, J., & Gold, K. (2017). A study protocol of a three-group randomized feasibility trial of an online yoga intervention for mothers after stillbirth (The Mindful Health Study). *Pilot and Feasibility Studies*, 4(1), 12. DOI: <https://doi.org/10.1177/1933719116670518>.
Rank: 183/398, Medicine (miscellaneous); Acceptance Rate: unknown; Impact Factor: 1.7
Contributions: methodology, writing – original draft, review, and editing, and project administration.

REFEREED BOOK CHAPTERS

Before Tenure and Promotion

1. Mattson, R., **Green, J.**, & Kerr, J. (2025) *Preconception and prenatal nutrition: Advancing maternal and fetal health through science and equity*. In *The essential guide to maternal and child health*. IntechOpen. doi: 10.5772/intechopen.1010613

REFEREED PROCEEDINGS

Before Tenure and Promotion

*Student mentee

1. **Green, J.**, Pham, T., & LaRowe, L. Building a Program of Intervention Research: Partnerships, Pivots, and Pathways to Independence. Submitted Symposium to the Society of Behavioral Medicine Annual Meeting, Atlanta, GA, April 2027.
2. **Green, J.**, Rivera, C., Gallo, L., Roesch, S., Burnett-Zeigler, I., & Vranceanu, A.M. Multilevel influences on mindfulness meditation app adoption and engagement among Black American adults with elevated stress. Submitted Poster Presentation to the Society of Behavioral Medicine Annual Meeting, Atlanta, GA, April 2027.
3. Yamamoto, A.,* Weber Rawlins, M., **Green, J.**, Lindsay, A., & Radzak, K. Knowledge consumption and desired resources for physical activity during the perinatal period: A qualitative study. Poster presentation to the American College of Sports Medicine Annual Meeting, Salt Lake City, UT, May 2026.
4. Yamamoto, A.,* Weber Rawlins, M., **Green, J.**, Lindsay, A., & Radzak, K. Benefits and barriers to physical activity during pregnancy and postpartum: A qualitative study among women in Clark County, Nevada. Poster session at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Philadelphia, PA, June 2026.
5. Pham, T., **Green, J.**, & LaRowe, L. Advancing Health Equity through Behavioral Intervention Adaptation: Translating Qualitative Findings into Action. Symposium at the Society of Behavioral Medicine Annual Meeting, Chicago, IL, March 2026.
6. Ahlich, E., **Green, J.**, Nash, S., Hauff, C., Wissler-Gerdes, E., Henderson, R.,* & Skiba, M. Weight Stigma Across the Breast Cancer Care Continuum: Patient Experiences and Recommendations. The Obesity Society, Obesity Week, Atlanta, GA, November 2025.
7. **Green, J.**, Akins, D.,* Liu, M.,* & Henderson, M. Digital mind-body interventions to improve mental well-being in pregnant racial and ethnic minority women: A systematic review. Society of Behavioral Medicine Annual Meeting, San Francisco, CA, March 2025.
8. **Green, J.**, Weiner, L., & Blazek, S. Collaborative Research Excellence: A Workshop on Academic-Industry Research Operations. Pre-conference course at the Society of Behavioral Medicine Conference, Philadelphia, PA, March 2024.
9. Hawley, N.A.,* James, D.L., Nash, S., **Green, J.**, Ahlich, E., & Hauff, C., Hermer, J., & Skiba, M.B. Patient Perspectives of Weight Stigma and Bias Across the Cancer Continuum: A scoping review. Society of Behavioral Medicine Conference, Philadelphia, PA, March 2024.

