

CURRICULUM VITAE

Ashleigh M Johnson

Assistant Professor

School of Exercise and Nutritional Sciences

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[ENS Faculty Profile](#)

EDUCATION

2019 Doctor of Public Health	University of Texas Health Science Center at Houston, School of Public Health in Austin Health Promotion/Health Education (Minor: Epidemiology; Concentration: Physical Activity)
2014 Master of Public Health	University of Texas Health Science Center at Houston, School of Public Health in Austin Health Promotion and Behavioral Sciences
2011 Bachelor of Arts	Austin College Biology (Minor: Exercise and Sports Science)

TEACHING AND RESEARCH POSITIONS

Fall 2022 – Present San Diego State University	Assistant Professor School of Exercise and Nutritional Sciences
Spring 2020 – Spring 2022 Seattle Children's Research Institute	Postdoctoral Fellow Center for Child Health, Behavior, and Development
Spring 2017 – Summer 2019 University of Texas Health Science Center at Houston	Graduate Teaching Assistant School of Public Health in Austin
Fall 2016 – Fall 2018 University of Texas Health Science Center at Houston	Graduate Research Assistant School of Public Health in Austin
Spring 2014 – Fall 2015 Rice University's Baker Institute for Public Policy	Project Manager Center for Health and Biosciences, Child Health Policy

REFEREED JOURNAL ARTICLES

Before Tenure

†senior author

1. Abildso CG, Fitzhugh EC, Beck AM, **Johnson AM**, Jones DL, Meyer SM, Perry CK, Smock CR, Townsend Z, Jacobs L, Umstattd Meyer R. (2026). Adults' Leisure-Time Physical Activity Preferences and Association with Physical Activity Guidelines by Metropolitan Status, United States, 2019. *PLOS One*, 21(4): e0345026. PMID: [41920820](#)
Ranking: Q1 (Multidisciplinary); Acceptance Rate: 26%
Role: Conceptualization, Methodology, Writing – review & editing
2. Pfladderer CD, Mullane EJ, Brown DMY, Hunt ET, Lanza K, **Johnson AM**†. (2026). Rural-urban differences in perceived social and built environments and associations with physical activity among youth in the United States. *Preventive Medicine Reports*, 62:102400. PMID: [41657812](#).
Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 2.8
Role: Writing – review & editing
3. **Johnson AM**, Bocarro J, Kroshus E, Arredondo E. (2026) Development and Testing of a Sports Intervention (Girls PLAY) to Promote Physical Activity among Rural Girls: A Feasibility Study Protocol. *Pilot and Feasibility Studies*, 12(1). PMID: [4163011](#).
Ranking: Q2 (Medicine – miscellaneous); Impact Factor: 2.1
Role: Conceptualization, Writing – original draft, Writing – review & editing, Funding acquisition
4. **Johnson AM**, Prochnow T, Townsend Z, Smock CR, Beattie CM, Peterson L, Umstattd Meyer MR, Pfladderer CD. (2026) Barriers and facilitators to structured, out-of-school physical activity participation among rural youth in the United States: A systematic review. *BMC Public Health*, 26(1). PMID: [41620730](#).
Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 4.4
Role: Conceptualization, Formal analysis, Investigation, Project administration, Visualization, Writing – original draft, Writing – review & editing
Note: Listed as Significant Item 4 in the Professional Growth Statement
5. **Johnson AM**. (2026) Prevalence of Meeting Youth Physical Activity Guidelines Across Income, Sex, Urbanicity, and Sport Participation: 2022–2023 National Survey of Children's Health (NSCH). *Journal of Rural Health*, 42(1). PMID: [41454491](#).
Ranking: Q1 (Public, Environmental, Occupational Health); Impact Factor: 3.2; Acceptance Rate: 20%
Role: Conceptualization, Formal analysis, Investigation, Methodology, Project administration, Visualization, Writing – original draft, Writing – review & editing
Note: Listed as Significant Item 3 in the Professional Growth Statement
6. **Johnson AM**, Bocarro J, Kroshus E, Williams S, Arredondo E. (2025) Barriers and Facilitators of Sports Participation among Rural-dwelling, Hispanic Girls in Southwestern United States: A Qualitative Study. *BMC Public Health*, 25(1). PMID: [41469629](#).
Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 4.4
Role: Conceptualization, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Visualization, Writing – original draft, Writing – review & editing
Note: Listed as Significant Item 2 in the Professional Growth Statement
7. Pfladderer CD, Mullane EJ, Brown DMY, Burkart S, Hunt ET, **Johnson AM**, Parker H, Salvo D. (2025). Five-year trends in U.S. child and adolescent 24-hour movement behavior guideline adherence, 2018-2022. *Journal of Activity, Sedentary, and Sleep Behaviors*, 4(1). PMID: [41102787](#).
Ranking: Q2 (Public, Environmental, & Occupational Health); Impact Factor: 3.3
Role: Writing – review & editing
8. Umstattd Meyer MR, Wende ME, Stroope J, Kellstedt DK, **Johnson AM**, Gamble A, Edwards MB, Beck AM, Moore JB, Abshire DA, Anderson RE, Aytur SA, Balis LE, Davis K, Gabbert KD, Gustat J, John D, Jones DL, King KA, Needham BD, Orzech KM, Pickett AC, Rhoades RR, Riveron N, Slater S,

Smock CR, Villwock-Witte NM, Wilson K, Baskin ML, Perry CK, Abildso CG. (2025) Rural Active Living a Call to Action 2.0: 10-year review and recommendations to advance the field. *Journal of Public Health Management & Practice*, 32(1). PMID: [41525173](#).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 1.9

Role: Investigation, Writing – original draft, Writing – review & editing

9. Knell G, Yockey A, Brayton RP, **Johnson AM**, Ellis HB, Wilson PL. (2024) Temporal Trends in Single- and Multiple-Sports Team Participation Among Adolescents in the United States: Analysis Using the Youth Risk Behavior Surveillance System, 1999-2019. *Orthopedic Journal of Sports Medicine*, 12(11). PMID: [39512599](#).

Ranking: Q1 (Orthopedics and Sports Medicine); Impact Factor: 2.8

Role: Conceptualization, Writing – review & editing

10. **Johnson AM**, Zhou C, Haviland M, Mendoza J. (2024) Evaluation of a Walking School Bus Program: A Cluster Randomized Controlled Trial. *International Journal of Behavioral Nutrition and Physical Activity*, 21(55). PMID: [38730407](#).

Ranking: Q1 (Physical Therapy, Sports Therapy and Rehabilitation); Impact Factor: 8.7

Role: Writing – original draft, Writing – review & editing

Note: Listed as Significant Item 5 in the Professional Growth Statement

11. **Johnson AM**, Kroshus E, Zhou C, Steiner MK, Hafferty K, Garrett K, Tandon P. (2024) School-based Physical Activity during the COVID-19 Pandemic. *Journal of Healthy Eating and Active Living*, 4(1), 4-18. PMID: [39371374](#).

Ranking: NA; Impact Score: 0.5

Role: Writing – review & editing

12. Kohl III HW, **Johnson AM**, Dooley E, Towner B, Pate RR, Heischmidt K, Elliott EM. (2023). An Assessment of State-Level Planning for Physical Activity Promotion in the United States. *Journal of Physical Activity and Health*, 20(7), 633-638. PMID: [37185452](#).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 3.1

Role: Formal analysis, Investigation, Writing – review & editing.

13. Kroshus E, Hafferty K, Garrett K, **Johnson AM**, Webb L, Bloom A, Sullivan E, Senturia K, Tandon P. (2023). Feasibility and Acceptability of At-home Play Kits for Middle School Physical Activity Promotion during the COVID-19 Pandemic. *BMC Public Health*, 23(1), 604. PMID: [36997887](#).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 4.4

Role: Investigation, Writing – review & editing.

