

EDUCATION	<i>University of California San Diego</i>	2018
	Cross-cultural, Language and Academic Development Certificate (CLAD through CTEL)	
	<i>San Diego State University, San Diego, CA</i>	
	California Multi-Subject Credential	1987
	California Single-Subject Credential, Physical Education	
	M.A. Degree in Education - GPA: 4.0	1985
	Emphasis in Curriculum and Instruction	
	B.A. Degree in Physical Education – GPA: 3.86	1983
	Graduated with Distinction	
	<i>Southwestern College, Chula Vista, CA 1981</i>	1981
	A.A. Degree in General Education	
	Graduated with Honors	
WORK HISTORY	<i>San Diego State University, Faculty/Instructor</i>	1998 – Present
	Exercise and Nutritional Sciences, ENS 241A and 241B – Elementary Physical Education Theory/Lab, 1998-2002, 2006-2011, 2014-2023	
	<i>Kimbrell, Inc., Small business owner and consultant</i>	2004 – Present
	Trainer, curriculum writer, state and national conference presenter, video director, and consultant	
	<i>The Office of Head Start, Master Trainer</i>	2004 – Present
	“I Am Moving I Am Learning” (IMIL) National Obesity Prevention Initiative; creator of “MVPA – Every Day!”; Trainer of Trainer (IMIL) Facilitator Training, Washington, DC, May 2008; Head Start, Body Start, I Am Moving, 2008-2010	
	<i>WestEd</i>	2014 – Present
	California Preschool Learning Foundations and Framework, Physical Development, Reviewer, Writer, Consultant, Trainer	
	California Preschool Instructional Network (CPIN), Writer for Transitional Kindergarten Physical Development Modules (2016)	
	<i>Poway Unified School District</i>	
Substitute Teacher, Pre-K - 5th	2013 - 2019	
Physical Education Specialist, Midland Elementary School	1992 - 1993	
<i>San Diego Unified School District</i>		
Support Teacher, Marston Middle School	2018 - 2019	
Pupil Advocate, Marston Middle School	2017 - 2018	
Mentor Teacher, Marston Middle School	2015 - 2016	
<i>Alliant International University</i>	2015	
San Diego Campus, Adjunct Faculty/Instructor		
Child Development - Child Physical and Motor Development		

<i>San Marcos Unified School District</i>	2013 - 2015
Substitute Teacher, Pre-K through 5th grade	
<i>College Faculty/Instructor</i>	2000 - 2005
Miramar Community College, Elementary teacher lecture and lab University of California, San Diego, Elem. teacher prep lecture & lab	
<i>Sports, Play, and Active Recreation for Kids (S.P.A.R.K.)</i>	1993 - 2004
Director of Early Childhood Development, Director of Educational Services/School Interventions - Author, Curriculum Writer, Researcher, Trainer of Trainer, Marketing, Curriculum Writer, Recruiter, Staff Development Coordinator, Trainer Supervisor, Conference Presenter, Consultant	
<i>San Ysidro School District</i>	1987 - 1992
Classroom Teacher, <i>Willow Elementary School</i>	
District Mentor Teacher	1991 - 1992
<i>San Diego Diocese</i>	1983 - 1987
Physical Education Specialist (K-8), <i>Stella Maris Academy</i>	

CONFERENCE PRESENTATIONS

- 2024**
The Office of Head Start, I Am Moving, I Am Learning, Mesa, AZ
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Alameda and Los Angeles, CA
- 2023**
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Rancho Cucamonga and Yolo County, CA
- 2022**
The Office of Head Start, I Am Moving, I Am Learning, Kansas City, MO
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Virtual Presentation, CA
- 2021**
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Virtual Presentation, CA
- 2020**
The Office of Head Start, I Am Moving, I Am Learning, Pittsburgh, PA
California SHINE Preschool Forums, California Department of Education, Active Minds, Active Bodies, Yolo County and Orange County, CA
- 1987- 2019 *(Available upon request)*