10. Blazek, E., Weiner, L., & **Green, J.** Research Ops 101: Defining the Processes and Procedures of Research Across Digital Health Industry and Academic Settings. Symposium at the Society of Behavioral Medicine Conference, Phoenix, AZ, April 2023.
11. Kipping, R.,* Schmied, E., Huberty, J., **Green, J.**, & Sullivan, M. Social media use by pregnant people seeking health-related information: a descriptive study. Poster session at the American Public Health Association Annual Meeting & Expo, Boston, MA, November 2022.
12. **Green, J.**, Neher, T., & Huberty, J. Pregnant women's use and perceptions of a commercial mindfulness meditation mobile app: A descriptive survey. Live Research Spotlight and Recorded Research Spotlight at the Society of Behavioral Medicine Conference, Baltimore, MD, April 2022.
13. Huberty, J., Sullivan, M., Cacciatore, J., Leiferman, J., & **Green J.** Feasibility of a home-based online yoga intervention in women who have experienced stillbirth. Paper session at the Society of Behavioral Medicine Conference, San Francisco, CA, April 2020. *Cancelled due to COVID-19.*
14. Kinser, P., Huberty, J., Haga, S., Garthus-Niegel, S., Thacker, L., Jallo, N., Serlin, D., Sullivan, M., **Matthews, J.**, & Drozd, F. Mama Mia- A U.S. based pilot study of an internet intervention for perinatal depressive symptoms. Presentation at the Norwegian Society for Research on Internet Interventions, May 2019.
15. **Green, J.**, Glissmann, C., Larkey, L., Sebren, A., Lee, C., & Huberty, J. Impact of an 8-week mindfulness-based meditation mobile app on stress, mindfulness, and self-compassion in college students. Poster session at the Society of Behavioral Medicine Conference, Washington D.C., March 2019.
16. **Green, J.**, Gorczyca, A., & Huberty, J. Self-reported physical activity, lifestyle factors, and health care provider recommendations in active and non-active pregnant women. Symposium at the Society of Behavioral Medicine Conference, Washington D.C., March 2019.
17. **Matthews, J.**, Huberty, J., Toledo, M., Hand, L., & Buman, M. Vinyasa Flow: Metabolic cost and lab-based estimates with hip- and wrist-worn wearable sensors. Poster session at the Society of Behavioral Medicine Conference, New Orleans, LA, April 2018.
18. Huberty, J., **Matthews, J.**, Leiferman, J., Mitchell, J., Cacciatore, J., & Gold, K. Study protocol and phase one findings for a feasibility trial of an online yoga intervention for mothers after stillbirth. Symposium at the Society of Behavioral Medicine Conference, New Orleans, LA, April 2018.
19. **Matthews, J.**, Huberty, J., & Leiferman, J. Differences in stressors and coping strategies of pregnant women with low-moderate and high-severe perceived stress scores. Symposium for the Society of Behavioral Medicine Conference, San Diego, CA, March 2017.
20. **Matthews, J.**, Huberty, J., & Leiferman, J. Physical activity recommendations of health care providers: A pregnant patient's perspective. Oral presentation at the North American Society for Psychosocial Obstetrics & Gynecology Conference, New York, NY, April 2016.
21. Huberty, J., **Matthews, J.**, Leiferman, J., Cacciatore, J., & McClain, D. Mental health and physical activity in mothers after stillbirth. Poster presentation at the North American Society for Psychosocial Obstetrics & Gynecology Conference, New York, NY, April 2016.
22. **Matthews, J.**, Huberty J., Leiferman, J., Larkey, L., & McClain, D. Examining the associations among gestational weight gain, behavioral factors, and maternal mental health during pregnancy. Poster Session at the Society of Behavioral Medicine Conference, Washington D.C., March 2016.
23. Huberty, J., **Matthews, J.**, & Kinser, P. Complementary approaches for mental health across the perinatal period. Symposium for the Society of Behavioral Medicine Conference, Washington D.C., March 2016.
24. Huberty, J., Mitchell, J., & **Matthews, J.** Connecting a national community of mothers to online yoga therapy to reduce PTSD symptoms after stillbirth. Oral presentation at the International Association of Yoga Therapists Conference, Los Angeles, CA, June 2015.

PUBLICATIONS IN PROCESS

Before Tenure and Promotion

1. **Green, J.,** Nash, S., Hauff, C., Skiba, M., Gerdes, E., Henderson, R.*, Larsen, J., & Ahlich, E. (2026). The Lived Experiences of Weight Stigma in Breast Cancer Care: A Qualitative Interview Study. *Cancer Reports* (In Review – May 2026).

