



**Major in Home Economics (Arts & Sciences) approved
1955-56 (Includes required courses in food and nutritional sciences)**

HOME ECONOMICS

IN THE DIVISION OF FINE ARTS

The program of study in home economics is planned for students who are interested in home economics as a background for everyday living, preparation for family life, and education for parenthood, and for students planning to enter commercial home economics or the field of teaching. The home arts curriculum, described below, offers a general program for students desiring a broad type of training in home arts. The major in home economics offers a greater opportunity for concentration in the field, including preparation for entry into commercial home economics or the field of teaching.

HOME ECONOMICS

171

Major

A major in arts and sciences is offered in home economics. Requirements in the major are in addition to the 45 units required in general education courses. A minor is not required.

Specific requirements for the major: lower division: Home Economics 2, 3, 15, 40, 41, 42, 43, 70; in related fields: Art 6A and Economics 1A (general education courses); Biology 1, Chemistry 2A-2B, and Physics 5. (12 units in natural science may be counted toward general education requirements.) Upper division: 24 units to include Home Economics 100, 115, 130, 131, 150, 151, 170, 180, and five units to be selected from Home Economics 117, 118, 135.

Minor

A minor in arts and sciences is offered in home economics. The minor consists of 15 to 22 units in home economics, nine units of which must be in courses carrying upper division credit. Lower division requirements: Home Economics 3, 15, and 70. Upper division requirements: Home Economics 150 and six units of upper division electives in home economics.

A teaching minor in home economics is offered for the general secondary and junior high credentials. For statement of requirements, refer to these credentials. A student with a minor in home economics may teach home economics in junior high school with a junior high school credential. Through counseling with the advisor in home economics, a student may so extend the minor in home economics that the special secondary credential in home economics may be obtained with a minimum amount of additional work in the field.

Home Arts Curriculum

The home arts curriculum, designed around the general major, leads to the A.B. degree in arts and sciences. Courses in the major are in addition to 45 units in general education courses. A minor is not required. Lower division requirements: Home Economics 1, 3, 15, and 70; Sociology 50 and 51; and six lower division units selected from a third field with the approval of the departmental adviser. Upper division requirements: 15 upper division units in home economics selected with the approval of the departmental adviser; 9-12 upper division units in sociology; and 9-12 upper division units in the third field, all courses to be selected with the approval of the departmental adviser as part of a general major.

Lower Division Courses

***1. General Home Arts (3) I, II**

A general education course in family life education. Consideration of necessary preparation for marriage with emphasis on a stable, happy democratic family life; family budgets and money management; finding a home to buy, build or rent; child care, proper training and guidance; home safety. Open to men and women.

2. Orientation to Home Economics as a Profession (1) I, II
Introduction to the opportunities and requirements in various professional fields for home economists.

***3. Food and Nutrition (3) I, II**

Selection, purchase, and serving of meals with a consideration of nutritional needs of the family groups, food habits, and social customs; management problems. One lecture and two laboratory periods per week. (Formerly Home Economics 5.)

***4A. General Nutrition (2) I, II**

Practical problems of nutrition, including food requirements, food selection, and food habits. The relation of nutrition to health. Two lectures per week. Open to both men and women, except home economics majors. Maximum credit in Home Economics 3 and 4A is four units. (Formerly Home Economics 61A.)

***4B. Nutrition Laboratory (1) II**

Principles of nutrition applied to food preparation, meal planning, and special diets. Limited to students admitted to the nursing curriculum. One three-hour laboratory period per week. (Formerly Home Economics 61B.)

- *15. **Clothing and Textiles** (3) I, II
Commercial patterns and their adaptation; fitting and construction, primarily with cotton material. Selection and care of textiles. Wardrobe planning and buying practices. Good grooming. (Formerly Home Economics 10.)
40. **Budgeting the Family Income** (2) I, II
Family buying problems; finance planning, accounting; consumer credit, investments, and control of property.
41. **Home Care of the Sick** (1) II
Family health; mother and baby care; safety in the home.
42. **Problems of Family Living** (2) I, II
The activities of the family and the functions of the homemaker in modern society; the individual's contribution to successful family living.
43. **Household Equipment** (2) I
Selection, methods of operation, and care of household appliances. The testing of various types of equipment for safety, efficiency, and cost of operation. Efficient kitchen arrangement. (Formerly Home Economics 55.)
- *70. **Children in the Home** (2) I, II
Development during the prenatal period, first 10 years. Nutrition, physical development, and family influences on the young child. Observation required. (Formerly Home Economics 170.)

Upper Division Courses

100. **Advanced Foods** (3) I
Fundamentals and practices of scientific food preparation. Development of standards in food preparation, meal planning, and service. Prerequisites: Home Economics 3 and Chemistry 2B.
101. **Family Meals** (3) II
Planning, preparing, and serving of attractive, well-balanced meals for different income levels and for various occasions. Not open to home economics majors. (Formerly Home Economics 105.)
102. **Advanced Nutrition and Dietetics** (3) II
Principles of nutrition and dietetics as related to individuals and family groups. Prerequisite: Home Economics 100.
115. **Advanced Clothing** (3) I, II
Fitting and construction processes applied to wool, silk, and synthetics, emphasizing fundamental principles of handling. Prerequisite: Home Economics 15. (Formerly Home Economics 11.)
116. **Advanced Clothing Design** (3) II
Principles of tailoring; planning and construction of coats and suits. Prerequisite: Home Economics 115. (Formerly Home Economics 100.)
117. **Clothing Selection** (3) I
Appropriate clothing for the individual and the family. Basic art principles, fashion trends, history of costume, buying practices; current legislation in textiles and clothing. (Formerly Home Economics 101.)
118. **General Textiles** (2) II
Factors involved in selecting weaves, fabrics, colors, and finishes for home decoration and clothing; relationships to durability and cost. Not open to marketing majors. (Formerly Home Economics 161.)
- 119A. **Merchandise Analysis—Textiles** (2) I
Properties, uses, selection, and care of textiles. Not open to home economics majors. (Formerly Home Economics 160A.)