STAFF DEVELOPMENT

- 2022**
Palomar College Early Childhood Education Lab School, Moving and Learning Outdoors, San Marcos, CA
- 2021**
Madera Community Action Partners, Moving and Learning for Early Childhood, Virtual Presentation, CA

2020

Children's Council of San Francisco, Healthy Apple Community Champions, San Francisco, CA

1987 – 2019 (Available upon request)

**RESEARCH
PROJECTS**

- Oct. 2017 – 2024 *Healthy Children & Environments Study (HCES)*, UCSF School of Nursing California Childcare Health Program (CCHP) and UC Berkeley Center for Environmental Research and Children's Health (CERCH). Physical Activity Expert. Principal Investigator: Abbey Alkon, UCSF Professor, HCES.
- Nov. 2015 – 2017 *FEED & SEED - ChoosyKids - Farm to Belly Pilot Project*, a collaborative, fresh produce project in conjunction with CHOOSY Kids, Greenville Health Systems, FEED & SEED Co-Founder. Project Director: Mike McGirr, Pilot Investigator: Kerry McKenzie.
- 2014-2016 *Healthy for Life Project*, Saint Joseph Health Queen of the Valley and Child Start, Inc. Preschool classrooms. Coordinator: Jeff Kresge.
- 2005-2011 *TEAM Play Childhood Obesity Prevention*, University of Tennessee Memphis, Department of Preventative Medicine, National Institutes of Health. Principal Investigator: Grant Somes, Ph.D, Marion Hare M.D., Phyllis Richey, Ph.D.
- 2006-2007 *Aventuras Para Niños*, Center for Behavioral and Community Health, San Diego State University Research Foundation. Principal Investigator: John Elder, Ph.D., Nadia Campbell, MPH, Project Manager.
- 2000-2004 *SPARK Early Childhood Physical Activity Curricula*, University of Tennessee Memphis, Department of Preventative Medicine, The Children's Fund and Memphis City Schools. Principal Investigator: Phyllis Richey, Ph.D.
- 2003-2004 NIH Grant with Bassett Healthcare Research Institute in Cobleskill, NY. Work with Head Start preschool teachers to deliver the SPARK Physical Activity Program. Coordinator: Dr. Barbara Dennison.
- 2002-2003 San Diego County Grant with Neighborhood House and MAAC Project. Work with 8 Head Start sites to deliver the SPARK Physical Activity Program. Coordinator: Elaine Hiel.
- 2002 San Benito County First Five Project. Work with public and private preschools to deliver the SPARK Physical Activity Program in San Benito County. Prop 10 funded. Coordinator: Laura Reed.
- 2002-2003 California Fit WIC Project. Create, design, and write a program for CA WIC agencies - Fit Families Play: Hands-On Physical Activity With Children Using Home-Made Toys. Coordinator: Pat Crawford, Poppy Strode.
- 1999-2000 University of Reno, Nevada, *HOPSCOTCH* grant, NIH. Consultant. Principal Investigator: Dr. Sach de Jours.
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PUBLICATIONS

California Department of Education, Preschool/Transitional Kindergarten Learning Foundations (PTKLF), Vol. 2, Domain Subject Matter Expert, Physical Development (2024).

Choosy Kids, LLC, Move and Learn with Choosy, Contributing Author, First Edition (2018).

University of California, San Francisco School of Nursing's California Childcare Health Program (CCHP) with support from the United States Department of Agriculture (USDA) through the California Department of Public Health, Nutrition and Physical Activity in Early Care and Education *A Primer for California*, Advisory Committee (2018).

California Department of Education, Desired Results Developmental Profile-Revised 2 Preschool (DRDP-R@ PS) to the California Preschool Learning Foundations in Physical Development (2010).

California Department of Education, Preschool Learning Foundations Vol. 2, Physical Development (2010).

Kimbrell, P., Kiefer, M.J., Talbot, S. (2009). Contra Costa County Community Services Department, California WIC, and First 5 Contra Costa Children and Families Commission, *52 Weeks of Fun!* Preschool physical activity and nutrition calendar of activities, San Diego, CA.