SCHOLARLY AWARDS

Before Tenure and Promotion

1. 2019 – Arizona State University: ENS PhD Student Block Grant Award
2. 2019 – Arizona State University: John and Elizabeth Ainsworth Travel Award
3. 2019 – Arizona State University: GPSA Travel Award
4. 2018 – Mind & Life Institute: International Symposium for Contemplative Research Registration Scholarship
5. 2018 – Arizona State University: ENS PhD Student Block Grant Award
6. 2018 – Arizona State University: GPSA Travel Award
7. 2017 – Arizona State University: ENS PhD Student Block Grant Award
8. 2017 – Kripalu Institute for Extraordinary Living: Samuel B. Hanser Visionary Award for Yoga Research
9. 2017 – Arizona State University: GPSA Travel Award
10. 2016 – Pregnancy Loss and Infant Death Awareness (PLIDA): Conference Scholarship
11. 2016 – Arizona State University: John and Elizabeth Ainsworth Travel Award
12. 2016 – Arizona State University: GPSA Travel Award
13. 2016 – Arizona State University: Graduate Education Travel Award
14. 2016 – Society of Behavioral Medicine Obesity & Eating Disorders SIG: Excellence in Research Award

FUNDED RESEARCH GRANTS

Before Tenure and Promotion

1. \$7,500 – A pilot study testing the feasibility of a prenatal yoga app in African American women, PI, San Diego State University Research Foundation, Acceptance Rate: 56%, 11/2023 – 12/2024.
2. \$8,000 – A cross-sectional survey assessing perceived stress, everyday discrimination, social support, and the use of and interest in mHealth delivered mindfulness-based practices in racial/ethnic minorities, PI, Arizona State University Institute for Social Science Research, Acceptance Rate: unknown, 2020 – 2021.
3. \$2,000 – The Power of Yoga: Investigating the feasibility and preliminary effects of yoga on excessive gestational weight gain, PI, Arizona State University Graduate and Professional Student Association, Acceptance Rate: unknown, 2018 – 2019.
4. \$10,000 - The Power of Yoga: Investigating the feasibility and preliminary effects of yoga on excessive gestational weight gain, PI, Kripalu Institute- Hanser Award, Acceptance Rate: unknown, 2017 – 2018.
5. \$3,500 – Interest in Alternative Approaches for Gestational Weight Gain and Maternal Stress Management During Pregnancy: A Survey, PI, Arizona State University Sun Devils Athletics Department, Acceptance Rate: unknown, 2015 – 2016.

FUNDED TRAINING GRANTS

Before Tenure and Promotion

1. \$758,361 – Culturally tailoring a mindfulness meditation mobile app to reduce psychological distress in African American adults (K01AT012650-01A1), PI, National Center for Complementary and Integrative Health, Acceptance Rate: 33%, 9/2024 – 9/2029. Score 25.

GRANTS SUBMITTED

Before Tenure and Promotion

Not funded

1. NIH Loan Repayment Program (LRP) - Adapting a mindfulness meditation app to reduce psychological distress in African American adults: A culturally informed approach (1L60AT014023-01), PI, National Center for Complementary and Integrative Health, Acceptance Rate: 53%, 11/2025 – 11/2026.

2. NIH Loan Repayment Program (LRP) - Adapting a mindfulness meditation app to reduce psychological distress in African American adults: A culturally informed approach (1L60AT013533-01), PI, National Center for Complementary and Integrative Health, Acceptance Rate: 50%, 11/2024 – 11/2025.
3. \$720,490 – Culturally tailoring a mindfulness meditation mobile app to reduce psychological distress in African American adults (1K01AT012650-01), PI, National Center for Complementary and Integrative Health, Acceptance Rate: 38%, 2/2023 – 2/2028. Score: 38.
4. \$684,408 – Culturally tailoring a mindfulness meditation mobile app to reduce psychological distress in Black adults (1K01AT011770-01A1), PI, National Center for Complementary and Integrative Health, Acceptance Rate: 32%, 11/2021 – 2/2026. Score: 39.
5. \$682,315 – Culturally tailoring a mindfulness meditation mobile app to reduce psychological distress in Black adults (1K01AT011770-01), PI, National Center for Complementary and Integrative Health, Acceptance Rate: 32%, 2/2021 – 2/2026. Score: Not discussed.
6. \$86,059 – The Power of Yoga: Investigating the feasibility and preliminary effects of yoga on excessive gestational weight gain (1F31HD091943-01), PI, National Institute of Child Health and Human Development, Acceptance Rate: 24%, 8/2016 – 2/2018. Score: Not discussed.
7. \$5,000 – The Power of Yoga: Investigating the feasibility and preliminary effects of yoga on excessive gestational weight gain, PI, American College of Sports Medicine Foundation Dissertation Grant, Acceptance Rate: unknown, 2016.