14. **Johnson AM**, Knell G, Walker TJ, Kroshus E. (2023) Differences in American Adolescent Sport Participation during the COVID-19 Pandemic by Learning Mode: A National Survey. *Preventive Medicine Reports*, 32:102151. PMID: [36820265](#).

Ranking: Q2 (Public, Environmental, & Occupational Health); Impact Factor: 2.8

Role: Conceptualization, Formal analysis, Funding acquisition, Investigation, Visualization, Writing – original draft, Writing – review & editing.

15. Marcynyszyn LA, McCarty CA, Chrisman SPD, Zatzick DF, **Johnson AM**, Wang J, Hilt RJ, & Rivara FP. (2023). Psychometric Properties and Validation of the General Anxiety Disorder 7-Item Scale Among Adolescents with Persistent Post-Concussive Symptoms. *Neurotrauma Reports*, 4(1), 276-283. PMID: [37139182](#).

Ranking: Q3 (Developmental Neuroscience); Impact Factor: 2.4

Role: Writing – review & editing.

16. **Johnson AM**, Tandon P, Hafferty K, Senturia K, Garrett K, Bollinger BJ, Kroshus E. (2022). Barriers and Facilitators to Comprehensive School-based Physical Activity Promotion for Adolescents Prior to and During the COVID-19 Pandemic. *Health Education Research*, 38(1), 69-83. PMID: [36458631](#).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 2.4

Role: Conceptualization, Investigation, Visualization, Writing – original draft, Writing – review & editing.

17. **Johnson AM**, Kroshus E, Hafferty K, Senturia K, Garrett K, Tandon P. (2022). Improving Use of Physical Fitness Testing Data in Middle Schools to Inform Equitable School-Wide Physical Activity

Practices: A Mixed-methods Approach. *American Journal of Health Education*, 54(1), 50-61. DOI: [10.1080/19325037.2022.2142340](https://doi.org/10.1080/19325037.2022.2142340).

Ranking: Q3 (Public, Environmental, & Occupational Health); Impact Factor: 1.0

Role: Conceptualization, Formal analysis, Investigation, Visualization, Writing – original draft, Writing – review & editing.

18. Kroshus E, Tandon PS, Zhou C, **Johnson AM**, Steiner MK, Christakis DA. (2022). Problematic Child Media Use during the COVID-19 Pandemic. *Pediatrics*, 150(3), e2021055190. PMID: [35916033](https://pubmed.ncbi.nlm.nih.gov/35916033/).

Ranking of the Journal; Acceptance Rate of the Journal; Impact Factor

Ranking: Q1 (Pediatrics); Impact Factor: 7.1

Role: Writing – review & editing.

19. **Johnson AM**, Bocarro JN, Saelens BE. (2022) Youth Sport Participation by Metropolitan Status: 2018-2019 National Survey of Children's Health (NSCH). *Research Quarterly for Exercise and Sport*, 94(4), 895-904. PMID: [35580038](https://pubmed.ncbi.nlm.nih.gov/35580038/).

Ranking: Q1 (Sports Science); Impact Factor: 2.2

Role: Conceptualization, Formal analysis, Visualization, Writing – original draft, Writing – review & editing.

20. Takagi-Stewart J, **Johnson AM**, Smith MB, Wang J, Marcynyszyn LA, Zatzick DF, McCarty CA, Rivara FP, Vavilala MS. (2022) Physician Recommended School Accommodations and Student Outcomes Following a Mild Traumatic Brain Injury among Youth with Persistent Post-concussive Symptoms. *NeuroRehabilitation*, 50(4), 467-476. PMID: [35180137](https://pubmed.ncbi.nlm.nih.gov/35180137/).

Ranking: Q2 (Rehabilitation); Impact Factor: 3.3

Role: Conceptualization, Project administration, Writing – review & editing.

21. Hilt RJ, McCarty CA, Rivara FP, Wang J, Marcynyszyn LA, Chrisman SPD, **Johnson AM**, Zatzick DF. (2022). Exploring Heterogeneity of Stepped Collaborative Care Treatment Response Trajectories after Adolescent Sports Injury Concussion. *Psychiatry*, 85(3), 270-281. PMID: [35138997](https://pubmed.ncbi.nlm.nih.gov/35138997/).

Ranking: Q2 (Psychiatry); Impact Factor: 2.4

Role: Writing – review & editing.

22. **Johnson AM**, Kroshus E, Tandon PS. (2021). Needs Assessment for Physical Activity Information During COVID-19 among a Nationally Representative Sample of Parents and Children ages 6-17 in the United States: A Cross-Sectional Study. *BMC Public Health*, 21(1), 1953. PMCID: [PMC8550808](https://pubmed.ncbi.nlm.nih.gov/35550808/).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 4.4

Role: Conceptualization, Formal analysis, Visualization, Writing – original draft, Writing – review & editing.

23. **Johnson AM**, Baker S, Haviland M, Syrjala K, Abbey-Lambert M, Chow E, Mendoza J. (2021). A Pilot Randomized Controlled Trial of a Fitbit- and Facebook-based Physical Activity Intervention for Young Adult Cancer Survivors. *Journal of Adolescent and Young Adult Oncology*, 11(4), 379-388. PMID: [34677081](https://pubmed.ncbi.nlm.nih.gov/34677081/).

Ranking: Q2 (Pediatrics, Perinatology and Child Health); Impact Factor: 2.0

Role: Writing – original draft, Writing – review & editing.

24. Tandon PS, Zhou C, **Johnson AM**, Schoenfelder Gonzalez E, Kroshus E. (2021). Association of Children's Physical Activity and Screen Time with Mental Health During the COVID-19 Pandemic. *JAMA Network Open*, 4(10), e2127892. PMCID: [PMC8486978](https://pubmed.ncbi.nlm.nih.gov/3558486978/).

Ranking: Q1 (Medicine, General, & Internal); Impact Factor: 13.8

Role: Writing – review & editing.

25. Rivara FP, Marcynyszyn LA, Wang J, Chrisman SPD, Hilt R, Zatzick DF, **Johnson AM**, Jinguji T, Quitiquit C, McCarty CA. (2021). Effect of a Collaborative Care Intervention for Youth with Persistent Postconcussive Symptoms on Academic Function in Middle and High School Youth: A Randomized Clinical Trial. *Journal of School Health*, 92(3), 261-269. DOI: [10.1111/josh.13123](https://doi.org/10.1111/josh.13123).

Ranking: Q1 (Education); Impact Factor: 2.2; Acceptance Rate: 14%

Role: Writing – review & editing.

26. **Johnson AM**, McCarty CA, Marcynyszyn LA, Zatzick DF, Chrisman SPD, Rivara FP. (2021). Child-Compared with Parent-report Ratings on Psychosocial Measures Following a Mild Traumatic Brain

Injury among Youth with Persistent Post-concussion Symptoms. *Brain Injury*, 35(5), 574-586. PMCID: [PMC8058257](#).

Ranking: Q3 (Rehabilitation); Impact Factor: 1.9

Role: Formal analysis, Visualization, Writing – original draft, Writing – review & editing.

27. **Johnson AM**, Gabriel KP, Ranjit N, Kohl III HW, Springer AE. (2021). In-school, Out-of-school, and Weekend Physical Activity Levels vary across Sociodemographic Subgroups of U.S. Adolescents. *Journal of Physical Activity and Health*, 18(4), 418-425. PMID: [33706285](#).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 3.1

Role: Conceptualization, Formal analysis, Visualization, Writing – original draft, Writing – review & editing.

28. Errisuriz VL, Dooley EE, Burford KG, **Johnson AM**, Jowers EM, Bartholomew JB. (2021). Implementation Quality Impacts Fourth Grade Students' Participation in Physically Active Academic Lessons. *Prevention Science*, 22(7), 950-959. PMID: [33797665](#).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 3.5

Role: Writing – original draft, Writing – review & editing.

