Brenda O'Day, MS, RDN, CNSC

Profile:

- Strong background in the practice and instruction of basic science and clinical nutrition
- Highly self-motivated. Proactively meets responsibilities in all held positions.
- Superior work ethic.
- Organized and efficient. Skilled at managing multiple tasks and completing priorities.

Work Experience:

Education Positions:

2000-Present

Director, Didactic Program in Dietetics (DPD) and Lecturer, San Diego State University, San Diego, California College of Exercise and Nutritional Science

Instructor for undergraduate classes: Nutrition (201), Food Science (205), Medical Nutrition Therapy (406, 407), Nutrition Education and Counseling (511)and Community Nutrition (510).
Guest lecture on nutrition assessment, public policy, and nutrition support.

2016-present

Part Time Faculty, Palomar Community College

Instructor for Fundamentals of Nutrition (165), Science of Nutrition (185), and Cultural Foods (120).

2007-present

SDSU WIC Internship Program and California RD2B Program

Plan and provide classes on a variety of MNT topics to current interns. Prepare graduating WIC interns with on-line interactive class session in the RD Exam Study Program for Interns.

2011-2021

Adjunct Faculty, Brandman University, San Diego, California

Instructor for general nutrition classes: Science of Nutrition (200) and Science of Obesity (335).

Clinical Positions:

2001-present

Advanced Practitioner-Clinical Dietitian, Sharp Healthcare, San Diego, California

Provided nutrition therapy to a variety of populations including critical care, medical, surgical, home infusion, and psychiatric patients. Precept dietetic interns and undergraduates in medical, surgical floors, critical care, nutrition support rotations, and projects. Provide presentations for professional staff on current topics in nutritional therapy. Conduct evidence-based practice and quality improvement projects. Assist in scheduling, orientation and training of distance interns across the hospital system**.** Over 16 years' experience in medical nutrition therapy in critical care patients and a member of the Nutrition and Metabolic Support Team.

1991-2001

Clinical Dietitian, Scripps Health, San Diego, California

Provided nutrition therapy to a variety of populations including critical care, medical, surgical and psychiatric patients. Conducted presentations on nutrition for professional staff including medical interns and residents.

Registration and Certification:

- Commission on Dietetic Registration Certification as Registered Dietitian, 1990
- A.S.P.E.N. Certification for Nutrition Support Clinicians, 1998, recertification 2003, 2008, 2013, 2018, 2023.

Education:

- San Diego State University, MS in Nutrition, 2009
- Massachusetts General Hospital Institute of Health Professions, Dietetic Internship, 1990
- San Diego State University, BS in Foods and Nutrition, 1988

Publications

- Primary author: "Nutrition Support" included in e-book Nutrition and Dietetics Collection. Momentum Press, 2016.

Poster Sessions and Abstracts:

- Co-Author: Efficacy of oral selenium versus intravenous supplementation in long term PN patients. Presented Poster, awarded third place at California Academy of Nutrition and Dietetics. April 30, 2023.
- Co-author: An Inter-professional Feeding Tube Team steps forward to initiate early enteral nutrition in critically ill patients. Presented as a poster at American Association of Critical Care Nurses, May 2014.
- Primary author: The impact of a multidisciplinary team on promoting early enteral nutrition in critically ill patients. Nutrition in Clinical Practice. vol. 25, NO. 1, 2010. Presented as a poster at Nutrition Week 2010.
- Primary author: The impact of a multidisciplinary surveillance team in improving glycemic control in hospitalized enteral nutrition patients. Nutrition in Clinical Practice, vol. 22, NO.1, 2007. Presented as a poster at Nutrition Week 2007. Research Award for Abstract of Distinction.
- Co-author: Implementation of the clinical pharmacist role on a glycemic surveillance team as part of a hospital wide diabetes improvement initiative. Presented as a poster at Pharmacy Conference 2006.
- Co-author: Successful glycemic management during parenteral nutrition with a comprehensive parenteral nutrition protocol implemented by a nutrition and metabolic support service. Nutrition in Clinical Practice, vol. 19, NO.1, 2004. Presented as a poster at Nutrition Week 2004.
- Co-author: Parenteral Nutrition provided for the appropriate indication: Impact of nutrition and metabolic support service interventions. Nutrition in Clinical Practice, vol. 17, NO.1, 2002. Presented as a poster at Nutrition Week 2002.

Awards:

- Distinguished Service Award, California Academy of Nutrition and Dietetics (2021)
- Outstanding Faculty and Staff Award, SDSU Mortar Board (2020)
- Excellence in Education, California Academy of Nutrition and Dietetics (2019)
- Outstanding Undergraduate Professor of the Year, San Diego State University (2014)
- Excellence in Clinical Nutrition Practice, California Dietetic Association (2009)
- Abstract of Distinction, American Society for Parenteral and Enteral Nutrition Week (2006)
- Recognized Young Dietitian of the Year, California Dietetic Association (1996)
- Outstanding Clinical Preceptor, San Diego State University Dietetic Internship Program (1995)
- Louise Hatch Award Outstanding Performance-Intern, Massachusetts General Hospital (1990)
- Phiffer Award for Outstanding Contribution, SDSU Phi Eta Sigma National Honor Society (1988)

Memberships and Professional Organization Positions:

- California Academy of Nutrition and Dietetics, Executive Board (2018-2022)
  - ✓ Vice President of Public Policy
  - ✓ Currently on the California Academy Licensure Task Force
- California Academy of Nutrition and Dietetics, San Diego District (Member since 1988)
  - ✓ Positions Held: President, Treasurer, Secretary, Bylaws Chair, Nominating Committee, Student and Affiliate Representative, Public Policy Representative
- American Society for Parenteral and Enteral Nutrition (Member since 1998)

Related Legal Experience:

2012-present
Expert Witness for U.S. District Attorney Office, Southern District of California
The Holman Law Firm, Washington
Kaiser Permanente, California

Review and provide written opinions and testimony for medical malpractice and criminal cases.
Fischer vs. Kaiser (2024)
Deposition and Court Appearances:
Davis v. USA al. 11 cv 2325 (NLS) (2012)
US v. Valdez-Medina e al, 14CR3305 (2016)
Fishbough vs. Lakewood Oaks (2021)
Mercado vs. Kaiser (2022)

Additional Compensated Presentations:

2024/2025 San Diego VA Hospital
"Advocacy for Nutrition Professionals"
2023 Nutrition Grand Rounds for Sharp Healthcare
"Efficacy of oral selenium versus intravenous supplementation in long term PN patients."
2019-Public Policy Workshop and Webinar
"Nutrition Advocacy 101-How Things Get done"
2017-Skills Roster Sharp Healthcare
"Teaching the Millennial" –Guide for Preceptors on Training the Next Generation of RD's.

2013 San Diego Dietetic Association Educational Event
"Hot Topics in Critical Care"

Grand Rounds and Skills Rosters for Sharp Healthcare (2001-current)

- "Nutrition Assessment-7 point Scale and SGA"
- "Evidence Based Practice Project: Early Enteral Feeding in Critical Care"
- "Permissive Underfeeding: Mortal Sin or Saving Virtue"
- "Therapeutic Feeding Ranges in Critical Care"
- "Nutrition in Critical Care and Trauma Patients"
- "Nutrition Week Update 2003, 2004, 2007, 2010, 2011, 2013, 2014, 2015"

2010 Sharp Healthcare Wound Symposium/2012 St Joseph's Wound Care Symposium

- "Nutrition Support in Wound Healing"