PROFESSIONAL CERTIFICATIONS AND TRAINING

Before Tenure and Promotion

1. 2026 – Present Certified Intuitive Eating Counselor
2. 2018 – Present Yoga Alliance 500-Hour Registered Yoga Teacher
3. 2018 – Present MISS Foundation Compassionate Bereavement Care (CBC) Certified Provider
4. 2017 – Present 200-Hour Hatha Yoga Teacher Training Certification (AyurYoga Eco-Ashram, India)
5. 2012 – Present 1000-Hour Hatha Yoga Teacher Training Certification (InBody Academy, Utah)

PARTICIPATION IN PROFESSIONAL ASSOCIATIONS

Before Tenure and Promotion

1. 2023 – Present Partners for Advancing Health Equity, Member
2. 2022 – Present Society for Digital Mental Health, Member
3. 2021 – Present Digital Mental Health Hub, Member
4. 2018 – Present American Mindfulness Research Association, Member
5. 2018 – Present Yoga Alliance, Member
6. 2016 – Present American College of Sports Medicine, Member
7. 2015 – Present Society of Behavioral Medicine, Member

WORKS-IN-PROGRESS

*Student mentee

1. Nash, S., Hauff, C., Skiba, M., Gerdes, E., Henderson, R.*, Larsen, J., Ahlich, E & **Green, J.**, (2026). Patient resilience and recommendations for weight-inclusive cancer care: A qualitative interview study. *Cancer Medicine* (In preparation – writing).
2. **Green, J.**, Rivera, C.*, Burnett-Zeigler, I., Roesch, S., Gallo, L., & Vranceanu, A. Multilevel factors influencing mindfulness meditation app adoption and engagement among Black American adults with elevated stress: A qualitative focus group study. *JMIR mHealth and uHealth*. (In preparation for submission – final reviews).
3. **Green, J.**, Erickson, M.*, Rivera, C.*, & Guenther, S.* Testing the feasibility of a prenatal yoga mobile app in African American women. *Journal of racial and ethnic health disparities*. (In preparation – data analysis, writing).

4. **Green, J., Erickson, M.*, Rivera, C.*, & Guenther, S.*** Exploring African American Women's Experiences with a Prenatal Yoga App Intervention: A Qualitative Study. *Complementary therapies in clinical practice*. (In preparation – data analysis, writing).
5. **Erickson, M.* & Green, J.** Associations Between Daily Physical Activity and Prenatal Yoga App Engagement Among Pregnant African American Women. *Journal of physical activity and health*. (In preparation – data analysis, writing).
6. **Green, J., Akins, D.*, Liu, M.*, & Henderson, M.** Digital mind-body interventions to improve mental well-being in pregnant racial and ethnic minority women: A systematic review. *Journal of integrative medicine* (In preparation – writing).
7. **Green, J., Rivera, C.*, Burnett-Zeigler, I., Roesch, S., Gallo, L., & Vranceanu, A.** Culturally tailoring a mindfulness meditation app for stressed African American adults: A protocol for a mixed-methods study. *JMIR research protocols*. (In preparation – writing).
8. **Akins, D.*, Teal., N., McClain, A., Mattson, R., Roesch, S., & Green., J.** A Cross-Sectional Study Assessing Stress, Discrimination, Food Insecurity, Diet Quality, And Physical Activity in Pregnant Women. *Women's health issues*. (In preparation for submission – final formatting).
9. **Anaya, A.*, Teal., N., McClain, A., Mattson, R., & Green., J.** Exploring Preconception Health Behaviors in Hispanic Women: A Qualitative Analysis Guided by the Theory of Planned Behavior. *Women and birth*. (In preparation – writing).