29. Marcynyszyn LA, McCarty CA, Rivara FP, **Johnson AM**, Wang J, Zatzick DF. (2021). Parent Traumatic Events and Adolescent Internalizing Symptoms: The Mediating Role of Parental Depression Among Youth with Persistent Post-concussive Symptoms. *Journal of Pediatric Psychology*, 46(5), 547-556. PMCID: [PMC8355445](#).

Ranking: Q1 (Developmental and Educational Psychology); Impact Factor: 3.6

Role: Writing – review & editing.

30. Szeszulski J, Lanza K, Dooley EE, **Johnson AM**, Walker T, Knell G, Craig D, Robertson M, Salvo D, Kohl III HW. (2021). Y-PATHS: A Conceptual Framework for Classifying the Timing, How, and Setting of Youth Physical Activity. *Journal of Physical Activity and Health*, 18(3), 310-317. PMCID: [PMC8035289](#).

Ranking: Q1 (Public, Environmental, & Occupational Health); Impact Factor: 3.1

Role: Conceptualization, Visualization, Writing – original draft, Writing – review & editing.

31. **Johnson AM**, Dooley EE, Ganzar LA, Jovanovic C, Janda KM, Salvo D. (2019). Neighborhood Food Environment and Physical Activity among U.S. Adolescents. *American Journal of Preventive Medicine*, 57(1), 24-31. PMID: [31103430](#).

Ranking: Q1 (Medicine, General, & Internal); Impact Factor: 5.5

Role: Conceptualization, Writing – original draft, Writing – review & editing.

REFEREED JOURNAL ARTICLES IN REVIEW

Before Tenure

1. Knell G, Needham-Arnold B*, **Johnson AM**, Krenek-Schneider B*. Association Between Adolescent Sports Participation and Meeting Physical Activity and Sleep Guidelines. *Submitted*.
2. **Johnson AM**, Von Seggern MJ, Rogers AE, Davis K, Wilson K, Beattie C, Umstattd Meyer R. Meeting Physical Activity Guidelines among Rural, United States Youth across Age, Sex, Socioeconomic Status, and Sports Participation Subgroups: 2022-2023 National Survey of Children's Health. *Submitted*.

PUBLICATIONS IN PROCESS

Before Tenure

*student mentee

†senior author

1. **Johnson AM**, Kroshus E. Rating the Evidence Strength and Quality of Concussion Education for Athletes. *Drafting manuscript*.
2. Janda KM, Garza Hatcher S*, Needham B*, **Johnson AM**†. Nutrition Insecurity Associated with Lower Odds of Sports Participation among U.S. Adolescents: Findings from a Cross-sectional Analysis of Nationally Representative Data. *Drafting manuscript*.
3. **Johnson AM**, Bocarro J, Kroshus E, Williams S, Arredondo E. Live Prototyping and Stakeholder-Informed Adaptation of a Sport Sampling Intervention for Rural Girls. *Analyzing data*.

4. **Johnson AM**, Roke M*, et al. Adapting the 1000 Cities Challenge Methodology for Evaluating Active Living Policies in U.S. Cities. *Drafting manuscript*.
5. **Johnson AM**, [co-authors TBD]. Prevalence and Correlates of Sports Participation Among Rural U.S. Youth: Findings from a National Parent Survey. *Analyzing data*.
6. **Johnson AM**, [co-authors TBD]. Parent-Reported Changes in Child Sport Participation and Perceptions of Pandemic Impact: A National Survey. *Conceptualizing manuscript*.
7. **Johnson AM**, [co-authors TBD]. Measuring Urbanicity and Rurality in National Surveillance Systems: A Commentary on Current Practice and Recommendations for the Field. *Conceptualizing manuscript*.

PROFESSIONAL CONFERENCE PRESENTATIONS

Before Tenure

*student mentee

†senior author

1. **Johnson AM**, Carson J, Roke M*, Crist K. (2026). *Adapting 1000 Cities Challenge Methods for Evaluating Active Living Policies in United States Cities*. Accepted as an oral presentation at the International Society of Physical Activity and Health (ISPAH) Congress, October 5-8, Mérida, Mexico.
2. Pfladderer CD, Brown DMY, Salvo D, Hunt ET, Mullane E, Kapfhammer M, **Johnson AM**, Ranjit N, Hoelscher DM. (2026). *Urbanicity Attenuates Relationships between Child Opportunity Index and Physical Activity among Texas, USA Adolescents*. Accepted as a poster presentation at the International Society for Physical Activity and Health (ISPAH) Congress, October 5-8, Mérida, Mexico
3. Needham-Arnold B*, Knell G, **Johnson AM**, Krensek-Schneider B*. (2026). *Association Between Adolescent Sports Participation and Meeting Physical Activity and Sleep Guidelines*. Accepted as a poster presentation at the American College of Sports Medicine (ACSM) Annual Meeting & World Congress, May 26-29, Salt Lake City, Utah, USA.
4. **Johnson AM**, Von Seggern MJ, Rogers AE, Wilson K, Davis K, Beattie C, Umstattd Meyer MR, Carson R. (2026). *Meeting Physical Activity Guidelines among Rural, United States Youth Across Household Income, Sex, Sports Participation, and Age Subgroups: 2022-2023 National Survey of Children's Health*. Accepted as a poster presentation at the annual International Society for Behavioral Nutrition and Physical Activity, May 27-30, Cadiz, Spain.
5. Pfladderer CD, Brown DMY, **Johnson A**, Springer AE, Lanza K, Mullane EJ, Kapfhammer M, Hoelscher DM. (2026). *Age-related trends in physical activity and sleep across the U.S. urban-rural continuum: Evidence from the National Wellbeing Survey, 2021-2023*. Accepted as a lightning talk at the American Academy of Health Behavior Scientific Meeting. March 29-April 1. Austin, Texas, USA.

Scored in top 3% of submissions

6. **Johnson AM**, Prochnow T, Beattie C, Peterson L, Smock CR, Townsend Z, Umstattd Meyer R, Pfladderer C. (2025). *Barriers and facilitators to structured, out-of-school physical activity participation among rural youth in the United States: A systematic review*. Accepted as a poster presentation at the annual International Society for Behavioral Nutrition and Physical Activity, June 11-14, Auckland, New Zealand.
7. **Johnson AM**, Bocarro J, Kroshus E, Arredondo E. (2025). *Exploring factors of sport participation among rural, Hispanic girls in Southwestern United States: A qualitative study*. Accepted as a poster presentation at the annual International Society for Behavioral Nutrition and Physical Activity, June 11-14, Auckland, New Zealand.
8. **Johnson AM**, Von Seggern M, Davis K, Umstattd Meyer R, Edwards M. (2025). *Association of youth sports participation with physical activity by metropolitan status: Findings from a cross-sectional analysis of the 2022 National Survey of Children's Health*. Accepted as a poster presentation at the annual Active Living Conference, March 17-20, Manhattan, KS.

Winner: First Place Poster Award

9. Pfladderer C, Mullane E, Brown D, Hunt E, **Johnson AM**, Salvo D. (2025). *Five-year Trends in US Child and Adolescent 24-hour Guideline Adherence, 2018-2022*. Accepted as a poster presentation at the annual Active Living Conference, March 17-20, Manhattan, KS.

