

KELLY JEAN LANE

EDUCATION

San Diego State University

Masters of Science, Nutritional Sciences, May 2004
Bachelor of Science, Nutritional Sciences, May 2002

EXPERIENCE

San Diego State University

Instructor, Fall 2005 – Present

Designed and taught numerous exercise and nutrition science courses. Competency in areas including food product development, food business entrepreneurship and management, experimental food science, and pre-professional planning in exercise and nutrition science fields.

Online Course Designer & Developer, 2012-2014

Developed two online courses; a required pre-major course for all ENS majors, and an Upper Division General Education Natural Sciences course.

Undergraduate Advisor, School of Exercise and Nutrition Sciences, August 2014-Present

Assist ENS students with scheduling and professional program/career planning.

Researcher, Fall 2005-Spring 2006

Facilitated five (5) published research studies designed to investigate the effects of diet on various indices of metabolism and nutritional status.

University California San Diego Extension

Instructor, 2006-2007

Developed an activity-based sports nutrition course for the American Council on Exercise Personal Trainer Certification Program

Food Mechanics, LLC

Owner, Established 2010

Developed HideinSides, an intermediate frozen vegetable product with patented Melt Fast technology to cool hot foods.

Laclede, Inc.

Consultant, 2009-2016

Formulated a diet to evaluate the effects of carbohydrate and amino acid restriction on cancer tumor growth and metabolism.

HONORS

San Diego State University

Provosts Outstanding Advisor, 2017

College of Health and Human Services Advisor of the Year, 2017

Mortar Board Outstanding Faculty, 2009-2010

School of Exercise and Nutritional Sciences, Most Influential Faculty, 2009-2010

Student Nutrition Organization, Most Inspirational Faculty, 2009-2010

CERTIFICATIONS

San Diego County Department of Environmental Health

Certified Food Safety Instructor, September 2007-Present

Design and instruct food safety courses. Administer San Diego County Food Handler exams and Food Handler certificates.