TEACHING EFFECTIVENESS

Thesis (Plan A), Chair

- | | |
|-----------|---|
| Fall 2025 | Aurora Anaya, Masters in Nutritional Sciences, “From Intentions to Action: Preconception Health Behaviors in Hispanic Women Guided by the Theory of Planned Behavior.” Defended October 2025. |
| Fall 2025 | Destiny Akins, Masters in Nutritional Sciences, “A cross-sectional study assessing stress, food insecurity, diet quality, and physical activity in pregnant African American women.” Defended October 2025. |

Thesis (Plan A), Committee member

- | | |
|-------------|---|
| Spring 2022 | Meredith Munn, UG (Arizona State University), “Identifying the active ingredients of an app-based mindful movement program.” |
| Spring 2021 | Ryann Kipping, Masters (San Diego State University), “Social media use by pregnant people seeking health-related information: a descriptive study.” |

Culminating Research Project (Plan B), Chair

- | | |
|-------------|---|
| Spring 2027 | Malone Erickson, MS in Exercise Physiology, “Relationship Between Daily Physical Activity Patterns and Prenatal Yoga App Engagement Among Pregnant African American Women: A Feasibility Study Using Wearable and Survey Data.” |
| Spring 2027 | Sierra Guenther, MS in Nutritional Sciences, “A Non-Diet Approach to Gestational Weight Gain: Evaluating the Feasibility and Dietary Quality Outcomes of an Intuitive Eating Intervention in Pregnancy.” |
| Spring 2027 | Clarisse Rivera, MS in Nutritional Sciences, “A Pilot Randomized Controlled Trial of an Online Intuitive Eating Intervention to Manage Gestational Weight Gain During Pregnancy.” |

Internship, Advisor

- | | |
|-------------|---|
| 2023 – 2024 | Zamira Smith, UG, Public Health Internship (PH 497) |
|-------------|---|

Special Studies, Advisor

- | | |
|-----------|---|
| Fall 2026 | Sierra Guenther, MS in Nutritional Sciences, ENS 797 (3 CR) |
|-----------|---|

Fall 2026	Malone Erickson, MS in Exercise Physiology, ENS 797 (3 CR)
Fall 2026	Aina Merino Martinez, UG in Biology, BIO 495 (3CR)
Spring 2026	Sierra Guenther, MS in Nutritional Sciences, ENS 797 (3 CR)
Spring 2026	Clarisse Rivera, MS in Nutritional Sciences, ENS 797 (3 CR)
Spring 2026	Marina Wolowicz, UG in Biology, BIO 495 (3CR)
Fall 2025	Aurora Anaya, Masters, ENS 797 (2CR)
Fall 2025	Aurora Anaya, Masters, NUTR 799A (3CR)
Fall 2025	Destiny Akins, Masters, ENS 797 (2 CR)
Fall 2025	Destiny Akins, Masters, ENS 799A (3CR)
Spring 2025	Aurora Anaya, Masters, ENS 797 (2 CR)
Spring 2025	Destiny Akins, Masters, ENS 797 (2 CR)
Fall 2024	Destiny Akins, Masters, ENS 798 (2 CR)

Fellowship, Advisor

Spring 2026	Aina Merino Martinez, UG, Weber Honors College Research Fellow
Spring 2026	Marina Wolowicz, UG, Weber Honors College Research Fellow
2023 – 2025	Kaylee Childers, UG, ENS Thom McKenzie Fellowship
2023 – 2024	Olivia Harris, UG, ENS Thom McKenzie Fellowship

Staff Research Assistants, Advisor

2024 – Present	Radia Omer, UG in Public Health
2024 – Present	Clarisse Rivera, Masters in Nutritional Sciences

Student Research Volunteers

Fall 2026	Tara Martinez, BS in Kinesiology – Pre-PT
2026 – Present	Brandon Deal, BS in Kinesiology – Pre-PT
2025 - 2026	Caitlyn Cu, BS in Kinesiology – Pre-PT
2025 - 2026	Becky Eingorn, BS in Kinesiology – Fitness Specialist
2025 - 2026	Devin Vitug, BS in Kinesiology – Pre-PT
2025 - 2026	Lauren Gatdula, BS in Foods and Nutrition
2025 - 2026	Molly Skinner, BS in Kinesiology – Pre-PT
2025 - 2026	Jacky Berdichevsky, BS in Kinesiology – Pre-PT