10. **Dionicio P***, **Johnson AM**, Gombatto S. (2025). *Exploring Momentary Factors that Influence Physical Activity Among Latinos with Chronic Spine Pain*. Accepted as a speed talk at the annual Active Living Conference, March 17-20, Manhattan, KS.
 11. Davis AS, Meyer A, **Johnson AM**, Biber D, Behrman P. (2025). *Cultivating Safe and Inclusive Spaces for Youth Physical Activity and Sport*. Accepted as a panel discussion at the annual meeting of the Society of Behavioral Medicine, March 26-29, San Francisco, CA.
 12. Janda KM¹, **Garza Hatcher S***, **Needham B***, **Johnson AM†**. (2024). *Nutrition Insecurity Associated with Lower Odds of Sports Participation among United States Adolescents: Findings from a Cross-sectional Analysis of Nationally Representative Data*. Accepted as an oral presentation at the annual International Society of Behavioral Nutrition and Physical Activity Conference, May 20-23, Omaha, NE.
- ¹**Winner: Best Oral Presentation Award (Early Career Researcher).**
13. Umstattd Meyer MR, Wende ME, Stroope J, Kellstedt DK, **Johnson AM**, Gamble A, Edwards MB, Beck AM, Moore JB, Abshire D, Anderson RE, Aytur SA, Balis L, Davis K, Gabbert KD, Gustat J, John D, Jones DL, King KA, Needham BD, Orzech KM, Pickett AC, Rhoades RR, Slater S, Smock C, Villwock-Witte NM, Baskin M, Perry C, & Abildso C. (2024). *A Rural Call to Action 2.0: Looking back and paving the way forward*. Accepted as an oral presentation at the annual Active Living Conference, March 25-28, Chattanooga, TN.
 14. **Johnson AM**, Kroshus E. (2024). *Rating the Evidence Strength and Quality of Concussion Education for Athletes*. Poster presentation at the annual meeting of the Pediatric Research in Sports Medicine (PRiSM) Society, January 25-27, Anaheim, CA.
 15. **Johnson AM**, Knell G, Walker TJ. (2023). *Differences in American Youth Sport Participation during the COVID-19 Pandemic by Socioeconomic Status: A National Survey*. Poster presentation at the annual meeting of the International Society of Behavioral Nutrition and Physical Activity (ISBNPA), June 14-17, Uppsala, Sweden.
 16. Knell G, **Johnson AM**, Pidgeon LS, Brayton RP, Walker TJ, Kohl III HW. (2023). *Associations Between Sport Participation and Achieving the Recommended Levels of Physical Activity and Sleep Among American Adolescents*. Poster presentation at the annual meeting of the American College of Sports Medicine (ACSM), May 30-June 3, Denver, CO.
 17. **Johnson AM**, Kroshus E, Hafferty K, Senturia K, Garrett K, Tandon PS. (2023). *Improving Fitness Testing Data Use to Inform Physical Activity Practices*. Oral presentation at the annual meeting of the Society for Health and Physical Educators (SHAPE). March 28-April 1, Seattle, WA.
 18. **Johnson AM**, Knell G, Walker TJ, Kroshus E. (2023). *Differences in adolescent sport participation during the COVID-19 pandemic by school attendance modality: A national survey*. Oral presentation at the annual meeting of the Active Living Conference (ACL). March 13-16, Bethesda, MD.
 19. Knell G, Brayton RP, **Johnson AM**, Kohl III HW, Messiah SM, Ellis HB, Wilson PL. (2023). *20-year trends in sport participation among United States high school students*. Podium presentation at the annual meeting of the Pediatric Research in Sports Medicine (PRISM) Annual Conference. February 2-4, Denver, CO.
 20. **Johnson AM**, Kroshus E, Hafferty K, Garrett K, McCleery J, Bloom A, Webb L, Tandon PS. (2022). *School-based physical activity during the COVID-19 pandemic: Using community-academic partnerships to identify needs and inform next steps around equitable physical activity promotion*. Poster presentation at the annual meeting of the American Public Health Association (APHA), November 6-9, Boston, MA.
 21. **Johnson AM**, Bocarro JN, Saelens BE. (2022) *Youth Sport Participation by Metropolitan Status: 2018-2019 National Survey of Children's Health (NSCH)*. Thematic poster at the annual meeting of the American College of Sports Medicine (ACSM), May 31-June 4, San Diego, CA.
 22. **Johnson AM**, Tandon PS, Zhou C, Schoenfelder Gonzalez E, Kroshus E. (2021). *Physical activity, screen time, and mental health during the COVID-19 pandemic among U.S. children*. Oral presentation at the annual meeting of the International Society for Physical Activity and Health (ISPAH). Online. October 12-14.

23. **Johnson AM**, Kroshus E, Tandon PS. (2021). *Needs Assessment for Physical Activity Information During COVID-19 Among a Nationally Representative Sample of Parents and Children Ages 6-17 in the United States: A Cross-Sectional Study*. Poster presentation at the annual meeting of the American Academy of Pediatrics' (AAP) National Conference & Exhibition's Council on Sports Medicine and Fitness. Online. October 8-12.
24. Craig, DW, Szeszulski J, Dooley EE, **Johnson AM**, Knell G, Lanza K, Robertson MC, Walker TJ, Kohl III HW, Fernandez ME. (2021). *Development and evaluation of youth physical activity interventions using the Youth Physical Activity: Timing, How, and Setting (Y-PATHS) framework*. Oral presentation at the annual meeting of the International Society of Behavioral Nutrition and Physical Activity Xchange Initiative 2021. Online. June 8-10.
25. Szeszulski J, Lanza K, Dooley EE, **Johnson AM**, Knell G, Walker TJ, Craig DW, Robertson MC, Salvo D, Kohl III HW. (2021). *Surveillance Applications for the Novel Youth Physical Activity Timing, How, and Setting (Y-PATHS) Framework*. Oral presentation at the annual meeting of the Society of Behavioral Medicine Conference. Online. April.
26. Salvo D, Durand CP, Dooley EE, **Johnson AM**, Oluyomi A, Gabriel KP, van der Berg A, Pérez A, Kohl III HW. (2019). *Reducing the Uncertain Geographic Context Problem in Physical Activity Research: The Houston TRAIN Study*. Poster presentation at the annual meeting of the American College of Sports Medicine (ACSM), May 28-June 1, Orlando, FL.
27. Elliott E, Towner BC, **Johnson AM**, Dooley EE, Heischmidt K, Kohl III HW. (2019). *Your State's Physical Activity Plan: Can it enhance your CSPAP?* Poster presentation at annual meeting of Society of Health and Physical Educators (SHAPE) America, April 9-13, Tampa, FL.
28. Gabriel KP, Durand* CP, Knell G, Salvo D, Dooley EE, **Johnson AM**, Kohl III HW. (2019). *Physical activity and sedentary behavior phenotypes in a majority-minority community-based sample: Houston TRAIN Study*. Poster presentation at the annual meeting of the American Heart Association EPI|Lifestyle, March 5-8, Houston, TX. *Gabriel & Durand share first authorship
29. **Johnson AM**, Kohl III HW, Wilkinson AK. (2019). *Attitudes and re-enrollment intentions to participate in youth soccer among parents, coaches, and players in Central Texas*. Poster presentation at annual meeting of the Texas American College of Sports Medicine (Texas ACSM), February 28-March 1, Fort Worth, TX.
30. Salvo D, Durand CP, Dooley EE, **Johnson AM**, Oluyomi A, Gabriel KP, van der Berg A, Pérez A, Kohl III HW. (2019). *Defining neighborhoods for active living research: exploring the role of geographic shape and scale for optimizing the operationalization of built environment exposures*. Poster presentation at the annual meeting of the Active Living Conference, February 17-20, Charleston, SC.
31. **Johnson AM**, Gabriel KP, Salvo D, Dooley EE, Durand CP, Knell G, Kreis SJ, Kohl III HW. (2018). *Accelerometer-Determined Physical Activity and Sedentary Behavior among Majority-Minority Sample of Adults: The Houston TRAIN Study*. Poster presentation at the annual meeting of the American College of Sports Medicine (ACSM), May 29-June 2, Minneapolis, MN.
32. Kohl III HW, **Johnson AM**, Dooley EE, Towner BC, Pate RR, Heischmidt K, Elliott E. (2018). *State-level Planning for Physical Activity Promotion in the United States: Assessment and Recommendations*. Poster presentation at the annual meeting of the American College of Sports Medicine, May 29-June 2, Minneapolis, MN.
33. Dooley EE, Salvo D, Gabriel KP, **Johnson AM**, Durand CP, Knell G, Kreis SJ, Sener IN, Kohl HW. (2018). *Factors related to accelerometer-determined patterns of physical activity in adults: The Houston TRAIN Study*. Thematic poster presented at the annual meeting of the American College of Sports Medicine, May 29-June 2, Minneapolis, MN.
34. **Johnson AM**, Gabriel KP, Salvo D, Dooley EE, Durand CP, Knell G, Kreis SJ, Kohl III HW. (2018) *Accelerometer-Determined Physical Activity and Sedentary Behavior among Majority-Minority Sample of Adults: The Houston TRAIN Study*. Poster presentation at the annual meeting of the Texas Chapter of the American College of Sports Medicine (TACSM). Austin, TX.
35. **Johnson AM**, Gabriel KP, Salvo D, Dooley EE, Durand CP, Knell G, Kreis SJ, Kohl III HW. (2018) *Accelerometer-Determined Physical Activity and Sedentary Behavior among Majority-Minority Sample*