Kimbrell, P., Richey, P., Rosengard, P., McKenzie, T., & Short, K. (2001). Author, S.P.A.R.K. Early Childhood Program - Preschool, San Diego, CA: SDSU

Rosengard, P., McKenzie, T. (2000). Special Contribution, S.P.A.R.K. 3-6 Physical Education, San Diego, CA: SDSU

Rosengard, P., McKenzie, T., & Short, K., Strelow, J. (2000). Special Contribution, S.P.A.R.K. Active Recreation, Ages 5-14, San Diego, CA: SDSU

Rosengard, P., McKenzie, T., & Short, K. (1995). Contributing co-author, S.P.A.R.K. K-2 Physical Education, San Diego, CA: SDSU

VIDEO PROJECTS

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|------|---|
| 2014 | WestEd and California Department of Education, Development and Consultation of California Preschool Instructional Network (CPIN) Physical Development videos for the California Preschool Learning Foundations and Framework, Volume 2, San Diego, CA |
| 2011 | Fresno City College and California Department of Education, Development and Consultation of " <i>Healthy and Active Preschoolers</i> " |
| 2011 | San Diego County Office of Education, " <i>Let's Go Learning Adventures</i> ", Preschool Website, Early Childhood Consultant, Motor Development and School Readiness |
| 2009 | Contra Costa County WIC Program, Physical Activity Video Director and Writer, " <i>Feel the Love, Feel the Power, Make Healthy Choices</i> " |
| 2008 | Contra Costa County WIC Program, Physical Activity Video Director and Writer, " <i>Get Real</i> " |
| 2006 | The Office of Head Start, Region III, " <i>Best Practices Overview: I Am Moving, I Am Learning</i> " |
| 2004 | First Five Commission of Contra Costa County and WIC, Physical |

- 2002 Activity Video Director and Designer, “*Have Fun and Be Active*”
UC Berkeley Cooperative Extension, Physical Activity Video for WIC,
“*Let’s Get Moving*”, CA
- 2002 United Learning Video Productions, Consultant, “*Being Active at Child
Care*”, Evanston, IL

**ACHIEVEMENTS/
CERTIFICATIONS**

- 2015 The Office of Head Start, National Training Team, I Am Moving, I Am Learning, The Administration for Children and Families (ACF)
Assistant Secretary's Partnering for HHS Excellence Award
- 2003 System for Observing Fitness Instruction Time (SOFIT) Training,
Certified Observer
- 1994 SPARK Certified Physical Education Instructor and Consultant

**ADDITIONAL
INVOLVEMENTS**

- National Association for the Education of Young Children, member since 2001
- San Diego State University, Liberal Studies Club, Integrating Academics and Physical Activity, Guest Speaker, AY 2014-2017
- California Obesity Conference, Early Childhood Track Committee, Physical Activity Expert, 2012
- Palomar/Pomerado Hospital, Running Clubs, Chair, 2005-2009
- Domain Leader for Coalition on Children and Weight San Diego, Chair, Early Childhood Workgroup (2006-2007) and Child Care and After School Workgroup, 2003
- Palomar/Pomerado Hospital, Health Care Advisory Committee, 2005
- California Association for the Education of Young Children (CAEYC), member
- California Association for Health, Physical Education, Recreation and Dance (CAHPERD), member
- California Kindergarten Conference, member
- Poway Unified School District, School Wellness Policy Task Force, 2005-2007
- Monterey Ridge Elem School, Family Fitness Night Coordinator, 2008 to 2010
- Turtleback Elem School, Family Fitness Night Coordinator and Presenter (2005 to 2012), School Site Council (2005 to 2008), Preschool Co-op, Parent volunteer and classroom assistant

REFERENCES

Linda Carson, Ph.D.
Ware Distinguished Professor Emerita, West Virginia University
Founder, CEO - Choosy Kids, LLC
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University of Tennessee Health Science Center
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