Mentored Student Research Abstracts

*Student mentee

1. Wolowicz, M.,* Martinez, A.,* Cu, C.,* Gatdula, L.,* & Green, J. *Preliminary feasibility of a prenatal yoga app for African American pregnant women.* Poster presentation at the UCSD Women's Health Symposium, May 27, 2026.
2. Guenther, S.,* Eingorn, B.,* & Green, J. *Testing feasibility and effects of an online intuitive eating intervention in pregnancy: A protocol.* Poster presentation at the annual San Diego State University Student Symposium (S3), February 27, 2026.
3. Vitug, D.,* Deal, B.,* & Green, J. *Recruitment and baseline characteristics of African American women in a prenatal yoga app study.* Oral presentation at the annual San Diego State University Student Symposium (S3), February 27, 2026.
4. Cu, C.,* Gatdula, L.,* & Green, J. *Preliminary feasibility of a prenatal yoga app intervention for African American pregnant women.* Poster presentation at the annual San Diego State University Student Symposium (S3), February 27, 2026.
S3 Award Winner: Research Award for Diversity, Inclusion, and Social Justice
5. Akins, D.,* Rivera, C.,* & Green, J. *Prenatal health care provider survey.* Oral presentation at the annual San Diego State University Student Symposium (S3), February 28, 2025.

6. Akins, D.*, Childers K.*, Harris, O.*, Smith, Z.*, & **Green, J.** *Testing the feasibility of a prenatal yoga mobile app in African American pregnant women: The Mindful Maternity Study*. Oral presentation at the annual San Diego State University Student Symposium (S3), March 1-2, 2024.

Mentored Student Research Grants

Funded

*Student mentee

1. \$1,400 – Relationship Between Daily Physical Activity Patterns and Prenatal Yoga App Engagement Among Pregnant African American Women: A Feasibility Study Using Wearable and Survey Data, Role: Advisor, PI: Malone Erickson*, School of Exercise and Nutritional Sciences Student Research Grant, Acceptance Rate: unknown, 7/2026 – 5/2027.
2. \$1,400 – A Pilot Randomized Controlled Trial of an Online Intuitive Eating Intervention to Manage Gestational Weight Gain During Pregnancy, Role: Advisor, PI: Clarisse Rivera*, School of Exercise and Nutritional Sciences Student Research Grant, Acceptance Rate: unknown, 7/2026 – 5/2027.
3. \$1,400 – A Non-Diet Approach to Gestational Weight Gain: Evaluating the Feasibility and Dietary Quality Outcomes of an Intuitive Eating Intervention in Pregnancy, Role: Advisor, PI: Sierra Guenther*, School of Exercise and Nutritional Sciences Student Research Grant, Acceptance Rate: unknown, 7/2026 – 5/2027.
4. \$3,000 – A cross-sectional study assessing stress, food insecurity, diet quality, and physical activity in pregnant African American women, Role: Advisor, PI: Destiny Akins*, College of Health and Human Services Graduate Student Research Award, Acceptance Rate: unknown, 7/2024 – 6/2025.
5. \$2,000 – A cross-sectional study assessing stress, food insecurity, diet quality, and physical activity in pregnant African American women, Role: Advisor, PI: Destiny Akins*, Exercise and Nutritional Sciences Student Research Grant, Acceptance Rate: unknown, 7/2024 – 5/2025.

Not awarded

1. \$3,000 – Using the social cognitive theory to explore adolescent girls’ knowledge, self-efficacy, and skills in food literacy and physical activity behaviors, Role: Advisor, PI: Aurora Anaya*, College of Health and Human Services Graduate Student Research Award, Acceptance Rate: unknown, 7/2024 – 6/2025.

Teaching Training or Teaching Conferences

Fall 2026	New Faculty Success Program – Asynchronous Canvas Course
Fall 2026	ENS Workshop and Retreat – AI and Academic Integrity (1 session)
Spring 2026	CHHS Workshop – Making Your Course Materials Accessible (1 session)
Fall 2025	ENS Workshop and Retreat – Student Engagement (1 session)
Summer 2025	CTL Workshop – Foundations of Effective and Inclusive Course Design (1 session)
Summer 2024	Academic Applications of Artificial Intelligence (AAAI) Micro-credential Program
Spring 2023	CTL Faculty Learning Community – Ungrading (4 sessions)
Spring 2023	CTL Workshop – Building an Inclusive Learner Centered Syllabus (1 session)