- of Adults: The Houston TRAIN Study*. Poster presentation at the St. David's Center for Health Promotion & Disease Prevention Annual Conference: "Health Disparities in the Precision Health Era." Austin, TX.
36. **Johnson AM**, Springer A, Toppenberg L, Toscano A, Lovelace K. (2017). *Promoting Child Health in the Out-of-School (OST) Program Setting among Elementary School-Aged Children in Central Texas*. Poster presentation at the L. Kay Bartholomew Eldredge Student Poster Competition, Houston, TX.
 37. Richards AN, **Johnson AM**, & Moore QL. (2015). *School Based Health Centers: Necessary Ingredients for Success*. Poster presentation at the National School-Based Health Care Convention, Austin, TX. June.
 38. Richards AN & **Johnson AM**. (2015). *Engaging Communities to Improve the Effectiveness of School-Based Health Centers/Clinics*. Oral presentation at the 7th Annual Medicine, Humanities, and Social Sciences Conference at Sam Houston State University, Huntsville, TX. March.

NON-REFEREED PUBLICATIONS

Before Tenure

1. Elliott EM, Kohl HW, **Johnson AM**, Dooley E, Towner B, Heischmidt K. (2019) *State-level physical planning in the United States: A Report to National Physical Activity Plan Alliance*. Submitted to the National Physical Activity Plan Alliance, May 15, 2019.
2. **Johnson AM**, Moore QL. (2015). *Asthma in Children: A Chronic Condition Requiring a Multi-Faceted Approach*. Submitted to Rice University's Baker Institute for Public Policy: <https://www.bakerinstitute.org/research/asthma-children-chronic-condition-requiring-multi-faceted-approach>.
3. Moore QL, & **Johnson AM**. (2015). *Tele-health in Schools: Increasing Access to Care in Urban Areas*. Submitted to Rice University's Baker Institute for Public Policy: <https://www.bakerinstitute.org/research/tele-health-schools-increasing-access-care-urban-areas>.
4. Moore QL, & **Johnson AM**. (2015). *Best Practices for Using Health Education to Change Behavior*. Submitted to Rice University's Baker Institute for Public Policy: <https://www.bakerinstitute.org/research/best-practices-using-health-education-change-behavior>.
5. Moore QL, **Johnson AM**. (2015). *U.S. Health Care Technologies*. Submitted to Rice University's Baker Institute for Public Policy: <https://www.bakerinstitute.org/research/us-health-care-technologies>.

SCHOLARLY AWARDS

Before Tenure

1. National Honor Society of Public Health Inductee 2019, Delta Omega, Alpha Iota Chapter
2. Conference/Meeting Travel Award 2018, University of Texas Health Science Center
3. Presidential Scholarship, Austin College (2007-2011)

INVITED RESEARCH PRESENTATIONS

Before Tenure

1. **Johnson AM**, Lorenzo E, Armbruster S, Kracht CL, Alexander H. (2025) *Using the Revised ORBIT Model to Guide the Translation of Behavioral Intervention Research with a Focus on Physical Activity and Digital Health*. Society of Behavioral Medicine Grand Rounds Webinar Series.
2. **Johnson AM**. (2024) *School- and Sport-based Activity among Children*. A Life Course Approach to Physical Activity and Cardiovascular Health Research: Critical Challenges, Innovations, and Opportunities Workshop through the National Heart, Lung, and Blood Institute (NHLBI).
3. **Johnson AM**. (2021) *Physical Activity, Screen Time, and Mental Health during the COVID-19 Pandemic among U.S. Children*. Physical Activity & Public Health graduate course at University of Texas Health Science Center, School of Public Health, Austin, TX.
4. **Johnson AM**. (2021) *Health Promotion Research*. Health Promotion & Programming graduate course at Southwestern University, Georgetown, TX.

FUNDED RESEARCH GRANTS

Before Tenure

1. **\$1,980** – Student assistance funding supplement to ‘1000 Cities Challenge: Application to San Diego County’, **PI**, SDSU School of Exercise and Nutritional Sciences Thomas L. McKenzie Student Research Grant (Madeline Roke), Acceptance Rate: Not disclosed, Spring 2026.
2. **\$7,500** – Examining sports participation among rural youth: A national survey, **PI**, San Diego State University Seed Grant Program, Acceptance Rate: 57%. 2025.
3. **\$1,000** – Student assistance funding supplement to ‘Examining sports participation among rural youth: A national survey’, **PI**, SDSU Weber Honors College Research Fellows Program, Acceptance Rate: Not disclosed. Spring 2025.
4. **\$722,225**- Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY, **PI**, NIH National Heart, Lung, and Blood Institute K01 PA-20-176, Acceptance Rate: 35.2%, 2023 – 2028.

Note: Listed as Significant Item 1 in the Professional Growth Statement

5. **\$1,000** – Student assistance funding supplement to ‘Identifying barriers and facilitators of physical activity among undergraduate students: A qualitative study’, **PI**, SDSU Weber Honors College Research Fellows Program, Acceptance Rate: Not disclosed. Spring 2024.
6. **\$1,520** – Student assistance funding supplement to ‘Identifying barriers and facilitators of physical activity among undergraduate students: A qualitative study’, **PI**, SDSU School of Exercise and Nutritional Sciences Thomas L. McKenzie Student Research Grant (Ana Santos Olea), Acceptance Rate: Not disclosed, Spring 2024.
7. **\$1,520** – Student assistance funding supplement to ‘Identifying barriers and facilitators of physical activity among undergraduate students: A qualitative study’, **PI**, SDSU School of Exercise and Nutritional Sciences Thomas L. McKenzie Student Research Grant (Sofia Spies), Acceptance Rate: Not disclosed, Spring 2024.
8. **\$7,000** - Examining barriers and facilitators of physical activity among undergraduate students: A qualitative study, **PI**, San Diego State University Summer Undergraduate Research Program Funding (Ana Santos Olea and Sofia Spies), Acceptance Rate: not disclosed, Summer 2023.
9. **\$10,000** - Sport participation among adolescents living in rural United States before and during the COVID-19 pandemic, **PI**, Seattle Children’s Research Foundation, Acceptance Rate: Not disclosed, 2021 – 2022.
10. **\$49,997** - Improving use of physical literacy/fitness assessment data in middle schools to increase health equity, **Co-I**, Seattle Children’s Research Foundation, Acceptance Rate: Not disclosed, 2020 – 2021.

GRANTS SUBMITTED

Before Tenure

1. **\$50,000** – Project LIFT (Local Implementation of Fitness Testing): A District-Tailored Approach to Improving School-Based Physical Fitness Testing Administration, **PI**, NIH National Institute on Minority Health and Health Disparities; Administered through the San Diego State University HealthLINK U54, 2026. *Submitted.*
2. **\$7,500** – Exploring experiences with school-based physical fitness testing: A qualitative study, **PI**, San Diego State University Seed Grant Program, Acceptance Rate: 53%, 2024. *Not awarded.*
3. **\$7,500** – Identifying barriers and facilitators to rural girls’ sports participation to inform youth program development, **PI**, San Diego State University Seed Grant Program, Acceptance Rate: 44%, 2023. *Not awarded.*
4. **\$190,486** - Developing and initial efficacy testing of a 4-H sports intervention to promote physical activity in rural girls, **PI**, NIH Eunice Kennedy Shriver National Institute of Child Health and Human Development K99/R00 PA-20-189, Acceptance Rate: 28.1%, 2021 – 2026. *Not awarded.*

UNFUNDED RESEARCH

Before Tenure

2024 - Present	1000 Cities Challenge – San Diego; Global Observatory of Healthy and Sustainable Cities (GOHSC). Evaluation of policy and spatial indicators of healthy and sustainable cities – San Diego Team.
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CAREER DEVELOPMENT

Before Tenure

Spring 2026	Participant, “Designing Your Mixed Methods Research Project: An Interactive Workshop”, 3-Day In-person Workshop, S-SPIRE Center, Stanford University
Spring 2026	Participant, SDSU HLINK Center’s Health Science Communication Workshop Series, “Health Policy Training: Tools for translating research to reach policymakers”, San Diego State University
Spring 2026	Participant, SDSU HLINK Center’s Health Science Communication Workshop Series, “Infographics for Health Research”, San Diego State University
Spring 2026	Participant, SDSU HLINK Fleet "Basic Principles of Health Science Communication" 2-Day Workshop, San Diego State University
Spring 2026	Participant; De-escalation Strategies, The Center for Inclusive Excellence (CIE), San Diego State University
Fall 2025	Participant; San Diego State University Research Foundation Workshop: AI in Research Development - From Tool to Teammate
Spring 2025	Fellow; NIH ORBIT Institute: Developing Behavioral Treatments to Improve Health, NIH Short Course, Tallahassee, Florida (22% Acceptance)
Spring 2025	Attendee, 18 th Annual Leadership Workshop of the American Kinesiology Association, Faculty Success in Higher Education
Fall 2024	Fellow; Dissemination & Implementation Science Training Course Mountain States Community-Engaged Dissemination and Implementation Science Institute; Arizona State University
Fall 2024	Participant; Designing and Conducting a Mixed Methods Research Project: Elevating Justice and Equity Research Mixed Methods Program; University of Michigan
Fall 2024	Scholar; K-to-R01 Investigator’s Meeting: Pathways to Independent Research Success NHLBI Workshop Support Program; National Heart, Lung, and Blood Institute
Spring 2024	Participant; Community-Engaged Research Course Harvard Catalyst, Harvard University
Spring 2023	Fellow; Grants Research and Enterprise Writing (GREW) Fellowship San Diego State University
2022 – Present	Member, National Science Foundation-funded Multi-Campus Transformation Equity Network (MCTEN); San Diego State University and University of California-San Diego
Fall 2021	Fellow; Physical Activity and Public Health (PAPH) Course University of South Carolina

PARTICIPATION IN PROFESSIONAL ASSOCIATIONS

Before Tenure

1. Society of Behavioral Medicine (2024 – Present)
2. International Society of Behavioral Nutrition and Physical Activity (2023 – Present)
3. Physical Activity Policy Research and Evaluation Network (2022 – Present)
4. American Public Health Association (2022 – Present)
5. International Society for Physical Activity and Health (2021 – Present)
6. American College of Sports Medicine (2018 – 2023)
7. ACTRI Dissemination and Implementation Science Center (2024 – 2025)

TEACHING EFFECTIVENESS

STUDENT SUPERVISION

Before Tenure

2026 – Present	Madelin Conley, Masters Theses, Development and Evaluation of an Undergraduate Laboratory to Study Normobaric Hypoxia, San Diego State University, <i>Committee Member</i>
2026 – Present	Luella Bail, UG – ENS 499, Girls PLAY – Direct Observation Tool Data Entry, Analysis, and Presentation; School of Exercise and Nutritional Sciences; San Diego State University
2026 – Present	Kiria Gabriela, Doctoral Dissertation, University of California San Diego - San Diego State University Joint Doctoral Program in Public Health – Health Behavior, <i>Committee Member</i>
2025 – 2026	Candace Juhala Masters – PH 650R; Field Practice: Required Community Practice. MPH Health Promotion Behavioral Science Program, San Diego State University
2025 – 2026	Madeline Roke, UG – ENS 499, Student Representative; Diversity, Equity, and Inclusion Committee, School of Exercise and Nutritional Sciences, San Diego State University
Spring 2025	Alyssa Prado, UG, Examining sports participation among rural youth: A national survey. <i>SDSU Weber Honors College Research Fellows Program</i>
Spring 2025	Kamlyn Huang, UG, Examining sports participation among rural youth: A national survey. <i>SDSU Weber Honors College Research Fellows Program</i>
2024 – 2025	Mia Gualt, Masters Theses, Utilizing Heart Rate Monitors and Urinalysis to Evaluate Physiological Strain and Acute Kidney Injury from Occupational Exposures Among Firefighters: San Diego County, CA, San Diego State University, <i>Committee Member</i>
2024 – 2025	Patricia Dionicio, PhD, California State University (CSU) <i>Chancellor's Doctoral Incentive Program (CDIP)</i>
Spring 2024	Abigail Prutow, UG, Examining barriers and facilitators of physical activity among undergraduate students: A qualitative study. <i>SDSU Weber Honors College Research Fellows Program</i>
Spring 2024	<i>Note: Listed as Significant Item 4 in the Teaching Effectiveness Statement</i> Madeline Roke, UG, Examining barriers and facilitators of physical activity among undergraduate students: A qualitative study. <i>SDSU Weber Honors College Research Fellows Program</i>
Summer 2023	Sofia Spies, UG, Examining barriers and facilitators of physical activity among undergraduate students: A qualitative study. <i>SDSU Summer Undergraduate Research Program</i>
Summer 2023	Ana Santos Olea, UG, Examining barriers and facilitators of physical activity among undergraduate students: A qualitative study. <i>SDSU Summer Undergraduate Research Program</i>

RESEARCH STAFF SUPERVISION

Before Tenure

Summer 2024 – Present	Daniela Rodriquez, Research Assistant, Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY
Summer 2024 – Spring 2025	Abigail Prutow, Undergraduate Research Assistant, 1000 Cities Challenge – San Diego; Evaluation of policy and spatial indicators of healthy and sustainable cities – San Diego Team.
Spring 2024 – Fall 2025	Kirsten Lovely Mejia, Undergraduate Research Assistant, Examining sports participation among rural youth: A national survey.
Spring 2024 – Summer 2025	Jocelyne Castaneda Cleto, Undergraduate Research Assistant, Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY
Spring 2024 – Summer 2024	Grace Volkert, Undergraduate Research Assistant, Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY

Fall 2023 – Spring 2025	Ana Santos Olea, Undergraduate Research Assistant, Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY
Fall 2023 – Spring 2025	Sofia Spies, Undergraduate Research Assistant, Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY

STUDENT RESEARCH VOLUNTEERS

Before Tenure

Spring 2025 – Present	Sneha Vankayalapati, Undergraduate Independent Research Project, Examining Association Between Physical Activity and Cardiovascular Health and Potential Moderation by Rurality, 2024 Behavioral Risk Factor Surveillance System (BRFSS)
Spring 2025 – Present	Samuel Crawford, Undergraduate Research Support, Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY
Spring 2024 – Present	Andrea Hernandez, Masters' Student Research Support, Development and feasibility testing of a Boys & Girls Clubs' sports intervention to promote physical activity in rural girls: Girls PLAY
Summer 2025 – Spring 2026	Kamlyn Huang, Undergraduate Independent Research Project, Examining sports participation among rural youth: A national survey.
Summer 2024 – Spring 2026	Madeline Roke, Undergraduate Research Support, 1000 Cities Challenge – San Diego; Evaluation of policy and spatial indicators of healthy and sustainable cities – San Diego Team.