Curriculum Development and Teaching Innovations

2024 - Present	MS Kinesiology Program Development (launching Fall 2027)
Spring 2024	ENS 640 (Graduate, 3 CR), “Psychosocial Aspects of Physical Activity” Course Development
Spring 2023	ENS 410 (Undergraduate, 3 CR), “Metabolism and Weight Management”

COURSES TAUGHT

San Diego State University

Course #	Course Name	Level (i.e., upper, lower, grad)	Modality (i.e., online, in- person, hybrid)	Co - Taught?
ENS 410	<i>Metabolism and Weight Management</i>	<i>Upper</i>	<i>In-person</i>	<i>No</i>
ENS 434	<i>Promoting Healthy Eating and Physical Activity</i>	<i>Upper</i>	<i>In-person</i>	<i>No</i>

Bryan University (Phoenix, Arizona)

Course #	Course Name	Level (i.e., upper, lower, grad)	Modality (i.e., online, in- person, hybrid)	Co - Taught?
EXS 110	<i>Behavior Management</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
PTD 103	<i>Client Intake and Assessment</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
PFT 303	<i>Applied Fitness Assessment Techniques</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
PTD 101	<i>Body Sciences I</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
PTD 102	<i>Body Sciences II</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
PTD 104	<i>Programming Basics I</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
EXE 210	<i>Applied Group Training</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
EXE 210	<i>Cardiorespiratory and Flexibility Programming</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>
PFT 304	<i>Advanced Exercise Prescription for Cardiorespiratory Training</i>	<i>Lower</i>	<i>Online</i>	<i>No</i>

SERVICE

Service for the Department

1. 2026 – Present Faculty Search Committee Member, Assistant Professor of Kinesiology/Athletic Training
2. 2024 – Present Vice Chair, ENS Diversity, Equity, and Inclusion Committee
3. Spring 2025 Chair, ENS Student Grant Review Committee
4. 2023 – 2024 Member, ENS Diversity, Equity, and Inclusion Committee
5. 2023 – 2024 Faculty Search Committee Member, Assistant Professor of Physical Activity Behavioral Science
6. Fall 2023 Research Presenter, Coffee and Conversations hosted by the SDSU JEDI committee

Service for the College

1. Spring 2026 CHHS Faculty Marshal
2. Fall 2024 CHHS K Club Panel Presentation (invited)
3. 2015 – 2019 Planning Committee, College of Health Solutions Building Healthy Lifestyles Conference at Arizona State University

Service for the University

1. Spring 2026 Judge, SDSU Student Symposium (S3)
2. Spring 2025 Judge, SDSU Student Symposium (S3)
3. Fall 2024 Member, Faculty Hearing Committee
4. Spring 2024 Judge, SDSU Student Symposium (S3)
5. Spring 2024 Roundtable Host, SDSU Women in Science Society Faculty Networking Event
6. 2021 – 2022 Mentor, Arizona State University Mentor Network
7. 2019 Interviewed for Arizona State University NOW News [Article](#), “Working on your fitness: Yoga for pregnancy and new moms.”

Service for the Profession

1. Spring 2024 Webinar Presenter, Society of Behavioral Medicine, “Academic and Industry Perspectives on Evidence-Based Digital Health Intervention Development and Dissemination.”
2. 2020 – Present Data and Safety Monitoring Board Member (1R01HD100395-01; PI Patricia Kinser)
3. 2018 – Present Ad Hoc Journal Reviewer
 - The Journal of Science and Healing
 - Journal of Medical Internet Research
 - International Journal of Environmental Research and Public Health
4. 2018 - Present Abstract Reviewer, Society of Behavioral Medicine

Service for the Community

1. Summer 2025 Volunteer exhibitor at the Pregnancy Care Clinic (community baby shower event)
2. Summer 2025 Volunteer exhibitor at the THRIVE tour (community baby shower event)
3. Summer 2024 Volunteer exhibitor at the Old School Fun in the Sun Day at the Park Family Event (Sponsored by SD Black Infant Health and SD Association of Black Social Workers)
4. Spring 2024 – Present Mentor, Girl Gains (female weight lifting club founded at SDSU)
5. Spring 2024 Interviewed for NBCU Academy [Article](#), “Building a Women’s Weightlifting Movement, One Campus at a Time.”
6. Fall 2023 – Present Member, Community Advisory Board (CAB) for Black Infant Health and the Perinatal Equity Initiative