SDSU STUDENT RESEARCH SYMPOSIUM PRESENTATIONS

Before Tenure

*student mentee

†senior author

1. Madeline Roke*§, Katie Crist, Jacob Carson, **Johnson AM**†. (2026) *Review of Methods Supporting Healthy Communities in San Diego with the 1000 Cities Challenge*. Oral presentation at the annual San Diego State University Student Symposium (S3), February 27.
§Recipient of the President's Award for Outstanding Oral Presentation
Note: Listed as Significant Item 5 in the Teaching Effectiveness Statement
2. Kamlyn Huang*, **Johnson AM**†. (2026) *Examining Sports Participation among Rural Youth: a National Survey*. Poster presentation at the San Diego State University Student Symposium (S³), February 27.
3. Santos Olea A*, Rodriguez D*, **Johnson AM**†. (2025) *Identifying Barriers and Facilitators to Sports Participation among Rural, Hispanic Girls: A Qualitative Study*. Poster presentation at the annual San Diego State University Student Symposium (S3), February 28.
4. Roke M*, Prutow A*, **Johnson AM**†. (2025) *Evaluating San Diego's Policy Landscape: Supporting Healthy Communities through the 1000 Cities Challenge*. Poster presentation at the annual San Diego State University Student Symposium (S3), February 28.
5. Strom M*, La Fontaine A*, Lopez M*, **Johnson AM**, Weber Rawlins ML. (2024) *Bridging the Gaps within Concussion Education: A Preliminary Analysis into Proposed Improvements from Student-Athletes*. Oral presentation at the annual San Diego State University Student Symposium (S3), March 1-2.
6. Spies S*, Santos Olea A*, **Johnson AM**†. (2024) *Examining barriers and facilitators of physical activity among undergraduate students: A qualitative study*. Poster presentation at the annual San Diego State University Student Symposium (S3), March 1-2.
Note: Listed as Significant Item 3 in the Teaching Effectiveness Statement

TEACHING TRAINING

Before Tenure

Fall 2026	San Diego State University, Center for Inclusive Excellence, <i>Quick Takes Series: Lecture Pauses - synchronous virtual workshop</i>
Spring 2026	National Council for Mental Wellbeing, Adult Mental Health First Aid Training – <i>synchronous 6-hour virtual workshop</i>
Spring 2026	San Diego State University, Center for Inclusive Excellence, <i>Intro to TiLT: Transparency in Teaching and Learning - synchronous virtual workshop</i>
Summer 2025	San Diego State University, Center for Inclusive Excellence, <i>AI Retrofit - synchronous virtual workshop</i>
Summer 2025	San Diego State University, Center for Inclusive Excellence, Reading Circle – <i>Grading for Growth</i> . Exploration into alternative grading practices.
Spring 2025	San Diego State University, Center for Inclusive Excellence, <i>Foundations of Effective and Inclusive Course Design</i> Note: Listed as Significant Item 2 in the Teaching Effectiveness Statement
Spring 2025	San Diego State University, MCTEN, Chew on This! <i>Entering Mentoring: Strengthening Our Skills as Mentors</i>
Spring 2025	San Diego State University, Center for Teaching and Learning, <i>New Faculty Success Program (NFSP)</i>
Spring 2025	San Diego State University, Instructional Technology Services, <i>AI Workshop with José Antonio Bowen</i>
Spring 2025	San Diego State University, Information Technology Division, Instructional Technology, <i>Getting Started with PollEverywhere</i>
Spring 2025	San Diego State University, Center for Inclusive Excellence: <i>Setting Up for Success in the Classroom Focus</i>
Spring 2024	San Diego State University, FUERTE/National Center for Faculty Development and Diversity, <i>Mentoring the Mentor Workshop</i>
Spring 2024	San Diego State University, Center for Teaching & Learning: <i>1:1 Classroom Conversation, Teaching Observation</i>
Spring 2024	San Diego State University, Instructional Technology Services: <i>Academic Applications of Artificial Intelligence (AAAI) micro-credential program</i>
Spring 2024	California State University: <i>Teaching Climate Change and Resilience Faculty Learning Community</i>
October 2023	Top Hat Engage – San Diego Conference: <i>Faculty Workshops</i>
October 2023	MacMillan Learning: <i>The Importance of Truth, Honesty, and Pedagogy in an AI World</i>
February 2023	San Diego State University, Center for Teaching and Learning: <i>Academic AI Considerations in the Era of ChatGPT Workshop</i>
November 2022	San Diego State University, Center for Inclusive Excellence: <i>Being Flexible - Inclusive Interaction in the Classroom Workshop</i>
October 2022	San Diego State University, Instructional Technology Services: <i>Assessments & Academic Integrity Workshop</i>

CURRICULUM DEVELOPMENT

Before Tenure

2024 – Present	Masters of Science – Kinesiology Program, Degree Program and Physical Activity Concentration Development, School of Exercise and Nutritional Sciences, San Diego State University
2022 – Present	Instructor of Record, ENS 434, Promoting Physical Activity and Healthy Eating, School of Exercise and Nutritional Sciences, San Diego State University
2024	Curriculum Development, ENS 641, Physical Activity Assessment, School of Exercise and Nutritional Sciences, San Diego State University Note: Listed as Significant Item 1 in the Teaching Effectiveness Statement

COURSES TAUGHT AS TEACHING ASSISTANT

Before Tenure

Spring 2018 – Summer 2019	Epidemiology II (PH 2615L), Department of Epidemiology University of Texas Health Science Center, School of Public Health
Summer 2017, Summer 2018	Physical Activity Assessment and Surveillance (PH 5400), Interdepartmental Course University of Texas Health Science Center, School of Public Health
Summer 2018	Health Promotion Theory and Methods II (PH 1112), Department of Health Promotion & Behavioral Sciences University of Texas Health Science Center, School of Public Health
Spring 2017	Advanced Methods for Planning and Implementing Health Promotion Programs (PHM 1113L), Department of Health Promotion & Behavioral Sciences University of Texas Health Science Center, School of Public Health
Spring 2017	Child and Adolescent Health Seminar, Department of Health Promotion & Behavioral Sciences University of Texas Health Science Center, School of Public Health

INVITED COURSE LECTURES

Before Tenure

2026	<i>Physical Activity and Sport.</i> Guest lecture in the Physical Activity and Public Health Practice graduate course at University of Texas Health Science Center, School of Public Health, Houston, TX
2024	<i>Research Designs.</i> Guest lecture in the Evidence Based Practice in Athletic Training I graduate course at San Diego State University, Athletic Training Program, San Diego, CA
2024	<i>Physical Activity and Sport.</i> Guest lecture in the Physical Activity and Public Health Practice graduate course at University of Texas Health Science Center, School of Public Health, Houston, TX
2023	<i>Master of Public Health (MPH) Career Development Panel.</i> Panelist in Community Health Capstone graduate course at Baylor University, School of Public Health, Waco, TX.
2022	<i>Nutrition and Physical Activity.</i> Guest lecture in Wellness of the Young Child course at Austin Community College, Austin, TX.
2018	<i>Social and Psychosocial Influences of Physical Activity.</i> Guest lecture in Physical Activity Assessment and Surveillance graduate course at University of Texas Health Science Center, School of Public Health, Austin, TX

COURSES TAUGHT

Course #	Course Name	Level (i.e., upper, lower, grad)	Modality (i.e., online, in-person, hybrid)	Co - Taught?
Before Tenure				
ENS 434	<i>Promoting Physical Activity and Healthy Eating</i>	<i>Upper</i>	<i>In-Person</i>	<i>No</i>

SERVICE

Service for the Department

- 2026 Kinesiology Degree Completion Program Task Force, School of Exercise and Nutritional Sciences, *San Diego State University*

2. 2024, 2025, 2026 Presentation: Qualitative Research Overview, School of Exercise and Nutritional Sciences Graduate Student Orientation, *San Diego State University*
3. 2025 Presentation: Generative AI Overview and Applications, School of Exercise and Nutritional Sciences Faculty Workshop and Retreat, *San Diego State University*
4. 2024 – 2026 Planning Committee, MS Kinesiology Program, School of Exercise and Nutritional Sciences, *San Diego State University*
5. 2024 – 2026 Diversity, Equity, and Inclusion Committee, School of Exercise and Nutritional Sciences, *San Diego State University*
6. 2024 – 2026 Curriculum Committee, School of Exercise and Nutritional Sciences, *San Diego State University*
7. 2024, 2025, 2026 Planning Committee, ENS Workshop and Retreat, School of Exercise and Nutritional Sciences, *San Diego State University*
8. 2023 – 2025 Faculty Hearing Panel, School of Exercise and Nutritional Sciences, *San Diego State University*
9. 2023 – 2024 Ad-hoc Committee for Kinesiology Graduate Curriculum Extension in Exercise and Nutritional Sciences, *San Diego State University*
10. 2023 – 2024 Chair of Search Committee, Assistant Professor in Physical Activity Behavioral Science, School of Exercise and Nutritional Sciences, *San Diego State University*
Note: Listed as Significant Item 1 in the Service Statement
11. 2023 Reviewer, Exercise and Nutritional Sciences Student Research Grant Program, *San Diego State University*
12. 2022 – 2023 Search Committee Member, Assistant Professor in Physical Activity Behavioral Science, School of Exercise and Nutritional Sciences, *San Diego State University*
13. 2017 – 2019 Doctoral Student Representative, Health Promotion and Behavioral Sciences Department, *University of Texas Health Science Center at Houston*

Service for the College

1. Fall 2026 Faculty Representative, School of Exercise and Nutritional Sciences, College of Health and Human Services New Student and Family Convocation Reception, *San Diego State University*
2. 2024, 2025, 2026 Faculty Marshal, May Commencement, *San Diego State University*
3. Spring 2023 Research Day Roundtable Host, College of Health and Human Services, *San Diego State University*

Service for the University

1. Fall 2026 – Present Exercise and Nutritional Sciences (ENS) Representative, Live Well Aztecs and Strategic Planning Committee, *San Diego State University*
2. Spring 2026 Faculty Mentor, Women in Science Society (WSS) Faculty Networking Event, *San Diego State University*
3. Summer 2025 Consultant, ENS 434 Equivalent at Università Cattolica del Sacro Cuore (Italy), Global Education Office, *San Diego State University*
4. 2024 – 2026 Mentor, Caminos al Éxito Program for Hispanic/Latino students in STEM, *San Diego State University*
5. 2023, 2024, 2025, 2026 Judge/Moderator, SDSU Student Symposium (S³), *San Diego State University*
Note: Listed as Significant Item 2 in the Service Statement
6. Fall 2024 Faculty Mentor, Athena – Women in STEM Program, *San Diego State University*
7. Fall 2024 Faculty Volunteer, Student Move-In Day, *San Diego State University*
8. Spring 2024 Attendee, Strategic Plan Working Session, *San Diego State University*
9. Fall 2023 Panelist, New Faculty Orientation: “What I Wish I Knew on My First Day”, *San Diego State University*

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| 10. Spring 2023 | Panelist, Postdoctoral Workshop: “Landing a Faculty Position”, <i>San Diego State University</i> |
| 11. Spring 2023 | Judge, California State University Systemwide Student Research Competition |
| 12. 2021 – 2022 | Chair, Postdoctoral, Graduate, Medical Student (PGM) Advisory Board, <i>Seattle Children’s Research Institute</i> |

Service for the Profession

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|--------------------|---|
| 1. 2026 – Present | Board Member (Secretariat) – International Society for Physical Activity and Health (ISPAH) |
| 2. 2026 – Present | Editorial Board Member – BMC Public Health Journal |
| 3. 2026 – Present | Conference Abstract Reviewer <ul style="list-style-type: none"> • International Society of Physical Activity and Health |
| 4. 2025 – Present | Advisory Board - Physical Activity Special Interest Group (PA SIG) Society of Behavioral Medicine (SBM) |
| 5. 2025 – Present | Conference Abstract Reviewer <ul style="list-style-type: none"> • Society of Behavioral Medicine – Child and Family Health Special Interest Group; Mental Health Interest Group |
| 6. Spring 2025 | Early Career Reviewer (ECR), National Institutes of Health (NIH) Community Influences on Health Behavior (CIHB) Study Section
<i>Note: Listed as Significant Item 5 in the Service Statement</i> |
| 7. Spring 2025 | Invited Keynote Speaker: “Moving across Fields: A Journey of Physical Activity Promotion” <ul style="list-style-type: none"> • Western Association for Sport Psychology and Physical Activity (WASPPA), California State University, San Bernardino |
| 8. Spring 2025 | Invited Participant – Stakeholder Meetings <ul style="list-style-type: none"> • Revitalizing the Presidential Youth Fitness Program <ul style="list-style-type: none"> ○ President’s Council on Sports, Fitness & Nutrition; Office of Disease Prevention and Health Promotion <i>Note: Listed as Significant Item 4 in the Service Statement</i> |
| 9. 2024 – Present | Conference Abstract Reviewer <ul style="list-style-type: none"> • American Public Health Association Annual Conference |
| 10. 2018 – Present | Ad-Hoc Journal Reviewer <ul style="list-style-type: none"> • Acta Psychologica • American Journal of Health Promotion • AJPM Focus • BMC Public Health • BMJ Open • Brain Injury • Child: Care, Health & Development • Cities • Developmental Review • Exercise and Sport Sciences Reviews • Hispanic Journal of Behavioral Sciences • International Journal of Health Promotion and Education • JAMA Network Open • Journal of Immigrant and Minority Health • Journal of Medical Internet Research • Journal of Public Health • Journal of School Health • Journal of Science and Medicine in Sport |

- Medicine & Science in Sports & Exercise
- Pediatric Exercise Science
- PeerJ Life & Environment
- PLOS ONE
- Preventive Medicine Reports
- Psychology Research and Behavior Management
- Social Sciences & Humanities Open
- Women in Sport and Physical Activity
- Women's Health

Service for the Community

1. Summer 2025 Invited Consulting Proposal: Developed and submitted a proposal for “Total Hoops Approach” Program development and evaluation, *Luka Dončić Foundation*.
2. Summer 2025 Author, “The Playbook for Healthy Athletes: Preventing Burnout and Overuse Injury”, *Healthy Living Article - Society of Behavioral Medicine*.
3. 2023, 2024 Speaker, “Promoting Physical Activity and Healthy Eating”, *Community Health Group, Health Education Forum*; San Diego, California
Note: Listed as Significant Item 3 in the Service Statement
4. 2024 –2025 Faculty Advisor, Girl Gains Lifting Club, Founded at *San Diego State University*
5. Spring 2024 Interviewed for NBCU Academy Article, “Building a Women’s Weightlifting Movement, One Campus at a Time”.
6. Summer 2023 Opinion Article in The San Diego Union-Tribune, “Women’s sports are growing fast but media coverage is lagging. Here’s how we change that.” San Diego, California
7. 2016 – 2018 Out-of-School Instructor; *Healthier Texas*, Austin, Texas